WebTrac: Online Registration!

Set up your account in just a few simple steps. Do it BEFORE registration dates to save time! (Google is the preferred browser.)

webtrac.maplegrovemn.gov

Create a login and password. Place a program into your wishlist now and then move it to your cart on registration day!

Spring 2017



<u>General program</u> registration starts on <u>Wednesday</u>, <u>February 22 at 9:00 am</u>. including <u>Youth</u> summer sports (page 24) home zone registration

Seniors/55 Forward program registration starts on Tuesday, February 21 at 9:00 am.
Swim and evening Water Aerobics registration begins Thursday, February 23 at 9:00 am.
Don't waste time standing in line! Register on-line with Webtrac.

Faxed and mailed registrations processed at random. See page 74.



maplegrovemn.gov 763-494-6500 12951 Weaver Lake Rd Maple Grove MN 55369



The Parks and Recreation Board office is located at the Maple Grove Community Center, 12951 Weaver Lake Road, Maple Grove, MN and is open 8:00 a.m. - 4:30 p.m., Monday through Friday. Phone number is 763-494-6500. Recreation registration is accepted from 7:00 a.m. to 6:00 p.m., Monday through Friday.

HOLIDAY CLOSURES

The Parks and Recreation Board office will be closed on the following days:

- Monday, February 20 Presidents' Day
- Monday, May 29 Memorial Day

PHONE NUMBERS

Main number	763-494-6500
Website	maplegrovemn.gov
Recreation Registration <u>webtrac</u>	.maplegrovemn.gov
Ballfield Reservations	763-494-6560
CC Birthday Party Packages	763-494-5966
CC Group Reservations, Room Rentals	763-494-5969
Central Park Information	763-494-6474
Central Park Rental Requests	
Eagle Lake Bldg Reservations	763-494-6507
Ice Arena Office	763-494-5968
Park Reservations	763-494-6507
Program/Game Status Recording	763-494-5959
Sports Dome Reservations	763-494-6480
Town Green Reservations	763-494-5969

PARKS AND RECREATION BOARD

Parks a	nd Recreation Board office	763-494-6500
Chair:	Bill Lewis	763-494-4084
	John Ferm	612-328-1765
	Ken Helvey	763-416-2049
	Troy Nygaard	763-420-0256
	Terry Sharp	763-420-9374
	Deb Syhre	763-420-7258
	Kelly Cunningham	612-385-6754
Counci	Representative: Phil Leith	763-425-1414

Park Board Meetings

Regular meetings of the Maple Grove Parks & Recreation Board are held the third Thursday of every month at the Maple Grove Community Center beginning at 7:30 p.m. Residents are invited and encouraged to attend these meetings. Anyone wishing to present a topic for discussion should call 763-494-6500.

Parks and Recreation Board Staff

Director	Chuck Stiftor
Superintendent of Recreation	Mark Saari
Superintendent of Parks and Planning	Jeff Evenson
Administrative Supervisor	Patty Anderson
Park Supervisor	Scott Roberts
Recreation Program Specialist	Michelle DeBace
Recreation Program Specialist	Katie Lallier
Rec. Facilities Operations Supervisor	Jeanne Vestal
Special Events & Volunteer Coordinator.	Deb Coss
Senior Citizen Coordinator	Kris Orluck
Community Center Manager	Lisa Jost
Community Ctr Operations Supervisor	Frank Weber
Community Ctr Facility Maint Coord	Paul Mertes
Community Ctr Facility Coord	Sam Ellingson
Aquatics Supervisor	Lisa Gedker
Community Ctr Aquatics Coordinator	Adrienne Vassar
Youth Outreach Coordinator	Tanya Hilger
Playhouse Preschool Teacher	Gayle Selsback

REDUCED FEE RECREATION PROGRAM

Through the financial assistance of local community groups and organizations, the Maple Grove Parks and Recreation Board offers reduced fee recreation programs to low income families living in the City of Maple Grove or have children that attend school in the City of Maple Grove. Families that qualify may have each child in the family participate in one program each year for 50% of the normal participation fee (not to exceed \$100.00). If you are interested in receiving eligibility guidelines or have any questions about the program, please contact Mark Saari at 763-494-6510.

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It's all inside! Your recreation destination!

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Registration Information

Registration Start Dates

General program registration including Youth Sports (exclude Swim Lessons, evening Water Aerobics, Sr. Programs and those noted) begins on Wed., February 22 at 9:00 a.m. This includes online, mail-in, fax and walk-in registrations. Seniors/55 Forward registration begins Tuesday, February 21 at 9:00 am. Swim and evening Water Aerobics registration begins on Thursday, February 23 at 9:00 a.m. See page 74.

Using the WebTrac Registration Site

- 1. GO TO webtrac.maplegrovemn.gov
- **2. CREATE AN ACCOUNT** through the site by providing basic information about you and your family.
- **3. CREATE A LOGIN** (your email address) and choose a password. Once registered, you can use your login and password to sign up for all activities on the site. If you forget your password, staff can reset it for you.

Try out the Wishlist format! Place the program you're interested in into your wishlist now and then move it to your cart on registration day! If you have questions, please don't hesitate to contact Parks and Recreation at (763) 494-6500.

All Parks and Recreation programs are available to register online EXCEPT music, Playhouse Preschool and Defensive Driving.

General Information

- Residents are citizens who live within the City of Maple Grove boundaries.
- If a class is full, you can waitlist online. If an opening comes up, we will call from the waitlist in the order that they were placed.
- Instructors are not authorized to accept registrations at the activity location.
- Class fees are not prorated for late registrations.
- Parks & Recreation will charge a \$15.00 fee for all NSF checks.

Refund Policy

- Requests for refunds must be received at least three full business days before the first class session. There will be a \$5.00 processing fee charged for each program. No refunds will be issued after the first class meeting unless for bona fide medical reasons.
- No refunds will be issued for any bus trips, but you may find someone to take your place - notify the office.
- Full refunds/credits will be issued for all classes or trips cancelled by Parks and Recreation.

Photo Policy

Please be advised that all participants involved in any department programs or special events are subject to possibly being photographed for promotional purposes. Such photographs may be used by Maple Grove Parks and Recreation without an obligation to provide compensation to those photographed.

Corrections and Updates

Staff makes every effort to ensure the brochure is free from errors, however sometimes errors or revisions in program details do occur. We appreciate your understanding when this occurs.

Youth Athletic Associations

YOUTH ATHLETIC ASSOCIATIONS

BASEBALL/FASTPITCH SOFTBALL

Organization: OMGAA - Osseo Maple Grove Athletic

Association

Program: House Leagues - BB/FP Ages 9-18

Traveling Teams - BB Ages 10-15 & FP ages 9-18

Information: at www.omgaa.org

BASKETBALL

Organization: OMGBA - Osseo Maple Grove Basketball

Association

Program: House Leagues - Grades K-12

Traveling Teams - Grades 5-8

information: <u>www.omgba.net</u>

HOCKEY

Organization: OMGHA - Osseo Maple Grove Hockey

Association

Program: House Leagues - Ages 4-15 (4 by 7/1/15)

Traveling Teams - Ages 9-17

Information: www.omgha.com

SOCCER

Organization: Maplebrook Soccer Association
Program: Traveling Teams - Ages 19 & under
www.maplebrooksoccer.com

FOOTBALL

Organization: OFA - Osseo Football Assn

MGYFA - Maple Grove Youth Football Assn

Program: House Leagues – Grades 2 - 8
Information: www.osseofootball.org

www.mgyfa.com

SWIMMING

Organization: NHCP Swim Club

Program: Competitive Swimming – Ages 6 – 18 Information: www.teamunify.com/mnnhcp

WRESTLING

Organization: Osseo, Maple Grove Youth Wrestling

Program: Pre-Kindergarten - grade 6
Information: www.osseoyouthwrestling.org

TENNIS

Organization: Maple Grove Crimson Tennis Assn. Inc.

Program: Youth, ages 14 and older mgcrimsontennis@yahoo.com

LACROSSE

Organization: Maple Grove Lacrosse Association

Osseo Park Center Boys & Girls Lacrosse

Maple Grove Girls Lacrosse

Program: Youth, grades 3 - 8 traveling

Information: <u>www.mglax.com</u>

www.opcyouthlax.com MG Girls, contact Haley Corradi

corr0205@umn.edu

OSSEO-MAPLE GROVE ATHLETIC ASSOC. 2017 BASEBALL AND FASTPITCH

Registration for Osseo Maple Grove Athletic Association summer baseball and fastpitch softball is available at www.omgaa.org

For information regarding these programs, season dates, on-line registration dates and fees, see their website.

OMGAA is a volunteer group that depends on parents to coach and perform other duties. Volunteers are needed to keep a quality experience for the participants.

PARKS AND RECREATION SPORTS

Looking for a fun recreational sport opportunity for your child? Try a Parks and Recreation league! Registration for the following sports is available starting Wednesday, February 22. *See pages 24 - 29 for details.* Leagues begin practice starting in May and games run through July.

Enjoy fitness and fun at its finest!

Cub Baseball – Grades 1 - 3 (separate girls and boys leagues)

Girls Slow-Pitch Softball - Ages 7 - 12

Soccer – Grades 1 – 9 (separate girls and boys leagues)

T-Baseball, Kickin' Kids Soccer and Lil' Sports Sampler for ages 4, 5 & 6 will be advertised in the Summer Brochure, with registration taking place in April! Watch for details!

Don't forget – Sign up NOW for summer sports!





Maple Grove Community Center

MEMBERSHIP SALE March 10-14

SAVE 15%

Save an <u>ADDITIONAL \$10 OFF</u> when you register on-line!

ALL-BUILDING MEMBERSHIP

- The Grove Cove Aquatic Center features an indoor leisure pool with a zero-depth beach area, water spray activities, tot slide and 130 ft waterslide.
- The indoor lap pool features a 25-yard lap pool with five lanes, volleyball net, rope swing and climbing wall open during scheduled times.
- The outdoor leisure pool features a zero-depth beach area, lazy river, tumble buckets, water walk, tot slide and interactive water sprays.
- The Maple MAZE Indoor Playground has four levels of climbing with 28 features for kids to slide down, crawl over and through. A larger toddler area for ages three and under with activity panels, molded animals and a tot slide.
- The gymnasium is scheduled primarily for open basketball and open pickleball.
- Open ice skating, adult open hockey, low test figure skating and dead ice.

	RESIDEN	TS	NON-RES	SIDENTS	
All Building	Regular	Sale Rate	Regular	Sale Rate	
Membership	Rate	Annual / Monthly	Rate	Annual /Monthly	Membership Type
Youth / Senior	\$185	\$157.25 / \$13.10	\$205	\$174.25 / \$14.52	All Building Youth / Sr
Adult	\$205	\$174.25 / \$14.52	\$245	\$208.25 / \$17.35	All Building Adult
Family	\$400	\$340.00 / \$28.34	\$500	\$425.00 / \$35.42	All Building Family



POOL MEMBERSHIP

Access to the Grove Cove Aquatic Center featuring the indoor and outdoor pools as described above.

	RESIDEN	TS	NON-RES	SIDENTS	
Pool	Regular	Sale Rate	Regular	Sale Rate	
Membership	Rate	Annual / Monthly	Rate	Annual / Monthly	Membership Type
Youth / Senior	\$145	\$123.25 / \$10.27	\$170	\$144.50 / \$12.04	Pool Youth / Sr
Adult	\$170	\$144.50 / \$12.04	\$195	\$165.75 / \$13.81	Pool Adult
Family	\$350	\$297.50 / \$24.79	\$400	\$340.00 / \$28.34	Pool Family



PICKLEBALL MEMBERSHIPS

Annual Dual Pickleball Membership (Community Center & Community Gyms Pickleball Only)

Regular: \$185 resident, \$205 non-resident Sale: \$157.25/\$13.10 resident, \$174.25/\$14.52 non-resident



Sign up on-line. It's quick and easy.

- Open our website at webtrac.maplegrovemn.gov then log in or create an account using a username and password.
- Find the "Memberships" section.
- Select the type of membership you are purchasing. (All Building, Pickleball, or Pool)
- Scroll down to the Membership information. Add the membership to your basket by clicking the green plus sign on the left of the membership and proceed to checkout to make payment.
- Payment is made in full with a VISA, MasterCard or Discover card.
- If you have trouble logging in or finding the membership you can call 763-494-6500 or 763-494-6508 for help.

AUTOMATIC RENEWAL is available when using the direct payment plan through a checking account. This payment plan requires patrons to register at the pool desk and bring a voided check with you.

A cancellation fee of \$25 fee applies in the first year of the membership.

In The Park Rentals

Town Green



Town Green, 7991 Main St. Urban park overlooking West Arbor Lake.

- ~ Meeting room glass building for up to 30 people.
- ~ Bandshell covered stage with sound system, terraced wall seating for 300+.
- ~ The Point –pergola on peninsula surrounded by West Arbor Lake.
- ~ The Lawn flat grass area with small stage.

For information about renting the Town Green for your event, call 763-494-5969 or visit the Town Green page at <u>maplegrovemn.gov</u>. 14 days notice required. Catch us on Facebook!

Central Park of Maple Grove



Central Park, 12000 Central Park Way

Maple Grove's newest park with walking trails, large playground and interactive fountain.

- ~ Phenow Pavilion beautiful glass and wood building, seats 120.
- ~ Garden fully landscaped with center aisle, raised platform and labyrinth, lawn area seats 250+, perfect for a summer or fall wedding or garden party.
- ~ Great Lawn 2.5 acre grass area designed for large events.

For more information about renting an area at Central Park, call 763-494-5958 or visit the Central Park page at maplegrovemn.gov.

In The Park Rentals

Pavilions

Maple Grove Parks and Recreation offers several areas available to reserve for private use. For additional information and photos of these areas, visit www.maplegrovemn.gov/parks-and-recreation/pavilion-reservations. To reserve an area, call 763-494-6507.

Visit <u>webtrac.maplegrovemn.gov</u> click on one of the links under FACILITIES (bottom right-hand column) for tentative availability and for further fee listings.

Eagle Lake Community Building at Thoresen Park, 6359 Eagle Lake Dr

Resident\$25 + tax Non-resident\$200 + tax

This fully remodeled and air conditioned WWII Army barracks is available for year round rentals. The room accommodates 47 people with tables, chairs, kitchenette and restroom.





Arboretum, 9400 Fernbrook Lane

Resident group less than 100.......\$50.00 + tax
Non-Resident group less than 100......\$80.00 + tax
A covered pavilion with picnic tables, grills and seasonal portable toilets.
Creek side fishing, carry on boat access to Elm Creek, Angel of Hope statue and walking trails are on site.

Lions Pavilion, 12951 Weaver Lake Road (adjacent to Community Center)

Resident group less than 100......\$90.00 + tax
Non-Resident group less than 100......\$150.00 + tax
A covered pavilion with picnic tables and grills, seasonal portable toilet
and access to Community Center restrooms. Overlooking West Arbor Lake
with a playground, volleyball courts and skate plaza on site.





Weaver Lake Community Park, 8401 Dunkirk Lane

Resident group less than 100......\$90.00 + tax
Non-Resident group less than 100......\$150.00 + tax
A covered pavilion with picnic tables and grills, seasonal portable toilet
and restroom building. Beach, playground, ballfield, volleyball, basketball
and tennis courts on site.

Areas at the Maple Grove Community Center, Central Park, Town Green and ballfields are also available for rental.

Please call 763-494-6500 for more information.

Community Happenings



WALK TO REMEMBER

Hosted by the Friends of the Angel non-profit organization, you are invited to participate in the Walk to Remember around Rice Lake on Saturday, May 6. This is a time to remember all of the angels who have been called away too soon. Registration begins at 9:00 a.m. day of the walk. Walk starts at 10:30 am in the Maple Grove Arboretum. The Angel of Hope statue was dedicated in 2001 as a symbol of hope for families who have suffered the loss of a loved one. For further information regarding this event, visit www.friendsoftheangel.com



ENJOY THE INDOOR FARMERS MARKET

Enjoy great flavors and the warm, friendly environment of the market all the way through the winter months! Shop from 20+ vendors offering locally-grown seasonal produce and vendor-made specialty items inside the Maple Grove Community Center. Stay connected with your favorite local growers and food artisans from January all the way through May. Mark your calendars: Join us from 3 to 6 p.m. on the following Thursdays: February 9, March 9, April 13, and May 11. You'll find the Market in the back lobby in the Community Center near the Maple Maze indoor playground and Senior Center. Expect a fresh mix of products each market day!

Seasonal produce Honey Eggs Meats Wild-caught cod **Artisan breads** Jams / Jellies Granola **Baked goods** Crepes **Pickled products** Pierogi Maple syrup **Bath/body products Sweet treats/Nuts** Salsa Sauces Gluten-free items

All Farmers Market vendors accept cash. Shoppers may also choose to purchase market tokens (accepted same as cash by all vendors) using their credit or debit cards. SNAP cards also accepted! Sign to earn frequent shopper rewards! Sign up for email updates at www.maplegrovefarmersmarket.com and follow the Maple Grove Farmers Market on Facebook and Twitter.



AMBASSADOR SCHOLARSHIPS AVAILABLE COMMUNITY - CHARACTER - CONNECTING - CONFIDENCE

Young women who live, work, entering their high school senior year or graduated from Maple Grove or Osseo age 17-21 are eligible to apply for the 2017 Ambassador Candidate Experience. The weeks leading up to Coronation on July 14 will include community volunteering, judged events, personal development workshops, interviewing and networking opportunities and much more. Three candidates chosen for a year of service will each be awarded a \$3,000 educational scholarship. Want to know more? Join us for a Meet and Greet on Sunday, March 12. Check our Facebook and website for time and place. Applications are available at the Community Center, Maple Grove and Osseo High Schools or online at maplegroveambassadors.com. Please mail to Maple Grove Ambassadors, 12951 Weaver Lake Road, Maple Grove 55369 by MAY 1.

Questions? Email info@maplegroveambassadors.com. Don't miss this experience of a lifetime!

SUMMER EMPLOYMENT OPPORTUNITIES

Maple Grove Parks and Recreation Board has a variety of summer job openings:

- · WSI Swim Instructors daytime and evening hours
- LT Beach Lifeguards variety of hours 17 years and older
- Building/Field Attendants 12th grade and up evenings
- Sanctioned Softball Officials for Mens, Womens and Co-Rec leagues
- · Soccer Officials certification from MJSA required
- T-Ball Leader 17 years of age or older daytime and evening hours
- Kickin' Kids Leader 17 years of age or older daytime and evening hours
- Park Maintenance 18 years of age or older hours vary
- · Many Community Center opportunities!

Interviews will be scheduled in March and April. For more information or an application, use website, maplegrovemn.gov

Community Happenings

31st ANNUAL ARBOR DAY CELEBRATION

Come join the Maple Grove Arbor Committee for this year's free Arbor Day activities. Planned events include raptors from the University of Minnesota Raptor Center, free tree seedlings (while supplies last) and tree planting information, Emerald Ash Borer information, Audubon Society, Master Gardeners, information on buckthorn and other invasive plant material control, tree inventory project information, tree medallions and much more fun for everyone.

Maple Grove Community Center Saturday, April 29 12:00 - 4:00 p.m.



TREE INVENTORY VOLUNTEERS NEEDED

The City of Maple Grove is starting its 5th year to inventory the types, sizes and condition of trees within the boulevards and front yards of residential and commercial properties. We need your help! Volunteers will work in teams of two and will work out a time schedule with their teammate to inventory the trees in a specified area. The volunteers will need to attend a training session, fill out a volunteer application, and agree to a background check; both of which are available online at http://www.maplegrovemn.gov/about/boards-and-commissions/arbor-committee/tree-inventory/. All training and equipment will be provided. If you would like to volunteer for this very important project and have any questions, please call Marilyn Arnlund at 763-494-6091.

BECOME A CITIZEN TREE PRUNER

For many communities, the tree pruning cycle runs over the course of many years. City staff is focused on large tree removals and mature trees that need specialized equipment to reach and prune. Smaller trees, however; can be pruned from the ground level by trained volunteers. As a volunteer, you will learn information about pruning, safety and how to make proper pruning cuts. The pruning training takes roughly 3-4 hours class time, then out to the field to practice your pruning skills with a group. Any amount of pruning time you can offer lends a great deal of help to the community to ensure a healthier urban forest. If you are interested and want to join the mailing list for updates on upcoming trainings and events, go to www.mntreesource.com. Go to the 'Communities' tab and click on 'Maple Grove' to access the sign-up form. If you have any questions, contact Marilyn Arnlund at 763-494-6091.

BECOME A TREE STEWARD

The City of Maple is seeking individuals who have an interest in trees and want to learn more. All training will be provided. Training will include tree health, diseases and pests and how to identify trees of concern. If you have a smart phone you will be able to download an app for reporting problem trees directly to the City. Training will take 6 to 8 hours and will include classroom and hands on. If you are interested and want to join the mailing list for updates on upcoming trainings and events, go to www.mntreesource.com. Go to the 'Communities' tab and click on 'Maple Grove' to access the sign-up form. If you have questions, contact Marilyn Arnlund at 763-494-6091.





MAPLE GROVE COMMUNITY ORGANIZATION – MGCO

Building Community Pride since 1988 this long standing organization is a great way for all to become involved and connected with their community. Membership is open to everyone and all abilities and talents are welcome. MGCO plans events like Breakfast with Santa, Halloween Family Fun and Maple Grove Days. Meetings are held the 4th Tuesday of every month at the Maple Grove Community Center at 7:00pm. Join us to celebrate community spirit. For more information call 763-494-5985, visit maplegrovedays.org or check us out on Facebook / Maple Grove Community Organization.

MAPLE GROVE DAYS 2017

Maple Grove Community Organization

Volunteer within your community and be part of a Maple Grove tradition, building community pride and lifelong relationships. MGCO is seeking energetic, creative and outgoing individuals to assist in planning Maple Grove Days events. Maple Grove Days 2017 is July 12-16 and planning begins now. Contact MGCO at 763-494-5985; maplegrovedays.org or check us out on Facebook; www.facebook.com/Maple-Grove-Community-Organization.

ANNUAL GARDEN TOUR

We want you...to show off your garden! As part of Maple Grove Days, the Annual Garden Tour will be held on Sunday, July 16th. Don't let your hard work go unnoticed this year; sign up to be part of our Garden Tour and let your friends and neighbors experience the beauty and tranquility of your masterpiece. Information is available at www.mgco.org/contact.

SUMMER HIGHLIGHTS

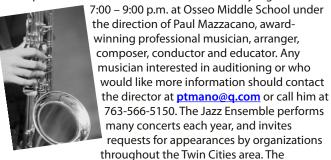
The Summer Activities Brochure will be mailed to all residents in late April. Activities will include:

- · Swimming lessons all ages
- · Tennis lessons for youth & adults
- · Golf lessons youth and adult
- Lil' Sports Sampler for children age 4 by September 1, 2017
- T-Baseball for children 5 years of age by September 1, 2017
- Intro to Coach Pitch Baseball age 6 by September 1, 2017
- Kickin' Kids (soccer) for children 5 & 6 years by Sept. 1, 2017
- Critter Connection
- Adventures in the Parks (park shelter buildings) for elementary age children
- · Weaver Lake Beach information
- Gymnastics
- Fall soccer for youth in 1st grade and older
- Fall adult softball leagues

Community Happenings

MAPLE GROVE JAZZ ENSEMBLE

The Maple Grove Jazz Ensemble rehearses Monday nights



Jazz Ensemble also specializes in designing and conducting educational jazz clinics at colleges, middle schools and senior high schools.

MAPLE GROVE HISTORY MUSEUM

The Maple Grove History Museum (9030 Forestview Lane) hosts an Open House the 2nd Sunday of each month, 1:00-4:00 p.m. Visitors are always welcome and special tours may be scheduled for groups. For information call 763-425-2279 or 763-420-5745.



MAPLE GROVE MOMENTS PHOTOGRAPHY CONTEST

The City's annual photography contest is a great way to show how special our community is! Everyone is encouraged to participate - residents, business people and students attending school in Maple Grove.

There are five contest categories: *Going Natural* (nature), *Going Strong* (community), *Going Together* (people), *Going Wild* (animals), and *Youth* submissions for those under 18. Photographers may submit up to 12 photos that must be taken in Maple Grove from 2013 to present. Prizes are awarded for 1st, 2nd and 3rd place in each category as well as four recognitions in the Youth category. Prize amounts range from \$25 to \$100.

All photographs submitted are posted on the City of Maple Grove website and many are used in our communications. Winning photographers are invited to a City Council meeting to receive their recognition, and their entries are showcased in the City Focus newsletter and on City social media.

Photos are submitted online through a special link on the City website (www.maplegrovemn.gov). Entries are accepted from June 1 through July 20, 2017.



Adopt-A-Park is an opportunity for volunteers to help keep Maple Grove parks and trails beautiful. Adopt-A-Park is open to schools, community groups, civic organizations, faith communities, businesses, families and individuals. For information on Adopt-A-Park and available areas, please call 763-494-6535 or email dcoss@maplegrovemn.gov.

Thanks to the following groups and individuals for adopting a park or trail. All who use these areas appreciate your help. Ann Katzmarek, Basswood Elementary 5th grade classes, Bob Peterson, Boy Scout Troop 584, BSA Troop 211, Cintas Corporation, Cub Scout Pack 531, Cub Scout Pack 684, Cyber Advisors, Fish Lake Woods Home Owners Association, Girl Scout Troops 16242 and 17215, Great River Energy, Jatko family, LDS Church – Maple Grove Ward Scout Pack 247, LDS Cub Scout Pack 742, Lindley family, Lord of Life Lutheran Church, Maple Grove Middle School, Maple Grove North Super Target Team Members, Maple Grove TAG, MOMS Club of Maple Grove – Fish Lake, MOMS Club of Maple Grove – Rush Creek, Norman family, Pam and Jim Crenna, Pavek family, Pruhs family, Rice Lake MOMS Club, Sam's Club, Sandy and Jessica Rocheleau, The Jonquil Group, Timur's family, Weber family, Yousef M. and Elizabeth K families and several anonymous volunteers.

DONATION OPPORTUNITIES

Arbor Lakes and Central Park Benches

Give the gift of relaxation. Park benches marked with a bronze plaque will be a long-lasting remembrance. \$1800

Angel of Hope Brick Memorial

Give a gift of caring. The memorial brick paver program supports the on-going care of the Angel of Hope statue. \$125

Maple Grove Parks and Recreation Board

Give a gift of community. The Parks and Recreation Board welcomes donations of any amount. Donations can be for the general support of Parks and Recreation or specified for certain programs or areas.

Please contact Deb at 763-494-6535 or email dcoss@maplegrovemn.gov for more information.

Community Center Happenings



MOMMY, TEA AND ME - A ROYAL TEA PARTY

The Maple Grove Ambassadors cordially invite you to attend the 12th annual "Mommy, Tea and Me – A Royal Tea Party", on Sunday, April 23. Hosted along with the Maple Grove Parks and Recreation, little girls 3 years and older, their moms, special guests, grandmothers, aunts and friends will enjoy a reserved seat just for them. Tea, lemonade, treats and creative activities await for an afternoon of special memories. All young ladies will receive a darling goodie bag, with more door prizes awarded throughout the afternoon. Wear your prettiest party dress for a royal fashion show with the Ambassadors. Seating is limited. Register today through Maple Grove Parks and Recreation. Day-of sign-ins available, if openings exist.

Maple Grove Community Center

Sunday, April 23 3:30 – 5:00 pm

\$15.00/person

Ticket
Tea and Me

THE MAPLE GROVE SKATING SCHOOL AND THE CITY OF MAPLE GROVE PROUDLY PRESENT:

The 17th Annual Maple Grove Ice Show

"The Name Game"

Saturday, April 15, 2017 1:00 p.m. & 6:00 p.m.

Tickets will be available at the door.



COMMUNITY CENTER EVENT CALENDAR SPRING 2017

The Maple Grove Community Center hosts many events during the year. Highlighted below are a just a few of the public events to stop in and check out. The Community Center is located at 12951 Weaver Lake Road in Maple Grove. For directions or information call 763-494-6500 or at www.maplegrovecommunitycenter.org.

March – May. Every Friday is Family Funday in the Grove Cove Aquatic Center where there are specials on concessions, giveaways and the pool admission price is reduced to \$6.00 per person or \$22 per family.

March 9. Empty Bowls. Help stop hunger in our area. Drop in between 3:00 p.m. to 7:30 p.m. and buy a bowl of soup and bread. Hand crafted bowls are made by community members and students. Proceeds are donated to the C.R.O.S.S. food shelf. March 10-14. Spring Membership Sale. Save 15% off memberships for access to the Grove Cove Aquatic Center indoor and outdoor pools, Maple MAZE indoor playground, gymnasium, open skating, adult open hockey and dead ice time. Save up to \$75 for a family, year round access to MGCC.

March 11. Carousel Shows. 9:30 a.m. - 4:00 p.m. Free. ccshows.com.

March 18. HOME Improvement & Design EXPO 10:00 a.m. - 5:00 p.m. Get ideas for those spring home projects. Free. mediamaxevents.com.

April 1. "It's All About You" Women's Expo. 9:00 a.m. - 4:00 p.m. Products and services to pamper yourself. cadybethshows.com. April 8. Longevity Expo 10:00 a.m. - 5:00 p.m. Visit over 80+ vendors to get tips on healthy life styles and wellness. Free. mediamaxevents.com.

April 15. Enjoy our aspiring young skaters during the **Ice Shows** at 1:00 p.m. or 6:00 p.m. Tickets at the door.

April 22. Women of Today Craft Show 9:00 a.m.-4:00 p.m. Free admission. 85-100 crafters. Call 651-642-5404 to reserve a spot or for event details.

April 23. Mommy Tea and Me. Pre-registration is required. See information to the left on this page. Sponsored by the Maple Grove Ambassadors.

April 28-29. Quilters Show. Admire the detail of many gorgeous quilts on display. Friday evening and Saturday exhibit times. Nominal fee at the door.

April 29. Maple Grove Arbor Day event is 12:00 noon to 4:00 p.m. Join us for lots of fun and educational activities such as environmental music show, bird feeder building, wood carving display, paper making demonstration and much more. Free.

May 1-10. Late Spring Membership Sale. Save 15% off memberships for access to the Grove Cove Aquatic Center indoor and outdoor pools. Maple MAZE indoor playground, gymnasium

memberships for access to the Grove Cove Aquatic Center indoor and outdoor pools, Maple MAZE indoor playground, gymnasium, open skating, adult open hockey and dead ice time. Save up to \$75 for family, year round access to MGCC.

May 13. Cady Beth Craft Show. 9:00 a.m. to 4:00 p.m. Crafters offer a variety of décor and unique gifts. Free. cadybethshows.com.

May 18. MG Community Center Teen Center Open House. 5:00 p.m. to 9:00 p.m. Free snacks!

Playhouse Preschool



PLAYHOUSE PRESCHOOL

The Playhouse Preschool is located in the Maple Grove Community Center, 12951 Weaver Lake Road. This is a State licensed program for children 3, 4 and 5 years of age. Through our curriculum we involve the children in a wide variety of experiences in order to arouse their curiosity, challenge their physical and intellectual abilities and encourage self-expression. The learning program is designed with the individual child's development in mind. Child must be 3 by September 1, 2017.

If you are interested in sending your child to Playhouse Preschool in the fall 2017, please contact the Maple Grove Parks and Recreation Board office at 763-494-6505 or email, jatkinson@maplegrovemn.gov. If openings do not exist, your child's name will be put on a waiting list. There are waiting lists for 2018 and 2019 as well.

OPEN HOUSE

An open house will be scheduled the first week in September 2017. Information will appear in the summer brochure.





"We work to provide a fun, relaxing and trusting environment conducive to learning and growing", says Gayle Selsback. Gayle is a licensed teacher who has been teaching at Playhouse for 31 years. Sue Millard has been the assistant teacher at Playhouse for the past 23 years. Together they teach the whole child. They believe that developing the social and emotional development of each child, as well as the cognitive and motor development is very important.

Playhouse Preschool has been nurturing children and families in the area for over 45 years. Playhouse provides engaging and exciting activities that are related to a monthly theme. The children gain self-confidence as they explore creative art, math, science, music and dramatic play through hands on exploration. The Preschool program has access to the indoor playground (Maple Maze), and gymnasium, as well as a private outdoor play area in the spring and fall.

Parents with questions about the curriculum, registration waitlist or wanting to take a tour of the classroom should call Maple Grove Parks and Recreation at 763-494-6505. Tours are usually set up for Tuesdays at 3:00 p.m.

Adaptive Recreation Activities

REACH for RESOURCES ADAPTIVE RECREATION

The adaptive recreation program is a cooperative effort of REACH for Resources and the cities of Brooklyn Center, Brooklyn Park, Golden Valley, Plymouth, Maple Grove, Chanhassen, Chaska, Waconia and St. Louis Park. REACH is an agency which serves individuals with developmental disabilities and their families in western Hennepin County. Services include adaptive recreation, independent living support and counseling. For information and registration procedures, call 952-200-3030. NOTE: For persons not living in one of the above communities, you are considered a "Non-Resident" and need to add \$8 to select registration fees. For more information, call 952-200-3030 or go to www.reachforresources.org.

Participants must PRE-register with REACH.

ADULT ACTIVITIES

<u>Wednesday Night Social</u> - Various metro locations (Wednesdays, 6:30-8:30 p.m.) \$47 Res \$55 NR.

<u>Bowling</u> - Doyle's in Crystal (Saturdays 12:00-2:00) \$42 Res, \$50 NR with an additional \$3.50 each week.

<u>Bowling</u> – Park Tavern, St Louis Park (Saturdays 9:30-11:30 am) \$42 Res, \$50 NR with an additional \$4.25 each week.

<u>Yoga, Adult & Family</u> - Get into shape while gaining flexibility. St. Louis Park (Tuesday evenings, 7:00-8:00 p.m.) \$44 Res, \$52 NR. \$54 parent/child pair, \$20 for each additional family member, Res.

Walking Group (Day time) – Stay fit, Brooklyn Park Community Center (Mondays, 11:00 am-12:00 p.m.) \$27 Res, \$35 NR.

<u>Just Dance (Day Time)</u> – Just Dance on the Wii, St Louis Park Rec. Center (Thursdays, 10:30-11:30 am) \$42 res, \$50 NR.

<u>Coffee and Card Games</u> – Dunn Brother's Coffee, Hopkins (Tuesday, April 25, 2:00-4:00 pm) \$5

<u>Empowerment Group</u> - Gain more confidence and empowerment within your life. Various locations (Tuesday evenings, 6:30-8:00 pm) \$15 fee.

<u>Democracy and Discussion</u> - Learn about Government and how to advocate for the things you believe in. Various locations (Thursday evenings, 6:30-8:00 pm) \$15 fee.

On the Town - Ages 18 + (Friday & Saturday evening) Call REACH for additional information 952-393-4277.

<u>Board Game Bonanza (Day time)</u> – Have fun with popular board games and a light snack. St Louis Park Rec. Center (Wednesday, May 17 2:00-4:00 pm) \$7

TEEN ACTIVITIES

<u>Bowling</u> - Doyle's in Crystal (Saturdays 12:00-2:00) \$42 Res, \$50 NR with an additional \$3.50 each week.

<u>Bowling</u> – Park Tavern, St Louis Park (Saturdays 9:30-11:30 am) \$42 Res, \$50 NR with an additional \$4.25 each week.

<u>Social Seekers</u> - Ages 15 + this is a program for teens & adults on the Autism Spectrum. Program meets once a week for fun and social interaction. Hopkins (Wednesdays, 5:00-6:30 pm) \$200 Fee. Please call for more information at 952-393-5866.

<u>Teen Explorers</u> - (Ages 13-21) Meet new friends, movies, games, dinning, art, community events and more. Various metro locations. (Tuesday evenings, 6:30-8:30 pm) \$47 Res, \$55 NR. <u>Yoga (Adult & Family)</u> - Get into shape while gaining flexibility. St Louis Park (Tuesday evenings, 7:00-8:00 p.m.) \$44 Res, \$52 NR. \$54 parent/child pair, \$20 for each additional family member, Res. <u>Zumba Fitness</u> - Get into shape while learning popular dance moves. St Louis Park (Monday evenings, 6:30-7:30 p.m.) \$44 Res, \$52 NR

TEEN ACTIVITIES (continued)

<u>Challenger Baseball League</u> – Play baseball in this great league that uses the buddy system to help kids with disabilities learn the sport of baseball. Sponsored by Hopkins Little League. (Sunday afternoons for six weeks begins May 6). For more information call Emily 952-393-5880.

YOUTH ACTIVITIES

Bowling - Doyle's in Crystal (Saturdays 12:00-2:00) \$42 Res, \$50 NR with an additional \$3.50 each week.

Bowling – Park Tavern, St Louis Park (Saturdays 9:30-11:30 am) \$42 Res, \$50 NR with an additional \$4.25 each week.

Yoga, Adult & Family - Get into shape while gaining flexibility. St Louis Park (Tuesday evenings, 7:00-8:00 p.m.) \$44 Res, \$52 NR. \$54 parent/child pair, \$20 for each additional family member, Res. Challenger Baseball League – Play baseball in this great league that uses the buddy system to help kids with disabilities learn the sport of baseball. Sponsored by Hopkins Little League. (Sunday afternoons for six weeks begins May 6) For more information call Emily 952-393-5880.

SPECIAL EVENTS

23rd Annual Bowl-A-Thon – Park Tavern Lanes, St. Louis Park, (Sat. April 22, 9:30 am-1:00 pm). Cost \$50 minimum in pledges to bowl, \$20 donation for spectators, (includes lunch)

<u>Dances for all</u> – Join your friends & groove to all the latest hits! (St. Louis Park Middle School-April 21st, May 19th & June 16) Cost: \$5 at the door, all dances are from 7:00-9:00 pm.

<u>Weekend Ventures</u> – Valleyfair - Spend a weekend at a hotel in Bloomington. Spend Saturday at Valleyfair! This is a weekend program for ages 16+ (Fri. June 9-11) \$500.00 for the weekend. <u>Weekend Ventures</u> – Mall of America, Bloomington, MN. This is a weekend respite program for ages 16 and older (Fri., March 3–5)

Cost: \$500. Call 952-393-5866 for additional information.

<u>Bingo</u> – Brooklyn Park Com. Center. (Fri. March 31, 6:30-8:00 pm)

Cost: \$7 Pre-registration or \$10 at the door.

<u>Pizza and Bingo</u> - St. Louis Park Rec Center (Thurs. May 25, 6:30-8:30 pm) \$15 pre-registration required.

REACH Talent Show – Brooklyn Park Com Center (Wed. April 12, 6:30-8:30 pm) \$5 pre-register, \$7 at the door.

Snacks & Cinema: Rookie of the Year with Popcorn—Brooklyn
Park Com Ctr (Tues. April 4, 6:30-8:30 pm) \$5 advance, \$7 at door.
Snacks and Cinema: Grease with Milkshakes—Brooklyn Park
Com Center (Wed. May 31, 6:30-8:30 pm) \$5 advance \$7 at door.
Black, White and Glitter Canvas Art—St. Louis Park Rec Center
(Thurs. April 27, 6:30-8:00 pm) \$15 Pre-registration required.

Mother's Day Succulents – St. Louis Park Rec Center (Mon. May 8, 6:30-8:00 pm) \$15 pre-registration required.

<u>Independent Living Skills 101</u> – St. Louis Park Rec Center. MA-EPD: What is it and how will it affect you? - Mon. April 17. Conflict Resolution - Tues. May 2 6:30-8:00 pm. FREE.

<u>Easy Yarn Friendship Bracelets</u> – St. Louis Park Rec Center (Tues. May 23, 6:30-8:00 pm) \$12 pre-registration required.

Around the World in 7 Plates – Enjoy different cuisines around the world. Various metro restaurants (Thursday evenings, 6:30-8:00 pm) \$5 per-night Res, \$7 per-night non-res. Additional costs per evening for dinner. Call REACH for additional information.

AMERICANS WITH DISABILITIES ACT NOTICE

In compliance with the ADA of 1990, upon request, reasonable accommodations can be provides to allow individuals with a disability to participate in Maple Grove Parks and Recreation Board services, programs and activities. Call 763-494-6516.

Target Center Tickets



DISNEY ON ICE presents

Dream Big!

Enter a world where adventure is awaiting at DISNEY ON ICE presents DREAM BIG! Join the Disney Princesses as they learn that courage leads the way. Then watch Anna, Elsa and Olaf from Disney's Frozen discover that true love is the greatest magic of all. Believing is just the beginning when DISNEY ON ICE presents DREAM BIG skates into Target Center in downtown Minneapolis! The registration deadline is Wednesday, February 15 or until spaces fill.

Target Center, 600 First Ave N, Minneapolis

Thursday, March 2 10:30 am \$14.25 (lower level)

Sunday, March 5

1:00 pm \$25.50 (lower level)

<u>Ticket</u>

Disney on Ice-Thur

<u>Ticket</u>

Disney on Ice-Sun



THE "ORIGINAL" HARLEM GLOBETROTTERS

Children and adults

The Original Harlem Globetrotters are preparing for their action packed 2016-2017 tour! A star-studded roster will have fans on the edge of their seats to witness the ball handling wizardry, basketball artistry and one-of-a-kind family entertainment that thrills fans of all ages. Experiencing the Globetrotters is even better live. The registration deadline is Friday, March 31 or until spaces fill.

Target Center, 600 First Ave N, Minneapolis

Saturday, April 15

1:00 p.m. \$31 (lower level/corners)

Saturday, April 15

7:00 p.m. \$31 (lower level/corners)

<u>Ticket</u>

Harlem Globetrot-1p

<u>Ticket</u>

Harlem Globetrot-7p

Sneak Peak - Summer Theatre

COMING IN THE SUMMER 2017!

Registration for the following theatre camps will take place with the distribution of the Maple Grove Summer 2017 Brochure.

PRAIRIE FIRE CHILDREN'S THEATRE

Jack and the Beanstalk

Youth entering grades 2 - 12

Travel up and down the beanstalk as Jack tries to save his village, meeting many characters along the way. Auditions are open to all pre-registered children. All auditioners will receive a part. Each actor will receive a rehearsal schedule at auditions. Performances are free of charge.

Monday - Saturday, July 17-22, 2017

1:00 p.m. – 5:15 p.m. auditions and rehearsals Performances on Friday and Saturday at 7:00 p.m.



A TASTE OF BROADWAY MUSICAL THEATER CAMP

Disney's The Jungle Book - KIDS Entering grades 2 - 5

The jungle is jumpin' with a jazzy beat in Disney's *The Jungle Book KIDS*. Specially adapted from the classic Disney animated film, this production features a host of colorful characters and your favorite songs from the movie. *The Jungle Book KIDS* has many parts that can be played by both boys and girls. No experience necessary. Auditions will take place the first day of camp. All preregistered youth will receive a part. No preparation is required for the audition.

Monday - Friday, June 19 - June 30

9:00-11:30 am (performance at 11:30 am on June 30)

A TASTE OF BROADWAY MUSICAL THEATER CAMP

Disney's The Little Mermaid - JR. Entering grades 3 - 9

Journey under the sea with Ariel and her aquatic friends in Disney's *The Little Mermaid JR.*, adapted from Disney's Broadway production and the motion picture (featuring the popular Academy Award-winning music and lyrics). *The Little Mermaid JR.* includes many parts for girls and boys including sea gulls, chefs, sailors, mersisters, eels, Flounder, Sebastian, Scuttle, Ursula, Triton, Ariel and Prince Eric. No experience necessary. Auditions will take place the first day of camp. All pre-registered youth will receive a part. No preparation is required for the audition.

Monday - Friday, July 31 - August 11

1:00-4:00 pm (performance at 4:00 pm on August 11)

Music For Everyone

MUSIC FOR EVERYONE

This is a program that offers private music lessons and group activities for students of all ages, from pre-schoolers to adults. The cities of *Maple Grove, Brooklyn Park, Golden Valley, New Hope and Plymouth* have formed this music consortium to present quality music instruction to their residents. Persons not living in one of the above communities have the opportunity to take part in these lessons, but will be charged an additional \$10.00 non-resident fee per program.

NOT available for Internet registration!

PRIVATE LESSONS

Ages 7 - Adult

The private music lesson program is ultimately designed to be a 12 month continuum for the entire year. Registration fees are taken on a quarterly basis. New students can enroll for private lessons at any time during the quarter, as space allows and fees can be pro-rated. Lesson times will be arranged by individual teachers. All private lessons are 30 minutes long and meet once per week. Additional costs will occur for lesson books and materials. In the event that an instructor has to cancel due to an emergency, the instructor will try to make-up the lesson or a refund will be issued at the request of the participant. The lessons are held at the Maple Grove Community Center and the Village Hall at Lakeview Knolls Park, 9391 Fernbrook Lane (upper Arbor View parking lot)

The spring session begins the week of April 10. A variety of days and times are offered. *Call Alyssa* (763-509-5224) to arrange a private lesson day and time prior to registration.

\$142.00 residents, \$152.00 non-residents • 6 lessons

(non-resident fees are charged to participants not living in a member city)

- For time arrangements and program content, call Alyssa at 763-509-5224.
- Registration is available in person during Parks & Recreation business hours, by fax, 763-494-6456 (Visa, MasterCard or Discover) or by mail. Electronic registration is not available.
- All students must bring their receipt to their first private lesson.
- See registration procedures on page 74.





PRIVATE PIANO

Weekly lessons are offered for beginner, intermediate and advanced students. This course includes basic and advanced keyboard technique, sight reading, basic music theory and ensemble playing.

204201-01

PRIVATE GUITAR

From beginning classical to jazz, to acoustic to electric expertise, a course of study can be designed for a life-long guitar playing experience. 204201-02

PRIVATE VIOLIN/VIOLA

Get more enjoyment from your school orchestra by improving your performing skills. If you are just getting started, in the middle, or even an advanced player – just sign up! You will study technique, musicianship, sight reading and interpretation.

204201-03

PRIVATE VOICE

Instruction will include proper voice placement, breath control, diction, note reading and intonation. Whether a beginner or a more experienced singer, our teachers will be able to increase your level of performance.

204201-04

PRIVATE BRASS

Develop a rich and beautiful tone, improve your sight-reading, expand your range, play classical and jazz styles. Beginner to advanced students welcome on trumpet, trombone and baritone.

204201-05

PRIVATE WOODWINDS

Learn new skills or improve those you already have on flute, clarinet and saxophone. Develop tone, rhythm and reading skills.

204201-06

PRIVATE HARP

Individual lessons on folk and lever harp will teach beginning to intermediate techniques, sight and note-reading, rhythm and give you an introduction to literature. **204201-07**

Music For Everyone - Group



FIRST STEPS IN MUSICLAND

Ages 18 months - 3 years with a parent

This preschool class teaches toddlers basic musical concepts. In this educational class, parents and children will have fun dancing, singing and playing instruments while the children learn valuable skills such as rhythm, eye-hand coordination, gross motor and focused learning. This class is taught by a licensed music educator. Come for fun and leave with a foundation for future musical skills and knowledge. Parents participate with their child. All registration accepted immediately.

Village Hall at Lakeview Knolls Park, 9391 Fernbrook Lane (upper Arbor View parking lot)

Mondays, April 10 - May 22 (7 lessons)

9:30 – 10:15 a.m. \$60(R), \$68(NR) 204108-01 10:20 – 11:05 a.m. \$60(R), \$68(NR) 204108-02



PIANO FOR LITTLE MOZARTS

Ages 4 - 6

Find a friend or a sibling to explore beginning steps at the piano with a Little Mozart's partners' lesson. Students will receive a fantastic jump start on the piano with hands-on activities. Each lesson includes music facts, movements, singing, percussion instruments, and time on the keyboard. Students will also be exposed to the rich heritage of classical music by some of the greats--Mozart, Beethoven, and many more. *Children should know their numbers 1-5 and letters A-G before starting this class.*Village Hall at Lakeview Knolls Park, 9391 Fernbrook Lane (upper Arbor View parking lot)

Mondays, April 10 - May 22 (7 lessons)

11:15 a.m. – 11:45 a.m. \$98 (R), \$106 (NR) 204109-01 11:45 a.m. – 12:15 p.m. \$98 (R), \$106 (NR) 204109-02 12:15 p.m. - 12:45 p.m. \$98 (R), \$106 (NR) 203109-03

Kids World - Science



SCIENCE EXPLORERS - PRESCHOOL Ages 3½ - 6

These classes are designed to meet the needs of children by providing them with high quality, hands-on science programs. Fee includes all supplies.

Maple Grove Community Center, room as posted

Space Adventures with Science Explorers

Blast off with Science Explorers for a fun filled trip to the stars. Upon our departure, we will learn about gravity and how it affects us here on earth. As we soar past the moon, we will investigate the planets of our solar system and how they orbit the sun. As we reach the end of our voyage, we will look to the constellations and learn their stories. Come and join us on our journey as we create art projects, play games and more!

Tuesdays, April 4 - 25

9:30 - 11:00 a.m. \$56 (4 ses) 205702-01



Fun on the Farm with Science Explorers

Join Science Explorers as we learn about life on the family farm. We will discover how farmers grow our food and how the weather can affect this process. Then we will investigate the animals that traditionally make a farm their home, plus some of the unique animals now found on our Minnesota farms. Have fun while learning about farm life with experiments, art projects, games, songs and more.

Tuesdays, May 2 - 23

9:30 - 11:00 a.m. \$56 (4 ses) 205702-02

Ages $3\frac{1}{2}$ - 5 (without a parent)



Hip Hop Bunny Fun!

Join us as we have a blast of bunny fun! We will enjoy some "hopping" stories and "Hip hop" around to the Bunny Hop! We will create a fun bunny project at our art table. After all our hopping we will hunt for our snack. Come and join the fun! Instructor, Barb Hiltner.

Maple Grove Community Center

Monday, April 10

9:30 - 11:30 a.m.

\$14

205306-01

Let's Go Fly A Kite

Let's explore the colorful world of kites! What keeps a kite in the air? How can we hold on to it? We will use many fun materials and construct a colorful kite project to take home. After creating kites, we will "float over" to a yummy snack. What a great class! Come and join the fun! Instructor, Barb Hiltner.

Maple Grove Community Center

Monday, May 8

9:30 - 11:30 a.m.

\$14

205306-02



ARTISTIC MOMENTS

Ages 3 - 5 with a parent Grades K - 6 without a parent

Artistic Moments are designed to meet the artistic needs of all children. Children will have the opportunity to work with a variety of materials they may not ordinarily have access to. Fees include all supplies. These classes are taught by Kris Holtmeyer, Artistic Moments Instructor.

Spring Into Fun Ceramics

Spring has sprung!! Let's celebrate by creating ceramic critters that are sure to brighten your home. Bunnies, spring time critters, glow worms and more are choices you have in this fun-filled class. The ceramic (greenware) is fired in a kiln and cleaned prior to the class. You will be using

acrylic paints to complete your project. Don't forget your paint

Maple Grove Senior High, Room 277

Tuesday, April 11

5:45 - 7:15 pm > Ages 3 - 5 w/parent

\$18

205301-01

Spring into Cake Wars with Artistic Moments

Come use your creativity while we welcome spring! Cake decorating has never been more fun! Team-up with a friend or two, or make new friends, and let the fun begin! Using your creative thinking, you and your teammate(s) will brainstorm festive designs and then strategically decorate your team's cake using colorful bags of icing and a variety of decorating tips to create your masterpiece! Who will win? All artistic abilities welcome. Space is limited, so register soon!

Maple Grove Senior High, Room 277

Thursday, April 13

5:45 - 7:15 pm > Ages 5-12

\$18

205301-02

Garden/Stepping Stones

Have you always wanted to make a special stepping stone? Join us for a fun and creative adventure in the world of outdoor design! Learn how to mix cement and place it in a special mold. Let your imagination run wild and create a beautiful masterpiece by making your handprint and arranging colorful stones, glass or other embellishments in your stone. Projects can be taken home the same day, but need to set after class. Cure time is approximately one week. Stepping stones can be used indoors or outdoors. Don't forget your paint shirt!

Maple Grove Senior High, Room 277

Saturday, May 6

9:00 - 10:30 am > Ages 3 - 5 w/parent \$18 205301-03 10:45 - 12:15 pm > Grades K - 5 \$18 205301-04

Kids World - Creative Kids Click here for registration link

KIDCREATE STUDIO

Kidcreate Studio launches children into the incredible world of art. Our energized classes, camps and birthday parties offer an exciting format for art exploration. We focus on art creation and art education. Lesson plans, designed by an art education professional, are age appropriate and devised to inspire the individual child. Our teachers provide a positive, fun, self-esteem building atmosphere where children learn to express themselves through the visual arts. Parents can be assured their child is being educated in a supportive environment where giggles and grins are encouraged. For more information about Kidcreate Studio visit the web site at www.kidcreatestudio.com

Village Hall at Lakeview Knolls Park, 9391 Fernbrook Ln (upper Arbor View parking lot)

The Very Hungry Caterpillar Art Class with Kidcreate Studio

Ages 18 months - 6 years with parent
Eric Carle's books, such as The Very Hungry
Caterpillar and The Grouchy Ladybug, will be the inspiration for this bug filled class! The children

will learn how Eric Carle creates his amazing images. They will paint, cut, tear, paste, collage and sculpt as they create their own masterpieces Come and create right along with your child in these hands-on classes! Children must be accompanied by a caregiver.

Thursdays, April 6 - 27

9:30 - 10:30 a.m. \$56 205304-01

Art Zoo with Kidcreate Studio Ages 18 months - 6 years with parent

We're going to the zoo, zoo, zoo. How about you, you, you? Join us as we explore the wonder and beauty of zoo animals. We will take a virtual zoo tour each day as we learn about animals and create animal inspired art. We'll use a variety of different art materials to create "wild" projects the children can look at, play with or wear. Come and create right along with your child in these hands-on classes! Children must be accompanied by a caregiver.

Thursdays, May 4 - June 1 (ex May 25)

9:30 – 10:30 a.m. \$56 205304-02

Grandparent and Me Messy Time with Kidcreate Studio Ages 18 months - 6 years with adult

What grandparent wouldn't love to have a messy good time with their grandchild? Grandma (or grandpa) will get to create right along with their grandchild in this popular class. We know your grandchild will be eager to explore our 4 messy stations. We'll get gooey with gunk, play with clay and more. Making a mess is the best! Come ready to get messy while you play right along with your grandchild. Children must be accompanied by a caregiver.

Friday, May 12

9:30 – 10:30 a.m. \$16 205304-03



Finding Dory Art Class with Kidcreate Studio Ages 4 - 9

Dive right into 3D art! During this class, your child will create a 3D ocean themed diorama along with a 3D clay sculpture of their favorite fish friend from Disney's movie Finding Dory. Dory and Nemo would love this class! *Please pack a nut free snack and drink for your child.*

Friday, April 14 (non-school day)

9:00 – 12:00 p.m. \$33 205304-04

The How To's of Drawing with Kidcreate Studio Ages 5 - 12

Does your young artist love to draw? This introductory drawing class teaches kids the basic techniques and principles of drawing. We'll encourage creativity and imagination while experimenting with a variety of drawing materials and techniques. The kids will even receive their own sketchbook that they will get to keep and draw in throughout the session! In Kidcreate's fun and supportive environment, your young artist will be eager to get drawing!

Please pack a nut free snack and drink for your child.

Saturdays, April 22 & 29

1:00 – 4:00 p.m. \$65 205304-05

Monet Masterpiece with Kidcreate Studio Ages 5 - 12

This is your child's chance to paint on a real canvas board, just like Monet! We'll learn all about the impressionist painter Claude Monet as we create our own masterpiece. *Please pack a nut free snack and drink for your child.*

Monday, April 24 (non-school day)

1:00 – 4:00 p.m. \$33 205304-06

SPRING ART STUDIO

Ages 7-12

Here is an opportunity for kids to use their creativity and imagination as they welcome spring!!! Discover art while exploring a variety of materials and techniques. Children will create their masterpieces through drawing, painting, spring mobile, clay and many other artistically fun projects. All supplies are included in fee. *Don't forget to bring a paint shirt as art can get messy*.

Maple Grove Middle School, Room D144

Saturdays, April 8 - May 13

10:15 - 11:30 a.m. \$53 (6 ses)

After School Programs Click here for registration link

AFTER SCHOOL ACTIVITIES

As a cooperative venture between the Maple Grove Parks and Recreation Department and District 279 Schools, after school activities are offered to elementary age children. The programs are designed to be fun activities for children to explore new and exciting interests in a wide variety of areas such as sports, arts, crafts, enrichment and much more. Variety of locations! Provide your own transportation.

We continue to recruit individuals who are interested and have experience working with youth, to instruct After School Programs. We are open to all program suggestions. If you are interested, please contact Michelle at 763-494-6516.

MARCH

Springtime Palette Tool Painting with Artistic Moments (NEW) Grades K-5

Are you ready for spring? See your favorite springtime photo come alive on canvas! Set your paint brushes aside for this class. You will have fun learning how to draw your photo (or photocopy) onto your canvas while using a variety of palette tools and colorful acrylic paints to create a colorful work of art that you can proudly display in your home! All abilities welcome!

Fernbrook Elementary, Cafeteria, 9661 Fernbrook Ln Monday, March 6

3:25 - 4:55 p.m. \$17 106109-12

Emergency Room 101 with Science Explorers Grades K-5

In the Emergency Room, you will become a student doctor as you learn about the human body and basic first aid through plenty of hands on activities. You will participate in mock emergency situations, create a basic first aid kit, plus learn the importance of mucus and other gross stuff that your body produces to keep you healthy.

Village Hall at Lakeview Knolls, 9391 Fernbrook La N (upper Arbor View parking lot)

Wednesdays, March 1, 8 & 22 (ex March 15) 4:30 - 5:30 p.m. \$33 106109-13



APRIL

<u>Hip Hop/Jazz Class Session with Tippi Toes Dance</u> *Ages 6-12*

This Hip Hop dance class was created especially for children aged 6-12+ years of age from Tippi Toes Dance! Using popular, age-appropriate music, students learn choreography in Hip Hop and Jazz styles. The Tippi Toes version of Hip Hop dance is extremely tasteful and kid-friendly. We want our dancers to feel comfortable in what they wear to dance class! Dancers can wear shorts, leggings or sweatpants. T-shirts with tennis shoes work best! Boys and girls welcome!!

Fernbrook Elementary, Gym, 9661 Fernbrook Ln

Wednesdays, April 12 – June 7 (Ex May10)

4:30-5:30 pm \$88 206109-01

Cedar Island Elementary, Gym, 6777 Hemlock Ln

Thursdays, April 13 – June 8 (ex May 4)

4:05-5:05 pm \$88 206109-02

<u>Spring Into Fun Ceramics</u> *Ages 5-12*

Spring has sprung!! Let's celebrate by creating ceramic critters that are sure to brighten your home. Bunnies, spring time critters, glow worms, and more are choices you have in this fun-filled class. The ceramic (greenware) is fired in a kiln and cleaned prior to the class. You will be using acrylic paints to complete your project. Don't forget your paint shirt!

Basswood Elementary Cafeteria,

Monday, April 10

3:25 - 4:55 p.m. \$17 206109-03

Garden/Stepping Stones Ages 5-12

Have you always wanted to make a special stepping stone? Join us for a fun and creative adventure in the world of outdoor design! Learn how to mix cement and place it in a special mold. Let your imagination run wild and create a beautiful masterpiece by making your handprint and arranging colorful stones, glass or other embellishments in your stone. Projects can be taken home the same day, but need to set after class. Cure time is approximately one week. Stepping stones can be used indoors or outdoors. Don't forget your paint shirt!

Rush Creek Elementary, Cafeteria, 8801 Co Rd 101

Thursday, April 27

4:05 - 5:35 p.m. \$17 206109-04

Kids Yoga Grades K-5

This kid-centered class, built for fun, will help all participants deepen their breath, stretch their spines, and relax their bodies and minds. Your child will learn breathing techniques, Yoga postures, mudras (hand gestures) and relaxation strategies to help find strength, stability and calm. Songs, stories, and art projects will expand themes introduced in class. No previous Yoga experience necessary. Instructor, Laura Honeck. Bring a Yoga mat or beach towel.

Cedar Island Elementary, Gym

Wednesdays, April 5 – May 10

4:30 - 5:45 p.m. \$49

TOTS IN MOTION

Ages $2\frac{1}{2}$ - 4 with a parent

This program is designed especially for parent(s) and child. Explore the joys of learning through body awareness. Children participate in games and songs to help develop motor skills, coordination, and promote social interaction. *Children must be 2½ by the time class begins and accompanied by a parent or responsible teenager.* Students should wear comfortable clothing and tennis shoes. Instructor, Renae Cole.

Maple Grove Community Center, Gym

Thursdays, April 13 - June 1

9:30 - 10:15 a.m \$52 (8 ses) 205108-01

KIDS IN MOTION

Ages 3½ - 6

Come move with us! This class is all about fitness and movement. Exciting games and fitness activities that develop a child's mind and body are all included. This class will focus on fun and fitness while achieving a good sense of self-awareness. *Child must be 3½ by the time class begins*. Students should wear comfortable clothing and tennis shoes. Instructor, Renae Cole.

Maple Grove Community Center, Gym

Thursdays, April 13 - June 1

10:30 - 11:15 a.m. \$52 (8 ses) 205108-02



TINY TOT GYMNASTICS

Ages 2 & 3 with a parent

Come on little ones, here is your chance to try out your tumbling skills in a safe environment. In this class children will be introduced to a variety of mat exercises, low balance beam, tumbling and games that develop coordination. Students should wear leotards or shorts, please no tights.

Maple Grove Middle School, Auxiliary Gym, 7000 Hemlock Lane Wednesdays, April 12 - May 31

5:00 - 5:35 p.m.	\$52 (8 ses)	205106-01
5:40 - 6:15 p.m.	\$52 (8 ses)	205106-02
6:20 – 6:55 p.m.	\$52 (8 ses)	205106-03

Saturdays, April 8 – June 3 (ex Apr 22 & May 27)

*Class on May 20 held at Osseo Senior High

9:00 - 9:35 p.m.	\$46 (7 ses)	205106-04
9:45 – 10:20 p.m.	\$46 (7 ses)	205106-05
10:30 - 11:05 p.m.	\$46 (7 ses)	205106-06

TINY TOT GYMNASTICS

Ages 31/2 - 4

This course is designed to be movement based and will focus on development of coordination. Tumbling, uneven bars, low balance beam and a variety of mat exercises will be introduced. Parent viewing first and last lesson only. Child must be 3½ years of age by the start of class. Students should wear leotards or shorts, please no tights.

Maple Grove Middle School, Auxiliary Gym, 7000 Hemlock Lane

Wednesdays, April 12 - May 31

7:00 - 7:45 p.m. \$52 (8 ses) 205106-07

Saturdays, April 8 - June 3 (ex April 22 & May 27) *Class on May 20 held at Osseo Senior High

11:15 - 12:00 p.m. \$46 (7 ses) 205106-08



PRE-SCHOOL GYMNASTICS

Ages 4½ - Kindergarten

This course will include tumbling, low balance beam work and a variety of mat exercises. Child must be $4\frac{1}{2}$ years of age by the start of class. *Leotards or shorts may be worn, no tights.* Lessons missed by students will not be made up. Parent viewing first and last lesson only.

Maple Grove Middle School, Auxiliary Gym, 7000 Hemlock Lane Tuesdays, April 11 - May 30

6:00 - 6:45 p.m.	\$52 (8 ses)	205107-01
7:00 - 7:45 p.m.	\$52 (8 ses)	205107-02
Thursdays April 13 -	luna 1	

5:30 - 6:15 p.m. \$52 (8 ses) 205107-03

ELEMENTARY GYMNASTICS

Grades 1 - 6

A program designed whereby students complete a variety of skills before moving on to a more difficult level. *Students should wear leotards or shorts, please no tights*. Lessons missed by students will not be made up. Parent viewing first and last lesson only. Instructor, Jodi Hartwig.

•Beginner 1 - No previous experience or limited instruction.

•Beginner 2 - Completed Beginner 1 or tested to verify ability.

Intermediate - Completed Beginner 2 or tested to verify ability
 Maple Grove Middle School, Auxiliary Gym

Mondays, April 3 - June 5 (ex Apr 17 & May 29)

7:25 – 8:25 p.m. > Beg.2/Int \$56 (8 ses)

6:00 - 7:00 p.m. > Beg. 1	\$56 (8 ses)	205105-01
7:05 – 8:05 p.m. > Beg.2/Int	\$56 (8 ses)	205105-02
Thursdays, April 6 - June 1		
6:20 - 7:20 p.m. > Beg. 1	\$56 (8 ses)	205105-03

Youth & Teens - Active Kids Click here for registration link



TODDLER & ME DANCE CLASS

18 months – 3 years with a parent

Music, movement, balance and the basic dance steps are introduced in a fun, friendly and positive manner. This class includes mom, dad or another loved one's participation with their little dancer. The teacher will keep the class moving along while parents take an active role in encouraging, supporting and keeping the little dance on track. *Great intro to dance!*Maple Grove Middle School, Community Gym, 7000 Hemlock Mondays, April 3 - May 22

9:15 – 10:00 a.m. \$88 (8 ses) 205403-01

BALLET, TAP & JAZZ COMBO

Ages 2 - 3½

Come little ones, here's your chance to move. This class incorporates ballet, tap and jazz techniques while also encouraging self-expression and creativity. High energy music is used throughout the class to get dancers moving and having fun! Dancers will have a small performance for parents the last day of class. *Ballet shoes are recommended*.

Maple Grove Middle School, Community Gym, 7000 Hemlock Mondays, April 3 - May 22

10:15 – 11:00 a.m. \$88 (8 ses) 205402-01



BALLET, TAP & JAZZ COMBO 2

Ages 3-5

For little ones who have taken our Tippi Toes Ballet, Tap, Jazz Combo class previously, our Level 2 class continues to encourage self-expression and creativity through dance while introducing new dance steps and high energy music to keep dancers moving and having fun. Dancers will have a small performance for parents the last day of class. *Ballet shoes are recommended*.

Maple Grove Middle School, Community Gym, 7000 Hemlock Mondays, April 3 - May 22

10:15 – 11:00 a.m. \$88 (8 ses) 205402-02

DANCE FANTASIA

Ages 3 - 4

Little ones get ready to move! This introduction to creative movement and ballet will focus on having fun while learning coordination, ballet positions and a few beginning ballet steps. Join the fun! *Parent viewing is first and last lesson only.*Fernbrook Elementary, Cafeteria, 9661 Fernbrook Lane Wednesdays, April 5 - May 24

5:45 – 6:30 p.m. \$52 (8 ses) 205401-01

INTRODUCTION TO JAZZ, TAP & BALLET

Ages 5 - 7

Welcome to the world of dance! This Jazz, Tap and Ballet class is for dancers who would like to learn dance routines through a variety of games and activities. Participants will dance to a variety of musical styles to learn techniques. Emphasis will be on having fun. Tap shoes are required, and if needed, they can be purchased at Payless Shoes. Ballet shoes are recommended but not required. Please wear comfortable clothing.

Fernbrook Elementary, Cafeteria, 9661 Fernbrook Lane Wednesdays, April 5 - May 24

6:40 – 7:30 p.m. \$52 (8 ses) 205404-01

FENCING FOR YOUTH

Ages 6 – 12

Come learn real fencing skills while having fun in our special Musketeers Fencing class! Our new program introduces children to the fundamentals of fencing with the foil weapon. This class is performed in a non-threatening environment with an emphasis on skill building, concentration, self-discipline and fun. Classes are designed to enhance motor skills, social and perceptual growth by teaching safe, age appropriate foil fencing skills to each child. Fencing may help improve concentration while developing self-control through fun and organized activities that are developmentally correct. We provide everything needed to fence (mask, jacket, glove and weapon). The fencer need only to come dressed comfortably (for freedom of movement) including long sweat pants and running shoes.

Maple Grove Community Center, Gymnasium Saturdays, April 15 - May 20

10:00 – 11:00 a.m. \$72 (6 ses) 205104-01

FAMILY YOGA

Ages 4 - Adult (Children must be accompanied by an adult)

Create a routine in your family life that will foster connection and develop healthy habits that last a lifetime. This family-centered class, built for fun, will help all participants deepen the breath, stretch the spine, and relax the body and mind...together. Partner poses, cooperative games, stories and art projects will expand the Yoga practice from your mat into your home! No previous Yoga experience necessary. Instructor Laura Honeck. *Bring a Yoga mat or beach towel for each participant*.

Eagle Lake Community Building, 6259 Eagle Lk Dr.

Thurs, Apr 20 - May 18

6:00-7:00 pm \$25/person (5 ses) 209222-01

Youth & Teens - Safety Minded Click here for registration link



HOME ALONE - FOR PARENTS & CHILDREN Youth & Adults

Is your child prepared to stay home alone? Does he or she know what to do in case of a fire, if there is a stranger at the door, when friends come to play, when using the internet, if they get hungry and want a snack? Be sure that you have the frank conversations and all of the necessary tools in place so your child is well equipped to stay home without an adult. Home Alone is taught by Sheryl Nefstead, a District 279 teacher with significant experience teaching teens safety and home life skills. She will guide you and your child through the important questions to consider and share the tools you need before you make the important decision to leave your child home alone. A Maple Grove Police Officer will provide your family with Hennepin County guidelines, various safety considerations and a child safety checklist. This class will help your child feel comfortable and provide you with the information you need to assure that your family is safe in all settings, but mostly when you prepare for the big step of leaving your child home alone. A collaborative program offered by Maple Grove Parks and Recreation and District 279 Community Education. Instructors, Sheryl Nefstead & Maple Grove Police Officer.

Maple Grove Middle School, 7000 Hemlock Ln

Monday, May 22

6:30 – 8:00 pm \$14.00 - student 205502-01 \$5.00 - parent (required) 205502-01 \$5.00 - additional person 205502-01

SAFE ON MY OWN

Ages 7 - 10

This course is ideal for children 7-10 years of age. Children learn how to prevent and prepare for emergencies, safety when home alone, phone safety, and what to do if someone is choking or bleeding. No pressure, no stress, just an esteem-building education that participating youth can use to keep themselves safe. Fee includes all materials. This course is sponsored by the American Red Cross.

Maple Grove Community Center

Saturday, April 8

9:00 - 10:30 a.m. \$16 205503-01

BABYSITTING WORKSHOP

Ages 11 - 15

This course is ideal for current and future babysitters, teaching



them the best ways to be safe and keep the children in their care safe. Training for real life, includes essential professional leadership and caregiving skills, safety skills to prevent emergencies, how to manage real-life problems, including emergencies and tips on

finding babysitting jobs. No pressure, no stress, just an esteem-building education that participating youth will use throughout their lives. This course is sponsored by the American Red Cross. Students 11 years of age or older who correctly demonstrate all skills and complete all course worksheets are eligible to receive a certificate of completion. This course is based on hands-on skills. No written test will be given. *Children 10 years of age may take the course, however, they will not receive the certification. Students should bring a bag lunch. The fee includes all supplies. Maple Grove Community Center

Saturday, April 1

9:00 - 4:30 p.m. \$81 205501-01

Saturday, May 6

9:00 - 4:30 p.m. \$81 205501-02

KARATE FOR CHILDREN

Ages 5 – 12

A program structured to teach children the understanding of respect and discipline while learning basic Taekwondo. Classes start with a basic warm up and stretching. Classes are not progressive. Karate uniforms may be purchased at the school, but are not required. Loose fitting clothing is acceptable.

Maple Grove World Taekwondo Academy

6463 Sycamore Court N, Maple Grove, 763-559-7091

Mondays, April 3 – May 8

5:30 - 6:15 p.m. \$50 (6 ses) 205110-01

Osseo World Taekwondo Academy

■ 10401 93rd Ave N, Maple Grove (next to Osseo Jr High)

1 763-315-4491

Saturdays, April 8 – May 13

12:00 – 12:45 p.m. \$50 (6 ses) 205110-02

LITTLE DRAGONS

Karate for ages 3 & 4

Little Dragons is a program designed for children ages 3 and 4. The classes will cover basic Taekwondo skills, balance, coordination, self control, respect and most importantly, the kids will have fun. Uniforms are not mandatory but may be purchased at the school. Wear loose fitting clothing. Classes taught by certified black belts.

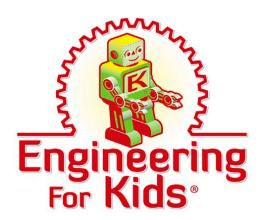
Maple Grove World Taekwondo Academy

■ 6463 Sycamore Court N, Maple Grove, 763-559-7091

■ Tuesdays, April 4 – May 9

10:30 – 11:00 a.m. \$50 (6 ses) 205111-01

Youth & Teens - Learn Something New! Click here for registration link



ELECTRONIC GAME DESIGN: TEMPLE ESCAPE

Ages 8 - 12

We will create our own version of a platform game that is set in an ancient, abandoned temple! Our hero, Minnesota Johnson, will need all his skills to make it out alive! We will use the Engineering Design Process to create a storyboard to outline the rules of play and characters for our game. Then we will use Clickteam Fusion 2.5° to bring our storyboard to life with programming. Instructor from Engineering for Kids Minneapolis.

Village Hall at Lakeview Knolls, 9391 Fernbrook Ln N (upper Arbor View parking lot)

Mondays, April 3 – May 8 (6 ses) 6:00 - 7:30 p.m. \$119

205703-01



JR. MECHANICAL ENGINEERING: LET'S MAKE TOYS

Ages 4 - 6

The Junior Mechanical Engineering-Toys class introduces our youngest engineers to fundamental concepts of energy, materials, and movement. Students explore and construct six different toys throughout this unit, including spinners, magical boomerang cans, wind-up whirligigs and more. Instructor from Engineering for Kids Minneapolis.

Village Hall at Lakeview Knolls, 9391 Fernbrook Ln N (upper Arbor View parking lot)

Saturdays, April 8 – 29 (4 ses)

10:00 - 11:00 a.m. \$96 205703-02



YOUTH BEGINNING GOLF

Eagle Lake Golf Center Ages 7 – 12

This program is designed as an introduction to the life time sport of golf. Etiquette, short game and full swing will be covered. Golf fundamentals will be introduced with a focus on fun and safety. PGA/LPGA professionals teach lessons at the Eagle Lake Golf Center. For further information on the Eagle lake Golf Center, please go to their website, www.eaglelakegolf.com. Bring your entire bag of clubs to each lesson. A limited number of clubs are available for use. Make-up lessons are not available.

Eagle Lake Golf Center, 11000 Bass Lk Rd, Plymouth 55442, (approximately 1 mile west of Highway 169)

Monday - Friday, May 1 - 5

5:00 – 6:00 p.m. \$105 (5 ses) 205201-01

Mondays & Wednesdays, May 8 – May 22 5:00 – 6:00 p.m. \$105 (5 ses)

5:00 – 6:00 p.m. \$105 (5 ses) 205201-02

Tuesdays & Thursdays, May 16 - 30

5:00 – 6:00 p.m. \$105 (5 ses) 205201-03

Monday - Friday, June 5 - 9

5:00 – 6:00 p.m. \$105 (5 ses) 205201-04

HORSE BACK RIDING LESSONS

Ages 6 – 11

For those of you who want to try riding for the first time and experience the thrill of being astride a beautiful horse, or for the experienced rider that wants to brush up on their skills; join us at Caille Farm. Learn basic care, stable safety, handling and feeding of horses. Lessons will be on well trained horses that give confidence to new riders, yet deliver challenge to the more advanced. Lessons will be held at Caille Farms indoor arena for your comfort. You provide your own transportation. Parent viewing can be done from 9:00-9:30 a.m. and 2:30-3:00 p.m. or at specific riding time arranged at Caille Farms. For further information or directions contact Barb at 763-295-5250. Long pants and tennis shoes are required. Attention Parents: A waiver needs to be signed by a parent prior to lessons. If you need a copy of the waiver prior to lessons, you can access that at www.caillefarms.com click on camps. Please bring a bag lunch. Instructor, Barb Anderson Whiteis and staff.

Caille Farm, 9209 Iffert Ave NE, Monticello, MN 55362

9:00 a.m. – 3:00 p.m

Tuesday, March 28 \$70 105109-06 Friday, April 14 \$70 205109-01 Monday, April 24 \$70 205109-02

YOUTH SPORTS REGISTRATION

FAOs and How To

What/where is my Home Zone?

Match your home address/area where you live to the area's zone number on the sports map. See this brochure on page 30, or online at www.maplegrovemn.gov; "Parks and Recreation", "Youth Sports Zone Map". This is your home zone.

What if my child wants to play with a friend or friends that live in a different zone?

Wait until resident <u>Open Registration</u> begins. Beginning Friday, February 24, children can register in any zone that has spaces available.

When does resident registration begin?

<u>Home Zone Registration</u> begins Wednesday, February 22, 2017 at 9:00 a.m. Open Registration begins Friday, February 24, 2017 at 9:00 a.m.

When does registration end?

All registration ends on Friday, March 31, 2017 at 6:00 p.m. Teams will be formalized and incomplete zones will be combined to form teams. **After March 31, registration will be accepted as space is available.**

How do I register my child for a sports program?

Set up an account (if you haven't already done so). Preferred browser is Google. Link to your sport and look for your zone code. Registration can be completed using Visa, Mastercard or Discover. See page 74 for registration procedure details.

- · Online at webtrac.maplegrovemn.gov
- · Fax: 763-494-6456.
- · In-person at the Maple Grove Community Center.

Will Home Zone registrations be verified?

Yes. Registrations received between February 22 and February 24 will be checked to make sure children are not registered in an incorrect zone.

I live in a neighboring community and my child goes to a District 279 school - when can I register?

Residents of Plymouth, Osseo, Corcoran and Brooklyn Park whose children attend District 279 schools can register beginning February 22 (your <u>Home Zone</u>) or February 24 (to <u>Open Register</u>) at 9:00 a.m.

Can other non-residents play on Maple Grove youth sports teams?

Non-resident registration begins February 24, 2017 as space allows.

How does the waitlist work?

If you choose to put your child on a waitlist, they are contacted <u>only</u> when there is an opening for that particular team. To ensure a spot on a team, please look for a zone that has space available.

How do I sign up to be a coach for my child's team?

Sign up via webtrac.maplegrovemn.gov, **Code 205612-01** (no cost to register), email <u>klallier@maplegrovemn.gov</u>, or call 763-494-6511.

All coaches' clinics are scheduled for April 25-27.



Maple Grove Parks and Recreation is committed to educating youth athletic volunteer coaches about the nature and risks of concussions. Information regarding concussions is available at www.cdc.gov/headsup/youthsports.

BOYS CUB BASEBALL 1

Presently in grades 1 & 2 with no Cub Ball experience

A parent/child recreational and instructional baseball program for boys presently in first and second grade. Baseball skills will be introduced. Games will be held at various Maple Grove park locations and are officiated by parents. Coach/parent pitch. Games are Wednesdays, May 17 - July 19.

Game times 6:00 p.m. or 7:15 p.m. Coaches will contact players in early to mid May for practices. Practices determined by coaches.

\$110.00 (NR add \$5.00)

Boys Cub Baseball 1, Grades 1 & 2

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Zone 1(205601-01)	Zone 12(205601-12)
Zone 2(205601-02)	Zone 13(205601-13)
Zone 3(205601-03)	Zone 14(205601-14)
Zone 4(205601-04)	Zone 15(205601-15)
Zone 5(205601-05)	Zone 16(205601-16)
Zone 6(205601-06)	Zone 17(205601-17)
Zone 7(205601-07)	Zone 18(205601-18)
Zone 8(205601-08)	Zone 19(205601-19)
Zone 9(205601-09)	Zone 20(205601-20)
Zone 10(205601-10)	Zone 21(205601-21)
Zone 11(205601-11)	Plymouth*(205601-22)
Other non-resident Dist. 279 o	ities*(205601-23)
Coaches (205612-01)	

^{*}Non-resident fee applies

BOYS CUB BASEBALL 2/MACHINE PITCH

Boys presently in grades 2 & 3 who have previously been in Cub Ball 1

A parent/child recreational and instructional baseball program for boys who have previously been in Cub Ball 1 the previous year. Baseball skills will be introduced. The first half of the season will consist of coach pitch and all remaining games will be machine pitch. Games will be held at Kerber Park, 9095 Elm Creek Blvd, and are officiated by parents.

Games are Wednesdays, May 17 - July 19.

Game times 6:00 p.m. or 7:15 p.m. Coaches will contact players in early to mid May for practices. Practices determined by coaches.

\$110.00 (NR add \$5.00)

Boys Cub Baseball 2/Machine Pitch, Grades 2 & 3

Zone 12(205602-12)
Zone 13(205602-13)
Zone 14(205602-14)
Zone 15(205602-15)
Zone 16(205602-16)
Zone 17(205602-17)
Zone 18(205602-18)
Zone 19(205602-19)
Zone 20(205602-20)
Zone 21(205602-21)
Plymouth*(205602-22)
ities*(205602-23)

Coaches (205612-01)



GIRLS CUB BALL

Presently in grades 1 & 2

A parent/child recreational and instructional program for girls presently in first and second grade. Baseball and softball skills will be introduced. Games held at various Maple Grove park locations and are officiated by parents.

Games are Wednesdays, May 17 - July 19.

Game times 6:00 p.m. or 7:15 p.m. Coaches will contact players in early to mid May for practices. Practices determined by coaches.

\$110.00 (NR add \$5.00)

Girls Cub Baseball, Grades 1 & 2

Zone 1(205606-01)	Zone 12(205606-12)
Zone 2(205606-02)	Zone 13(205606-13)
Zone 3(205606-03)	Zone 14(205606-14)
Zone 4(205606-04)	Zone 15(205606-15)
Zone 5(205606-05)	Zone 16(205606-16)
Zone 6(205606-06)	Zone 17(205606-17)
Zone 7(205606-07)	Zone 18(205606-18)
Zone 8(205606-08)	Zone 19(205606-19)
Zone 9(205606-09)	Zones 20(205606-20)
Zone 10(205606-10)	Zone 21(205606-21)
Zone 11(205606-11)	NR Dist 279 city*(205606-22)
Coaches (205612-01)	·
*Non-resident fee applies	

Boys and girls who are currently in kindergarten but will turn 7 years of age before September 1, 2017 are eligible for Cub Baseball and 1st/2nd grade youth soccer.

Baseball and soccer programs for children ages 4, 5 and 6 (T-Ball, Kickin' Kids & Lil' Sports Sampler) will be offered in the Summer Activities Brochure that is mailed to your home in late April.

9-15 year olds are also eligible for OMGAA Baseball/Fast Pitch softball. Check the OMGAA website www.omgaa.org for details.

^{*}Non-resident fee applies



GIRLS AND BOYS SOCCER

Presently in grades 1 & 2 and 3 & 4

An in-house (various Maple Grove community playfields) recreational soccer program for girls and boys. Shin guards are **REQUIRED**.

\$110.00 (NR add \$5.00)

Grades 1 & 2 - Games will be Tuesday &/or Thursdays, May 16 - July 20 (ex July 13). Game times 6:00 p.m. or 7:15 p.m. Practices scheduled by coaches beginning early to mid May. Shin guards are **REQUIRED**.

Girls Soccer, Grades 1 & 2

Zone 1(205607-01)	Zone 12(205607-12)
Zone 2(205607-02)	Zone 13(205607-13)
Zone 3(205607-03)	Zone 14(205607-14)
Zone 4(205607-04)	Zone 15(205607-15)
Zone 5(205607-05)	Zone 16(205607-16)
Zone 6(205607-06)	Zone 17(205607-17)
Zone 7(205607-07)	Zone 18(205607-18)
Zone 8(205607-08)	Zone 19(205607-19)
Zone 9(205607-09)	Zones 20(205607-20)
Zone 10(205607-10)	Zone 21(205607-21)
Zone 11(205607-11)	NR Dist 279 city*(205607-22)
Coaches (205612-01)	

Boys Soccer, Grades 1 & 2

*Non-resident fee applies

*Non-resident fee applies

s Soccer, Grades 1 & 2	
Zone 1(205603-01)	Zone 12(205603-12)
Zone 2(205603-02)	Zone 13(205603-13)
Zone 3(205603-03)	Zone 14(205603-14)
Zone 4(205603-04)	Zone 15(205603-15)
Zone 5(205603-05)	Zone 16(205603-16)
Zone 6(205603-06)	Zone 17(205603-17)
Zone 7(205603-07)	Zone 18(205603-18)
Zone 8(205603-08)	Zone 19(205603-19)
Zone 9(205603-09)	Zones 20(205603-20)
Zone 10(205603-10)	Zone 21(205603-21)
Zone 11(205603-11)	NR Dist 279 city*(205603-22)
Coaches (205612-01)	

SOCCER

GIRLS AND BOYS SOCCER

\$110.00 (NR add \$5.00)

Grades 3 & 4 - Games will be Tuesdays, May 16 - July 18. Game times 6:00 p.m. or 7:15 p.m. Practices scheduled by coaches beginning early to mid May. Shin guards are **REQUIRED**.

Girls Soccer, Grades 3 & 4

Zone 1(205608-01)	Zone 12(205608-12)
Zone 2(205608-02)	Zone 13(205608-13)
Zone 3(205608-03)	Zone 14(205608-14)
Zone 4(205608-04)	Zone 15(205608-15)
Zone 5(205608-05)	Zone 16(205608-16)
Zone 6(205608-06)	Zone 17(205608-17)
Zone 7(205608-07)	Zone 18(205608-18)
Zone 8(205608-08)	Zone 19(205608-19)
Zone 9(205608-09)	Zones 20(205608-20)
Zone 10(205608-10)	Zone 21(205608-21)
Zone 11(205608-11)	NR Dist 279 city*(205608-22)
Coaches (205612-01)	

Boys Soccer, Grades 3 & 4

*Non-resident fee applies

Zone 1(205604-01)	Zone 12(205604-12)
Zone 2(205604-02)	Zone 13(205604-13)
Zone 3(205604-03)	Zone 14(205604-14)
Zone 4(205604-04)	Zone 15(205604-15)
Zone 5(205604-05)	Zone 16(205604-16)
Zone 6(205604-06)	Zone 17(205604-17)
Zone 7(205604-07)	Zone 18(205604-18)
Zone 8(205604-08)	Zone 19(205604-19)
Zone 9(205604-09)	Zones 20(205604-20)
Zone 10(205604-10)	Zone 21(205604-21)
Zone 11(205604-11)	NR Dist 279 city*(205604-22)
Coaches (205612-01)	·



GIRLS SOCCER

Presently in grades 5 & 6 and 7, 8, & 9

An in-house (various Maple Grove community playfields) recreational girls soccer program.

Games - Wednesdays, May 17 - July 19.

Game times 6:00 p.m. or 7:15 p.m. Practices scheduled by coaches beginning early to mid May. Shin guards are **REQUIRED.**

\$110.00 (NR add \$5.00)

Girls Soccer, Grades 5 & 6

Zone 1(205609-01)	Zone 12(205609-12)
Zone 2(205609-02)	Zone 13(205609-13)
Zone 3(205609-03)	Zone 14(205609-14)
Zone 4(205609-04)	Zone 15(205609-15)
Zone 5(205609-05)	Zone 16(205609-16)
Zone 6(205609-06)	Zone 17(205609-17)
Zone 7(205609-07)	Zone 18(205609-18)
Zone 8(205609-08)	Zone 19(205609-19)
Zone 9(205609-09)	Zones 20(205609-20)
Zone 10(205609-10)	Zone 21(205609-21)
Zone 11(205609-11)	NR Dist 279 city*(205609-22)
Coaches (205612-01)	

Girls Soccer, Grades 7, 8 & 9

*Non-resident fee applies

Zones 1, 2, 3, 4, Osseo*	(205610-01)
Zones 5, 6, 7	(205610-02)
Zones 9, 10, Corcoran*	(205610-03)
Zones 8, 11, 12	(205610-04)
Zones 13, 14, 15, 16	(205610-05)
Zones 20, 21	(205610-06)
Zones 17, 18, 19, Plymouth*	(205610-07)
Coaches	(205612-01)

^{*}Non-resident fee applies





BOYS SOCCER

Presently in grades 5-7

An in-house (various Maple Grove community playfields) recreational boys soccer program for grades 5-7. *A minimum of* 40 players is needed or league will be cancelled.

Games - Mondays, May 15 - July 17 (ex May 29).

Game times 6:00 p.m. or 7:15 p.m. Practices scheduled by coaches beginning early to mid May. Shin guards are **REQUIRED.**

\$110.00 (NR add \$5.00)

Zones 1, 5, 6, 7, 9, 10, Corcoran*	(205605-01)
Zones 2, 3, 4, 8, 11, 12, Osseo*	(205605-02)
Zones 13, 14, 15, 16, 20, 21	(205605-03)
Zones 17, 18, 19, Plymouth*	(205605-04)
Coaches	(205612-01)
*Non-resident fee applies	

GIRLS SOFTBALL

Girls ages 7 - 12

A recreational slow-pitch softball league sponsored in cooperation with the Brooklyn Park Athletic Association. Games will be held at various Maple Grove, Brooklyn Park & Coon Rapids park locations. Need 14 players to form a team.

Opening day celebration/first games will be on Saturday, April 22. Mid season tournament June 2 - 4. End-of-season tournament June 23-25 for all age levels. Practices scheduled by coaches beginning early to mid April. Coaches clinic April 3rd.

\$110.00 (NR fee not applicable)

Girls Softball, 8U (ages 7 & 8 as of January 1, 2017) - Games will be Monday and/or Wednesdays beginning April 24, exclude May 29. Game times 6:30 or 8:00 p.m.

Team 1.....(205611-01)
Coaches....(205612-01)

Girls Softball, 10U (ages 9 & 10 as of January 1, 2017) – Games will be Tuesday and/or Thursday beginning April 25. Game times 6:30. or 8:00 p.m.

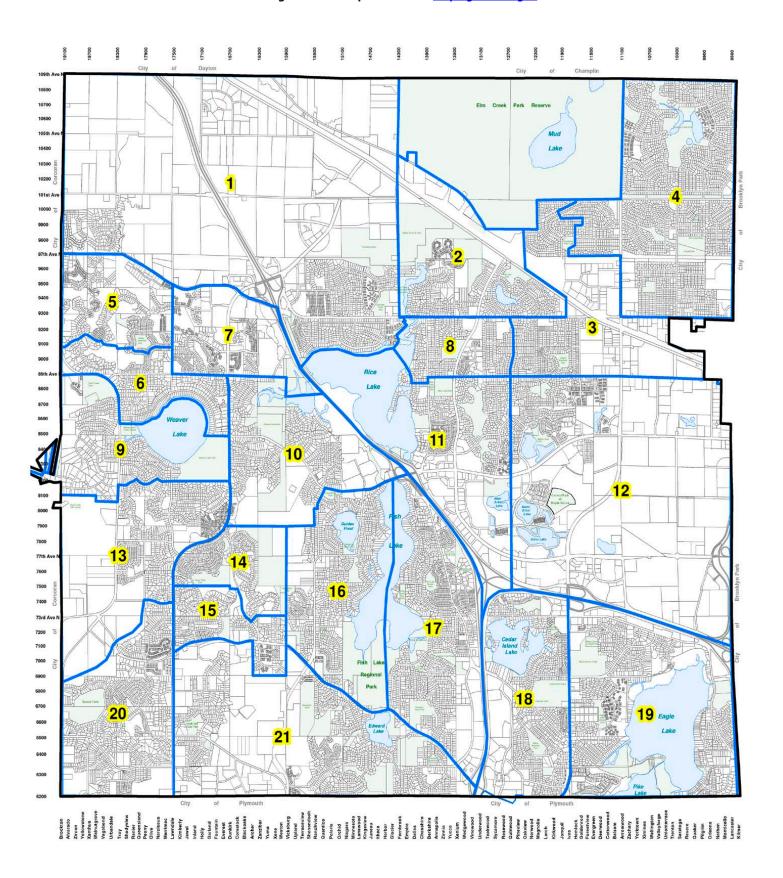
Girls Softball, 12U (ages 11 & 12 as of January 1, 2017) -

Games will be Monday and/or Wednesdays beginning April 24, exclude May 29. Game times 6:30 p.m. or 8:00 p.m.

Team 1	.(205611-03)
Coaches	.(205612-01

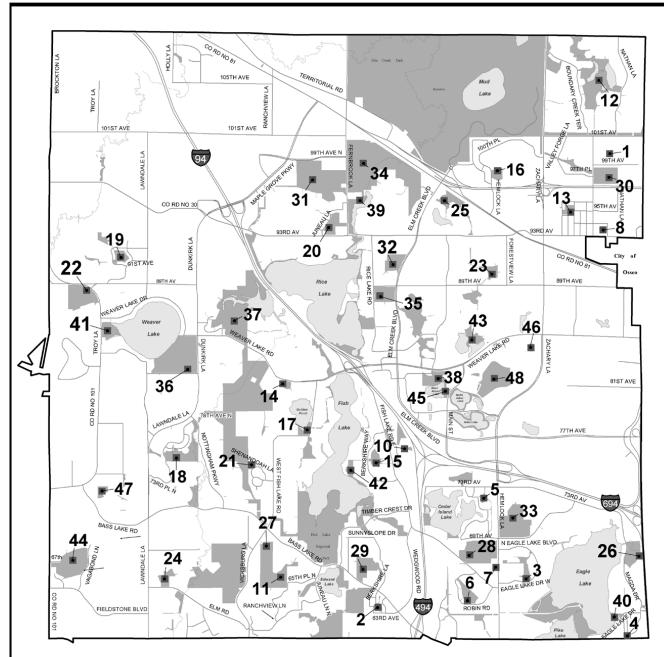
Athletic Zone Map

Larger view of map available at maplegrovemn.gov.



Park Location Map

MAPLE GROVE PARK LOCATION MAP



- 1. Bayless Playlot
- 2. Donahue South Playlot
- 3. Eagle Lake Woods Playlot
- 4. Eagle Nest Playlot
- 5. Hemlock Ponds Playlot
- 6. Maple Meadow Playlot
- 7. Maple Tree Playlot
- 8. Pilgrim Playlot 9. Polaris Playlot
- 10. Wedgewood Playlot
- 11. Basswood Neighborhood Park
- 12. Boundary Creek Neighborhood Park 13. Charest Neighborhood Park
- 14. Crosswinds Neighborhood Park
- 15. Fish Lake Woods Neighborhood Park
- 16. Forestview Pond Neighborhood Park

- 17. Goldenrod Marsh Neighborhood Park
- 18. Grove West Neighborhood Park
- 19. Hidden Meadows Neighborhood Park 20. Lakeview Knolls Neighborhood Park
- 21. Nottingham Neighborhood Park
- 22. Rush Creek School Neighborhood Park
- 23. Scott/Jonquil Meadow Neighborhood Park
- 24. South Elm Road Neighborhood Park 25. Teal Lake Neighborhood Park
- 26. Woodcrest Neighborhood Park
- 27. Basswood School Community Playfield
- 28. Cedar Island School Community Playfield 29. Donahue North Community Playfield
- 30. Elm Creek School Community Playfield 31. Fernbrook School Community Playfield
- 32. Kerber Community Playfield

- 33. Maple Grove Jr. High Community Playfield 34. Maple Grove Sr. High Community Playfield
- 35. Rice Lake School
- 36. Weaver Lake Coummunity Playfield 37. Weaver Lake School Community Playfield
- 38. Community Center
- 39. Maple Grove Arboretum
- 40. Thoresen Special Use Park
- 41. Weaver Lake Public Access 42. Worden Special Use Park
- 43. Maple Lakes Neighborhood Park
- 44. Gleason Fields Community Playfield
- 45. Town Green
- 46. Balsam Playlot
- 47. Maple Creek Neighborhood Park
- 48. Central Park of Maple Grove

For more information and maps of the Maple Grove Park and Trail system, please visit the Maple Grove Community Center (#38) or call 763-494-6500 or go online to www.maplegrovemn.gov

Of Interest to Youth & Teens

SPRING FLAG FOOTBALL NFL YOUTH FLAG FOOTBALL - EXPERIENCE THE DIFFERENCE

Ages 4 years old – 8th grade



NFL FLAG FOOTBALL is coming to Maple Grove! Launching spring 2017, Maple Grove Parks and Recreation and National Flag Football are partnering to bring you the very best when it comes to youth flag football programming. This is a 5 vs. 5, non-contact, recreational, co-ed format. This is an exceptional program for first time players who want to learn the fundamentals of football. This is also a wonderful opportunity for players who may want to continue to enhance their skills before taking the next leap into tackle football.

Games are played at the Maple Grove turf field (Dome location) on Sunday afternoons between 10am – 5pm. Practices take place one hour prior to game time each week to ensure a convenient and fun experience for all. Participates will receive a NFL reversible jersey, flag belt and individual participation award. Games are officiated by MSHSL referees.

The season begins April 23 and runs through June 25. Registration accepted immediately. Registration deadline: February 24, 2017

Entry Fee: \$130.00 + 3.99% processing fee

You must register on-line at: www.NationalFlagFootball.com

For more information call (651) 337-5588.



Wrestling and Summer Strength & Conditioning Preview

MAPLE GROVE YOUTH WRESTLING

Boys and Girls Grades Pre-K - 8

Designed for wrestlers with 0-3 years of wrestling experience. Emphasis will be on teaching and refining the most basic wrestling skills. Focus will be put on incorporating the fun and competitive aspects of the sport. Participants should wear shorts, t-shirts and wrestling or gym shoes to practices. If participation allows we will have a tournament with participants receiving an end of season trophy; or a Maple Grove Wrestling t-shirt if numbers are too low for tournament. Questions call Troy Seubert at 763-913-0601 or email mgwrestling99@gmail.com.

Maple Grove Senior, wrestling gym

Tuesdays & Thursdays, March 14 - April 13 (ex March 28 & 30) 6:00 – 7:00 p.m. \$20 207117-01

MAPLE GROVE MIDDLE SCHOOL STRENGTH AND CONDITIONING

Entering grades 6 – 8

A strength and conditioning program for girls and boys entering grades 6 - 8 for fall 2017.

Program details will be in the Summer Brochure coming out in mid-April.

MAPLE GROVE CRIMSON POWER PROGRAM

All grades are incoming grades for next year.

The focus of this program is to prepare athletes for competition and prevention of athletic injuries.

- ~ Grades 9-12: High intensity training (football focused).
- ~ Grades 9-12: Curriculum based workout.
- ~ Grades 6-8: Introduction to the weight room.

Program details will be in the Summer Brochure coming out in mid-April.

OSSEO STRENGTH TRAINING & SPEED DEVELOPMENT

Intended to develop strength, power, flexibility, endurance, speed, balance, movement control and agility.

Senior High Program

Open to all male and female students entering grades 9 – 12 & Osseo Senior High Alumni/Friends.

Elementary & Middle School Program

Open to all male and female students entering grades 6 - 9. Program details will be in the Summer Brochure coming out in mid-April.

Teen Happenings



SKATE PLAZA

The Maple Grove Skate Plaza is located next to the Maple Grove Community Center. The skate plaza is open daily during park hours from 6:00 a.m. - 11:00 p.m. Skateboards, scooters, in-line skaters and BMX bikes are welcome. Helmets and protective gear is strongly recommended for all participants. This park is unsupervised; users assume all risks inherent in the use of this facility. Use this facility with safety in mind!



Teen Happenings

TEEN CENTER - HOURS OF OPERATION

The Maple Grove Teen Center is a fun, safe place for teens to hang out! With an Xbox ONE, a movie room, and various events throughout the year, the Teen Center has something for everyone. Grab your friends and come check out the Teen Center!

The Teen Center is located inside the Community Center, so teens have access to the gymnasium, Grove Cove Aquatic Center, ice arena, and concession stand. Student I.D. is recommended when entering Community Center property.

WHEN ARE WE OPEN?

School days, (non-vacation days)

Monday - Wednesday	3:00 p.m 8:00 p.m.
Thursday	3:00 p.m 9:00 p.m.
Friday	3:00 p.m 10:00 p.m.
Saturday	10:00 a.m 10:00 p.m.
Sunday	12:00 p.m 6:00 p.m.

Non-school days, (student vacation days)

Monday - Thursday	10:00 a.m 9:00 p.m.
Friday	10:00 a.m 10:00 p.m.

Holidays

Hours will vary, check with Community Center holiday hours and Teen Center posting board.

>Hours of operation may be restricted to certain ages and/or changes due to pool leagues, special events, etc.

>Teen Center is not open to teens during regular school hours.



MAPLE GROVE TEEN ADVISORY GROUP 'TAG' Leadership. Creativity. Fun.

Are you looking for a way to become more involved in your community? Maple Grove's Teen Advisory Group is a great place for teenagers to have a say in events within the Teen Center, be involved in projects for the community, and to have fun! TAG is involved in Maple Grove Days, Club Night at the Teen Center, and assisting in planning summer programs for the Teen Center, among other activities. TAG's spring meetings are: March 2nd, March 16th, April 6th, and April 20th. All TAG meetings are held at 4:00pm at the Maple Grove Community Center.

Membership Requirements: Youth grades 6th-12th, able to attend bi-weekly meetings, willing to participate in MG-TAG discussions and projects, and willing to respect the involvement, privacy, and opinion of others.

Sign up today! MG-TAG Registration Form available at <u>www.</u> <u>maplegrovemn.gov</u> on the Teen Center page.

TEEN CENTER BIRTHDAY PARTIES

Grades 7 - 12

Celebrate your birthday with your friends in our Teen Center. We will supply the cake and some decorations; you bring your friends! You will have access to the Teen Center and all it has to offer, including unlimited access to the pool tables, music and the Xbox ONE. You can watch your favorite movie, listen to your favorite music and so much more. All parties come with a free roll of quarters! Your birthday is special, so celebrate it at the Maple Grove Teen Center. Call 763-494-5969 to make your reservation.

\$95.00 Teen Center will be open to the public \$100.00 Private Teen Parties are available on Sunday

evenings starting at 6:00 pm. You will have exclusive

use of the Teen Center for 2 hours.

TEEN CENTER RENTAL INFORMATION

Have a birthday, sports team or special occasion to clebrate in a teen-friendly facility? The Maple Grove Teen Center is available to rent. You will have access to pool tables, Xbox ONE, music and more. Call today for more information on how to celebrate your teen party. Call 763-494-5969 to make your reservation.



TEEN CENTER OPEN HOUSE

Parents and Teens (ages 11-18)
Connect with Friends, Connect with Community,
Live Life Better!

Bring your parents and friends or come solo and connect with Teen Center staff to learn about their role in the Teen Center. Discover amazing programs and participate in special activities. Check out the computer stations, Xbox ONE and movie lounge. Enjoy free snacks and sign up for fun summer programs.

Maple Grove Teen Center

Thursday, May 18 5:00 p.m. - 9:00 p.m.

TEEN CENTER CLOSED FOR ANNUAL MAINTENANCE

The Maple Grove Teen Center will be closed for annual maintenance from Monday, April 10 and reopen on Thursday, April 13.

Teen Happenings - Dances & Spring Break

TEEN DANCES SPRING 2017

Maple Grove Parks and Recreation welcomes all Middle School students to our Teen Dances. All Middle School students not attending Osseo Middle or Maple Grove Middle School must be invited by an Osseo or Maple Grove student. The Osseo or Maple Grove student can purchase a guest pass from the Parks and Recreation Department for their guest prior to the dance. One guest per student. Passes must be purchased before 5:30 p.m. on the night of the dance.

MARCH – ST. PATRICK'S DAY DANCE

Maple Grove Middle School, Gym Friday, March 17

7:00 - 10:00 p.m.

\$7

payable at the door

MAY - SPRING 8th GRADE GALA

Semi-Formal Dance

Maple Grove Middle School Cafeteria

Saturday, May 13

7:00 - 10:00 p.m. purchase tickets in advance \$10

Celebrate the end of the school year and the end of Middle School in style! All Osseo and Maple Grove Middle School 8th graders are invited. A light snack including beverages will be served and there will be an opportunity for students to take photos in the photo booth.

Tickets are available only at MG Community Center, Monday through Friday, 8:00 am - 5:30 pm from April 10 - May 12.

SPRING BREAK 2017

Are you interested in doing something fun for spring break! Join us at the Maple Grove Teen Center! Walk in anytime during Spring Break, you will be sure to find something to do. Preregister for one of our classes or special events. All the fun of a vacation right in your own neighborhood! Pick up a schedule listing daily activities from March 24– April 2. Questions, please contact Tanya at thilger@maplegrovemn. **gov** or 763-494-6512.

- Friday, March 24 Kickoff Party in Teen Center
- Saturday, March 25 Hot Shot Basketball Competition
- Saturday, March 25 Marvel Comic Movie Marathon preregistration required
- Sunday, March 26 Free pool in the Teen Center all day
- Monday & Tuesday, March 27 & 28 Java Minecraft Modding - preregistration required
- Monday, March 27 NBA 2K17 Tournament
- Tuesday, March 28- NBA 2K17 Tournament
- Wednesday, March 29 Cake Wars preregistration required
- Thursday, March 30 Blankets for Charity preregistration required
- Friday, March 31 Fantastic Friday in the Teen Center
- Saturday, April 1 Free drop in Dodgeball in the gym
- Sunday, April 2 Free pool in the Teen Center all day

SPRING BREAK KICK OFF PARTY

Ages 12 - 17

Join us to "Kick Off" your Spring Break! Music, snacks and games from 7:00 p.m. to 10:00 p.m.

Maple Grove Teen Center

Friday, March 24

7:00 - 10:00 pm

Free



HOT SHOT BASKETBALL CONTEST

Ages 12 - 17

Show off your skills! Showcase your basketball abilities by shooting, passing and dribbling in a half-court obstacle course. Participants should wear appropriate athletic attire and shoes. NO visible underwear! Prize winners in each age category. Participants will be divided by age groups. Regular gym fees apply, pay at the door.

Maple Grove Community Center Gymnasium

Saturday, March 25

8:00 - 10:00 p.m. Gym fee applies

MARVEL COMIC MOVIE MARATHON

Ages 12 - 16

Join us for a late night Movie Marathon in the Maple Grove Teen Center. Movies, pizza, popcorn, movie trivia and prizes!! Sign up early and stay late. Staff will keep the Teen Center open late for a fun night of your favorite Marvel Comic movies. Wear your comfy clothes; we will provide the pizza and popcorn. Call 763-494-6512 to register.

Maple Grove Teen Center

Saturday, March 25

9:00 p.m. - midnight

Free, registration required



Find us on Facebook/ **Maple Grove Teen Center!**

Teen Happenings - Spring Break Click here for registration link

XBOX ONE GAMING TOURNAMENT

Ages 12-18

NBA 2K17 Tournament! Drop in and sign up to play NBA 2K17, tournament play will be decided based on the number of participants. Prizes will be awarded each day of the tournament. Maple Grove Teen Center

Monday & Tuesday, March 27 and 28

1:00 – 4:00 p.m. Free

ee Sign up the day of tournament

in the Teen Center



CAKE WARS SPRING BREAK THEME

Ages 10 - 17

Just like the popular TV show Cupcake Wars; but this time you and your team will have an entire cake to decorate! You and your teammate(s) will brainstorm spring break designs and then decorate your team's cake. You will use colorful bags of icing and a variety of decorating metal tips to create your masterpiece. Compete against the other teams and produce the most creative and uniquely designed cake. Judges will determine a winner at the end of class. All supplies will be provided and all participants will take home a piece of their cake! Sign up now!! Space is limited!

Maple Grove Community Center

Wednesday, March 29

10:00 - 12:00 p.m. \$30 208401-01

BLANKETS FOR CHARITY

Ages 10 - 17

Join our community service project and give back to the community! We will be making fleece blankets to donate to Hope 4 Youth in Anoka. Be involved in your community and help out a teenager in need. Fee includes materials for one blanket.

Maple Grove Community Center

Thursday, March 30

2:00 – 4:30 p.m. \$20 208414-01



Aaes 12 - 17

Dodge, Duck, Dip and Dive on your Spring Break! Join us for the ultimate game of dodgeball at the Maple Grove Community Center Gymnasium. Come with or without a team, drop in and play. Participants should wear appropriate athletic attire and shoes. NO visible underwear! Regular gym fees apply, pay at the door

Maple Grove Community Center, Gym Saturday, April 1

8:00 – 10:00 p.m. gym fee applies



FREE POOL IN THE TEEN CENTER ALL DAY

Ages 11 - 17

Perfect your game or try your had at 9 Ball. The pool tables will be open and free to challenge your friends and Teen Center staff.

Maple Grove Teen Center

Sundays, March 26 and April 1 12:00 p.m. - 6:00 p.m. Free

JAVA MINECRAFT MODDING, NEW DIMENSIONS

Ages 9-15

Dig deeper into the Minecraft world with this Minecraft Modding class. Create a new custom dimension and design a portal. Learn to mod Minecraft using Java and Eclipse. Students should be comfortable with keyboarding and of course playing Minecraft. At the end of this class you will take home you Mods to share; bring a USB drive. Students should also bring snacks and a drink or money to purchase snacks from the Community Center concession stand.

Maple Grove Community Center Monday & Tuesday, March 27 & 28

9:00 - 12:00 p.m. \$75

Adult Softball Leagues Click here for registration link

ADULT SUMMER SOFTBALL

Leagues begin the week of April 24, weather permitting Roster due by Monday, April 17.

Online and in person registration begins on Tuesday, February 21 and runs through Friday, April 7 or until spaces fill.

Teams <u>must</u> provide an email address. All correspondence will be by email only.



MEN'S SOFTBALL

Ages 18+

Leagues for teams Class D and below

TUESDAY LOWER

10 season games + 2 playoff games

\$530.00 (includes sales tax) 210103-01

WEDNESDAY LOWER

20 season games + 2 playoff games

\$950.00 (includes sales tax) 210103-02

THURSDAY LOWER

20 season games + 2 playoff games

\$950.00 (includes sales tax) 210103-03

CO-REC SOFTBALL

Ages 18 +

Leagues for teams Class C/D and below

TUESDAY LOWER PLUS

16 season games + 2 playoff games

\$815.00 (includes sales tax) 210102-01

TUESDAY LOWER

10 season games + 2 playoff games

\$560.00 (includes sales tax) 210102-02

WOMEN'S SOFTBALL

Ages 18 +

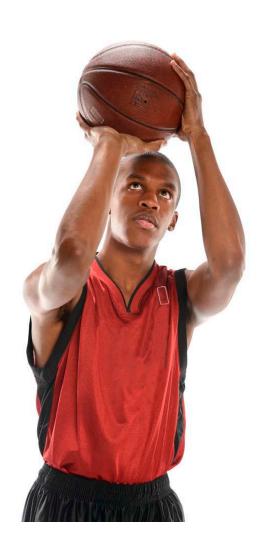
Leagues for teams Class C/D

MONDAY MIDDLE/LOWER

10 season games + 2 playoff games

\$530.00 (includes sales tax) 210104-01





Adult/Teen Fitness Click here for registration link

BEGINNING YOGA

After a long day, join this relaxing class to reduce stress, increase flexibility and restore a healthy, positive mind and body balance. Recommended for those interested in a slower paced environment or have not advanced Yoga experience. Come stretch and relax. Instructor, Dee James. Bring a mat for floor work.

Weaver Lake Elementary, Cafeteria, 15900 Weaver Lake Rd

Mondays, April 3 - June 5 (ex May 29)

6:00 - 7:00 p.m. \$63 (9 ses) 209204-01

Wednesdays, April 5 - June 7 (ex May 31)

6:00 – 7:00 p.m. \$63 (9 ses) 209204-02



ALL-LEVELS YOGA

Morning Class

Reduce stress, increase flexibility, restore a healthy, positive mind and body balance. Gentle Vinyasa Flow builds heat, strength and flexibility through holding positions. For those who have some experience with Yoga or new to Yoga, but are active. Instructor, Dee James. *Bring a mat for floor work*.

Maple Grove Middle School, Community Gym, 7000 Hemlock Wednesdays, April 5 - June 7

9:30 - 10:30 a.m. \$70 (10 ses) 209204-03

YOGILATES

Come join us for a class designed to reduce stress and restore a healthy and balanced mind and body. Yogilates combines the slow controlled breathing and stretching of yoga with the core strengthening of Pilates. Yogilates is designed to relieve tension and help calm the mind while also increasing strength, balance, flexibility and coordination. Class sessions will include yoga and Pilates exercises, balance poses, stretching and a stress-reducing, relaxation segment. Options and modifications will be given to include all levels. *Bring a mat for floor work*. Instructor, Kristie Walker.

Oak View Elementary, Cafeteria, 6710 E Fish Lk Rd

Thursdays, April 6 - June 1

*Class on Apr 20 & Apr 27 will be held from 6:15-7:15 pm. 6:00 – 7:00 p.m. \$63 (9 ses) 209214-01

VINYASA FLOW YOGA

Intermediate/Advanced

After a long day, join this relaxing class to reduce stress, and to restore a healthy, positive mind and body balance. This Vinyasa Flow class builds heat in the body with sun salutation and builds strength and flexibility through holding poses. Recommended for those who have done Yoga before who are active and want a faster paced practice. Instructor, Dee James. *Bring a mat for floor work*.

Weaver Lake Elementary, Cafeteria, 15900 Weaver Lake Rd Mondays, April 3 - June 5 (ex May 29)

7:10 - 8:10 p.m. \$63 (9 ses) 209212-01

SUN SALUTATION SATURDAYS

Saturday Morning Class at Central Park of MG

A guided experience in a peaceful environment that is powerful, detoxing, energizing and invigorating. Stress less, increase flexibility, restore a healthy mind and body balance. Gentle Vinyasa Flow builds heat, strength and flexibility through holding positions. For those who have some experience with Yoga or new to Yoga but are active. Instructor, Dee James. *Bring a mat for ground/floor work*. **During inclement weather, group will meet inside the building (with the exception of May 6).**

Central Park of Maple Grove, The Garden, 12000 Central Park Way (2 blocks east of the Library)

Saturdays, April 29 - August 26 (ex May 27 & July 1)

8:30 - 9:30 a.m. free-will offering
No registration required

(16 ses)



FAMILY YOGA

Ages 4 - Adult (Children must be accompanied by an adult)

Create a routine in your family life that will foster connection and develop healthy habits that last a lifetime. This family-centered class, built for fun, will help all participants deepen the breath, stretch the spine, and relax the body and mind...together. Partner poses, cooperative games, stories and art projects will expand the Yoga practice from your mat into your home! No previous Yoga experience necessary. Instructor Laura Honeck. Bring a Yoga mat or beach towel for each participant.

Eagle Lake Community Building, 6259 Eagle Lk Dr.

Thurs, Apr 20 - May 18

6:00-7:00 pm \$25/person (5 ses) 209222-01

Adult Fitness Click here for registration link



PRENATAL YOGA

Join Laura Honeck (RYT, RPYT), Yoga Alliance Registered Prenatal Yoga Teacher and birth doula, for 75 minutes of strength building, birth preparation and total bliss. No experience is needed for this all-level class which focuses on connecting with your incredible body and the baby in your belly. We'll build endurance and move organically while preparing the body for birth and the emotional marathon of motherhood that exists beyond labor. At the center of this class is breath and an attitude of gratitude. All levels of experience and pregnancy welcome. *Please bring a Yoga mat and firm pillow.* Props, tea and aromatherapy provided. *This is a class for women only.*

Eagle Lake Community Building, 6259 Eagle Lk Dr.

Thursdays, April 6 - June 1 (ex Apr 13)

7:15 – 8:30 p.m. \$56 (8 ses) 209208-01



XaBEAT FITNESS

XaBeat Fitness is a dance-fitness program that provides high intensity cardio and toning in a party-like atmosphere. The routines are easy and simple to follow allowing participants to concentrate on getting a better workout! XaBeat participants burn calories without realizing they are working out! Top rated, highly energetic American music is used so participants can relate. The music sets the mood and creates an environment that leaves participants wanting more!

Rush Creek Elementary, Cafeteria, 8801 Co Rd 101

Wednesdays, April 5 - June 7

6:00 - 7:00 p.m. \$70 (10 ses) 209213-01

50/50 COMBO FITNESS

Half cardio, half strength, 100% fun! A low impact, moderate to intense class that includes cardio training for 50% of the class, & strength training for the other 50%. A great total body workout. *Please wear appropriate workout shoes and clothes. Bring a mat for the cool down segment.* Instructor, Renae Cole.

Rice Lake Elementary, Gym, 13775 89th Ave N

Wednesdays, April 5 - June 7 (ex May 3)

7:30 - 8:20 p.m. \$63 (9 ses) 209206-01



ZUMBA FITNESS

Come sweat away your worries. Zumba is a fun and easy to do workout that feels more like a dance party. Inspired by high energy and motivating Latin and international music, Zumba is a dynamic, exciting, effective head-to-toe fitness system. Zumba combines fast and slow paced rhythms that tone and sculpt the body using aerobic interval training. Zumba is fun and great for the mind and body. No previous dance experience necessary. Come ready for a workout in tennis shoes. Instructor, Susan Gahan. *Bring a water bottle and a sweat towel*.

Basswood Elementary, Gymnasium, 15425 Bass Lake Rd

Mondays, April 3 - June 5 (ex May 29)

6:30 – 7:30 p.m. \$63 (9 ses) 209215-01

Wednesdays, April 5 - June 7

6:30 – 7:30 p.m. \$70 (10 ses) 209215-02

Maple Grove Middle School, Cafeteria, 7000 Hemlock Ln

Saturdays, April 1 - May 13 (ex Apr 22)

8:30 – 9:30 <u>a.m.</u> \$42 (6 ses) 209215-03

ZUMBA FITNESS PUNCH CARD

Can't decide what Zumba class to attend? Try a quarterly punch card. You may attend any spring Zumba class. Other exercise classes are not included. Punch card sent by mail.

- Fee is \$70.00 for 10 punches
- 209216-0
- Times not used are not transferable to another quarter.
- Refunds are not issued for punch cards.

Adult Fitness Click here for registration link

STRENGTH TRAINING AND TONING

This class is designed for all fitness levels. This program will assist in building bone density, losing weight and strength & energy building. Basic exercises using weights are geared toward individuals' abilities, and can help with providing for a healthier, more active lifestyle. Authorities suggest that strength training can lower your risk of heart disease, diabetes and osteoporosis. Come join this class for an energy overhaul. Instructor, Renae Cole. Wear comfortable clothing and bring a mat for floor exercises.

Rice Lake Elementary, Gym, 13775 89th Ave N

Mondays, April 3 - June 5 (ex May 29)

7:30 – 8:20 p.m. \$63 (9 ses) 209209-01

Wednesdays, April 5 - June 7 (ex May 3)

6:30 – 7:20 p.m. \$63 (9 ses) 209209-02

BARRELATES

Join us for a group fitness class that combines pilates, dance, yoga and sculpting movements. Using predominantly bodyweight, this class challenges the whole body, especially the muscles of the legs, butt and core in a completely new way to tighten and tone, without adding bulk. This class will enhance flexibility and both muscular and cardiovascular endurance through joint-friendly, low-impact movements. Whether performing exercises lying down, seated, or standing, the focus is always on maintaining proper alignment and core stabilization to create a fun, yet effective, workout experience. This class is designed for healthy individuals with no previous dance experience. *Please bring a mat to class*. Instructor, Kristie Walker.

Oak View Elementary, Cafeteria, 6710 E Fish Lk Rd

Thursdays, April 6 - June 1

*Class on Apr 20 & Apr 27 will be held from 7:15-8:15 pm.

7:10 – 8:10 p.m. \$63 (9 ses) 209218-01

KETTLEBELL FITNESS

The Russian Kettlebell has forever altered the landscape of American fitness, with the breakthrough system for achieving astonishingly rapid yet consistent gains in muscle strength, explosive power, energy and functional performance with a single, simple tool. The kettlebell is now becoming the favored fitness training for busy men, women, elite athletes and those simply wishing to attain their highest possible level of physical excellence. **Certified Kettlebell Instructor Roxanne Altmeyer** RKC & EMT, gives you a perfect mix of follow-along kettlebell workouts to rapidly burn off unwanted pounds! This workout is done is bare feet or flat soled shoes. *Wear loose-fitting clothing, bring water and your own bells if you have them!* If pre-existing health conditions or injuries exist, please check with your doctor before starting this physically challenging class. *Don't forget the sweat towel!*

Maple Grove Middle School, Cafeteria, 7000 Hemlock Ln Tuesdays, April 4 - June 6

6:00 - 7:00 p.m. \$70 (10 ses) 209207-01



TAI CHI EXERCISE

Tai Chi Ch'uan is a traditional Chinese exercise system which has been widely practiced for preventative and therapeutic purposes. Occasionally referred to as "moving meditation" or "moving pole", it is one of the most popular exercise programs of Chinese tradition for improving personal fitness for people of any age. The primary benefits include postural control and balance, flexibility, coordination, agility, strength and power, sensitivity and awareness, reaction time and confidence. The movements are practiced in the beginning as slow and relaxed to develop strength while eliminating tension and increasing energy. As you advance in practice the movements will offer a practical way to learn to work with others and still reduce stress and tension. Taught by Gold Tai Chi group head instructor, Elaine Schrade. Weaver Lake Elementary, Cafeteria, 15900 Weaver Lk Rd

Tuesdays, April 4 - June 6

7:00 – 8:00 p.m. \$70 (10 ses) 209210-01

TABATA FITNESS

Tabata is High Intensity Interval Training (H.I.I.T.) and is the ultimate workout for cardio and fat burning. Tabata is an intense interval training circuit, which gets the body's major muscle groups involved. With high intensity exercise your body continues to burn fat long after your workout is complete. Each session consists of 20 seconds high intensity work, followed by 10 seconds rest. This pattern repeats for 4 minutes. There are 8 intervals per workout. The class begins with a warm up and ends with a stretch/cool down. Modifications for exercises are offered, so it's perfect for any fitness level. This full body workout is guaranteed to transform your body! *Please bring an exercise mat and medium weight dumbbells*.

Fernbrook Elementary, Cafeteria, 9661 Fernbrook Ln N Mondays, April 3 - June 5 (ex May 29)

6:00 - 7:00 p.m. \$63 (9 ses) 209211-01

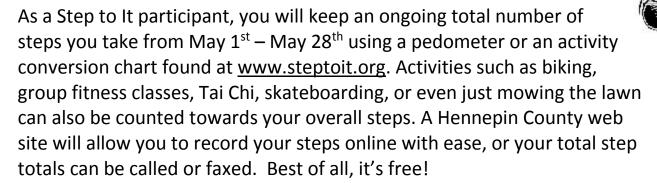


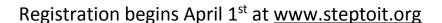
STEP TO IT Challenge

Show your pride with friends and family at your side"

Come on Maple Grove, the Step to It Challenge is just around the corner! Connect with family, friends and neighbors to get moving again after

the long winter. The challenge is a fun, light-hearted competition between twenty-four surrounding cities to see which one has the most active residents.





Individual participants also have a chance to win Twins tickets and Step To It T-shirts. Individuals, including the over 65 crowd with the most steps from each of the 24 participating communities will also have the opportunity to be on field before a Twins home game during the 2017 season. Make it a family event by having kids join in the fun!















Adult Golf, Tennis Ladder & Dance Click here for registration link



ADULT GOLF
Three Rivers Park District

Eagle Lake Golf Center, 11000 Bass Lk Rd, Plymouth 55442, (approximately 1 mile west of Highway 169)

<u>Adult Never Ever</u> – **Never Ever** lessons are designed for the golfer with no experience playing golf. This class will start at the beginning. Clubs are available for use. Equipment, golfer expectations, golf etiquette, simple rules, drills and swing instruction will be a part of each lesson! Lessons will cover irons, driving, chipping and putting.

Tuesdays & Thursdays, April 18 - 27 6:00 - 7:00 p.m. \$85 (4 ses) 209301-01

Adult New Golfer – New Golfer lessons are designed for the golfer with little experience playing golf. New golfers usually have less than three years of playing experience or play less than 10 rounds a season. This class will incorporate golf etiquette, simple rules, drills and swing instruction into each lesson. Lessons will cover irons, driving, chipping and putting. Completion of this course prepares you for the next step class or private lessons, unless you feel it is still appropriate to continue in the Adult New Golfer lessons.

Mondays & Wednesdays, April 17 – 26
7:00 – 8:00 p.m. \$85 (4 ses) 209301-02
Thursdays, April 27 - May 18
7:00 – 8:00 p.m. \$85 (4 ses) 209301-03
Tuesdays & Thursdays, May 16 - 25
6:00 – 7:00 p.m. \$85 (4 ses) 209301-04

<u>Geared for Women New Golfer</u> – New Golfer provides a comfortable approach for women with little or no playing experience. In addition to explanation of beginning golf skills, the program will explain golf facility and course etiquette along with an explanation of playing rules and golf equipment.

Tuesdays & Thursdays, May 2 - 11

6:00 – 7:00 p.m. \$85 (4 ses) 209301-05



MAPLE GROVE TENNIS LADDER

Adult tennis players of all abilities

An opportunity to participate in a recreational tennis club. The ladder is a list of players to contact for singles tennis. The ladder will be starting in May and last through the middle of September, with playoffs at the end of the regular season. Players schedule their own matches, and can play as often or seldom as desired. There is no fee to participate. *To register go to the website*. maplegrove.tencaptennis.com



BALLROOM DANCE FOR BEGINNERS

Ages 16 - adult (Youth welcome if dancing w/adult)

If you wish you knew how to dance so you could get on the floor and NOT feel self-conscious, then this is the PERFECT course for you! Gain confidence learning how to dance real steps in sync with your partner, and to current and classic songs played at weddings, parties and most social events. Practice several easy to learn steps in waltz, swing, foxtrot, hustle and polka. Come with or without a partner. Couples dance with their partner only and singles rotate with one another. Teens and adults of all ages welcome. Classes are easier than you think! Instructor guarantees you WILL LEARN to dance! Free make up lessons if you need to miss class for any reason. For more information, visit www.constantineDance.com. Registration now being taken online at webtrac.maplegrovemn.gov.

Maple Grove Middle School, Cafeteria, 7000 Hemlock Ln Sundays, April 9 - May 7 (ex Apr 16)

6:30 - 8:00 p.m. \$55/person (4 ses) 209101-01

Adult/55 Forward Health & Fitness Click here for registration link

SWIM FITNESS MORNINGS

Jump into the water for a great way to exercise your way to better health! Tone your muscles, improve your cardiovascular system, have fun, stay fit and do it with the help and buoyancy of water to support your joints. A great form of exercise for people with arthritis or water lovers. Instructor, Jean Holub.

Maple Grove Community Center Pool

Tuesdays, April 4 – May 23, Aerobics-lap pool

8:00 - 9:00 a.m. \$32 (8 ses) 211212-01

Wednesdays, April 5 – May 24, Strengthening-leisure pool

8:00 - 9:00 a.m. \$32 (8 ses) 211212-02

Thursdays, April 6 – May 25, Aerobics-lap pool

8:00 - 9:00 a.m. \$32 (8 ses) 211212-03

SWIM FITNESS AFTERNOON

The same great class as the morning, just later in the day! Using the warm water of the leisure pool you will tone your muscles, improve your cardiovascular system, have fun and stay fit.

Maple Grove Community Center Pool

Mondays, April 3 – May 22 (ex Apr 24), Aerobics/Strengthening 1:00 – 2:00 p.m. \$28 (7 ses) 211212-04

Wednesdays, April 5 – May 24, Aerobics/Strengthening

1:00 – 2:00 p.m. \$32 (8 ses) 211212-05



ARTHRITIS FOUNDATION AQUATIC EXERCISE

The Arthritis Foundation's Aquatic Program is a water exercise program designed for people with arthritis. This class is taught by volunteers trained through the Arthritis Foundation, and follows the standardized format of the Arthritis Foundation. All classes are held in the leisure pool, which is maintained at a warmer temperature. The program is a recreational program that does not replace a prescribed regimen of therapeutic exercises. Instructor, Carol Zemke.

Maple Grove Community Center Leisure Pool

Mondays & Fridays, April 3 – May 26

8:00 – 9:00 a.m. \$60 (16 ses) 211203-01

Tuesdays & Thursdays, April 4 – May 25

9:00 – 10:00 a.m. \$60 (16 ses) 211203-02

EASY, BEGINNING YOGA

Join this class to reduce stress, increase flexibility and strength and restore a healthy balance to your body. This class is recommended for those interested in a slower paced class. Come, give Yoga a try and see the benefits of this form of exercise! NOTE: Must be able to get up and down from the floor. Instructor, Dee James.

K Hovnanian's Four Seasons at Rush Creek, 7550 Ranier La N, Maple Grove

Tuesdays, February 28 – April 18 *In winter broch.-register now! 9:00 – 10:00 a.m. \$32 (8 ses) 111205-05 10:15 – 11:15 a.m. \$32 (8 ses) 111205-06 Thursdays, March 2 – April 20 *In winter broch.-register now! 9:00 – 10:00 a.m. \$32 (8 ses) 111205-07 10:15 – 11:15 a.m. \$32 (8 ses) 111205-08

Tuesdays, April 25 – June 13

9:00 – 10:00 a.m. \$32 (8 ses) 211205-01 10:15 – 11:15 a.m. \$32 (8 ses) 211205-02 Thursdays, April 27 – June 15 9:00 – 10:00 a.m. \$32 (8 ses) 211205-03 10:15 – 11:15 a.m. \$32 (8 ses) 211205-04

CHAIR YOGA

A seated yoga on chairs with yoga postures to improve flexibility, strength, coordination, balance and to relax the mind and body to handle the stresses of everyday life. Instructor, Denise Schaf.

Crosswinds United Methodist Church, 15051 Weaver Lake Rd

Wednesdays, April 5 – May 24

11:00 – 12:00 noon \$32 (8 ses) 211204-01

FOUNDATION FITNESS

Life Time Fitness and Maple Grove Parks and Recreation join together to offer this fitness class. The class is designed for those who are looking for ways to add exercise and movement to their life. Foundation Fitness combines strength training, flexibility and cardiovascular conditioning in one class. We will be using small hand weights as you work with the instructor to modify exercises to a level that is a perfect fit for you. Instructors, Kathy Bennethum & Jackie Goodwin.

Life Time Fitness Center, Aerobics Room

Mondays, April 3 - May 22

10:40 – 11:40 a.m. \$32 (8 ses) 211207-01

Wednesdays, April 5 – May 24

10:40 – 11:40 a.m. \$32 (8 ses) 211207-02

Fridays, April 7 – May 26

10:40 – 11:40 a.m. \$32 (8 ses) 211207-03

STRENGTH & BALANCE TRAINING

Age 30 or 90, this program can help increase your energy level, build bone density, lose weight and gain strength along with better balance! Strength training can decrease risk for diabetes, heart disease, osteoporosis and other conditions. Join this class for an energy and confidence overhaul! *Bring weights to class*. Instructor, Denise Schaf.

Crosswinds United Methodist Church, 15051 Weaver Lake Rd

Wednesdays, April 5 - May 24

10:00 – 11:00 a.m. \$32 (8 ses) 211211-01

Adult/55 Forward Health & Fitness Click here for registration link

TAI CHI

Tai Chi is slow, rhythmical movement that offers healing benefits to people of all ages and physical abilities. Regular Tai Chi practice can be used to gain a greater sense of well-being, increased flexibility and muscle strength. It can help improve balance and relaxation, reduce stress, and help manage health concerns such as diabetes and arthritis. These three classes are open to all and offer health benefits to everyone.

Village Hall at Lakeview Knolls Park, 9391 Fernbrook Ln (upper Arbor View parking lot)

<u>Beginning Tai Chi:</u> Teaches basic Tai Chi movements combined from the Sun and Yang style forms by Dr. Paul Lam of Australia.

Tuesdays, February 28 – April 18

8:30 – 9:30 a.m. \$48 (8 ses) 211213-01

Tuesdays, May 2 - June 20

8:30 – 9:30 a.m. \$48 (8 ses) 211213-02

Tai Chi 2: For those who are moving beyond the beginning level in Tai Chi and want to learn more about Tai Chi movement.

Tuesdays, February 28 - April 18

11:00 a.m. - Noon \$48 (8 ses) 211213-03

Tuesdays, May 2 – June 20

11:00 a.m. - Noon \$48 (8ses) 211213-04

Ongoing Tai Chi: For people who have taken Beginning Tai Chi for health, or those who are familiar with the moves designed by Dr. Paul Lam and a team of medical experts, which teaches movements from the Sun Style Tai Chi form that are specific to arthritis.

Tuesdays, February 28 – April 18

9:45 – 10:45 a.m. \$48 (8 ses) 211213-05

Tuesdays, May 2 - June 20

9:45 – 10:45 a.m. \$48 (8 ses) 211213-06



SHIBASHI TAI CHI

Shibashi Tai Chi Qigong, as developed by Lin Hoa Sheng in China, is designed to improve your general health and wellbeing. The gentle rocking motions and stretching movements improve circulation and digestion. The chest exercises and controlled breathing are good for lung conditions and asthma. And the overall effect of the exercise is to reduce mental stress and physical tension carried in the muscles of the body. This Qigong is very effective and easy to learn. It is practiced around the world by over 10 million people, and is considered a national health exercise in Malaysia, Thailand and Indonesia. Instructor, Karine Platt.

Eagle Lake Community Room, Thoresen Park, 6259 Eagle Lk Dr Thursdays, March 2 – April 20

3:30 – 4:30 p.m. \$48 (8 ses) 111209-02

Thursdays, May 4 – June 22

3:30 – 4:30 p.m. \$48 (8 ses) 211209-01

TAI JI QUAN: MOVING FOR BETTER BALANCE

Falls in older adults are a significant public health issue and a particularly significant health risk in Minnesota. Do you wish your balance was better? Are you fearful of slipping on the ice? Have you already had a fall? If the answer is yes to any of these questions then this class is for you. This is a 12 week, evidence based program designed specifically to help you gain strength for better balance. It is great for working on balance, arthritis, building strength and getting moving. We cooperatively offer this class with trained instructors from Silvercreek on Main. Join us for FREE introductory classes at the Community Center on Tuesday March 21 at 1:30 and/or Wednesday, March 22 at 10:00 am.

Silvercreek on Main, 8200 Main St. Tuesdays & Thursdays, April 4 - June 22

1:30 - 2:30 p.m. \$96 211216-01

INTRO TO NORDIC WALKING

Come and learn how Nordic Walking (walking with poles) makes an enjoyable stroll an even better physcial fitness activity. This simple 1 hour demo will introduce you to Nordic Walking, give you the basics and an opportunity to try it out. Once you see how simple and beneficial it is, you'll want to join in our Nordic Walking Group. Come to the Community Center and try it out! *Register for this group online at no cost.*

Maple Grove Community Center

Wednesday, April 5 Free 9:30 – 11:00 a.m. 211320-01



7:57 am NORDIC WALKING GROUP

Join Sher Monfore, and get together with friends to explore new parks and trails in and around Maple Grove. Use more muscles, burn more calaries, do this and more while enjoying a walk in nature. A limited number of poles are available to borrow, or bring your own. Contact Kris to get the park meeting places, get added to our e-mail list, and/or to borrow poles 763-494-6514. Various days, as soon as weather permits 7:59 – 9:30 a.m.

FITNESS WALKING

Maple Grove Residents, ages 62 +

Don't let the rain, clouds and cold of spring stop your walking program. LifeTime Fitness and Maple Grove Parks and Recreation invite you to walk. Using the Athletic Club's walking track, you can get your exercise, chat with your friends while you walk, and enjoy the walking pace you choose. Stop by the Senior Center when you are done for a cup of coffee. *All registrations will be handled at Life Time Fitness, Membership Services.* For additional information, call Kris at 763-494-6514.

LifeTime Fitness walking track

Monday - Friday, ongoing

9:00 – 11:00 a.m. & 1:00 – 3:00 p.m.

\$10 monthly

Adult/55 Forward Fitness & Health Classes

Pickleball

This exciting game (mixed levels) is a combination of ping-pong, tennis and badminton and is played with a smaller racquet/paddle and a whiffle ball.

OPEN GYM (INDOOR) PICKLEBALL

Ongoing open games. Join the fun!! Pickleball Memberships, Coupon Book or Gym Fees apply.

Maple Grove Community Center - \$5 (R), \$6 (NR)

Wednesday 7:30 – 10:00 p.m. Saturday 7:00 – 9:00 a.m.

Saturday 7:00 – 9:00 a.m.

Sunday 6:00 – 8:00 p.m.

Maple Grove Middle School, Community Gyms - \$5

Tuesday, Thursday, Friday: 7:00 a.m. – Noon

Monday, Wednesday: 7:00 – 9:00 a.m. & 11:30 a.m. – 2:30 p.m.

PICKLEBALL FEE OPTIONS

Annual Membership includes both Community Center & MG Middle School Community Gyms - \$185 resident, \$205 NR Coupon Books (Community Center & MG Middle School Community Gyms) - \$45 for 10 pass coupon book Daily Entry - \$5 - \$6

PICKLEBALL - OUTDOORS

As soon as the weather allows pickleball will move from the MG Middle School Community Gyms to the outside courts. Group play is scheduled, but feel free to use the courts with friends and family around the scheduled play time.

Lakeview Knolls Pickleball (6 courts), 9391 Fernbrook Lane

Monday – Saturday 8:00 – 11:30 a.m.

Central Park

Novice and recreational players (basic understanding of game)

- ~ Monday, Wednesday, Friday 8:00 Noon <u>All levels</u>
 - ~ Monday & Wednesday evenings 6:00 9:30 p.m.

PICKLEBALL - INTRO LESSONS

Want to learn the very basics and get to know the game of Pickleball? Free 2-hour lessons will be given monthly as people are interested. *Register for these lessons online at no cost.*

Maple Grove Middle School Community Gym

March 13 12:30 – 2:30 p.m. Free 211320-02 April 10 12:30 – 2:30 p.m. Free 211320-03

MG WHEELERS

Bike Group

Are you a biker interested in joining in with others for a weekly group ride? Want to learn more about bike groups and how they run? This small group, "MG Wheelers" started last fall, and will start the new season off with a planning meeting, and follow with rides as soon as the weather allows. We ride on Thursday mornings, approximately 10 – 15 miles; starting with the shorter routes and working our way up to longer rides. Meet at areas around the Twin Cities to explore new trails and make new friends. We are a fun social group, welcoming all riders. Helmets required. Call Kris for more information and to RSVP 763-494-6514.

Start-up Planning Meeting, Thursday, April 6

9:00 – 10:30 a.m. Free

BODY MECHANICS FOR IMPROVED HEALTH

Join Physical Therapy Assistant Angie Licciardi to learn about the importance of good posture. Understand what good posture is and what muscle groups are imprtant for postural integrity. Learn how to strengthen and improve your posture, and always important techniques for lifting to prevent injury. *Register for this discussion online at no cost.*

Maple Grove Community Center Wednesday, March 8

10:00 - 11:00 a.m.

Free

211320-04

EYE HEALTH: DRY EYES

Join Jordan Keith, OD, FAAO of Eye
Care Center in Maple Grove as he discusses
this common ailment. "Dry eye is one of the
most common eye diseases that frustrates many
people yet it often goes undiagnosed and untreated.
Chronically red, burning, itchy, irritated, watering eyes
are not normal. This seminar will review the symptoms
of dry eye, what causes it, how it is diagnosed and the
various treatments aimed at improving eye comfort and
appearance." Register for this discussion online at no
cost.

Thursday, March 23

10:00 - 11:00 a.m.

Free

211320-05

HEARING SCREENING

Hearing Health Clinic - Osseo will provide a Hearing Screening (Touchscreen). All participants will receive an emailed copy of their hearing screening. At the screening, clinic staff can look at your hearing devices and do some onsite cleaning of aids. The screening participants are eligible for a FREE 15 minute consultation with a Doctor of Audiology at the Osseo office if requested. Call Kris at 763-494-6514 to schedule an appointment. Maple Grove Community Center

First Tuesday monthly, by appointment

10:00 a.m. - 12:00 noon

HAPPY FEET FOOT CARE

Well cared for feet will help your entire body to feel better! Happy Feet, a service of Happy Helpers, Inc., provides a quality foot care service. They specialize in routine foot care for elder and diabetic feet, and are able to meet the special needs you may have. A foot soak and massage are provided with each visit along with the care needed.

Maple Grove Community Center

Second Thursday, third Wednesday or fourth Monday of each month

9:00 a.m. – 2:00 p.m., appointments required \$34.00 per visit

Call 763-560-5136, Happy Helpers Inc. for an appointment.

Adult/55 Forward Health Related Classes Click here for registration link

SUDDEN CARDIAC ARREST: CPR & AED TRAINING

A class taught by a survivor of a Sudden Cardiac Arrest and a member of the Minnesota Sudden Cardiac Arrest Survivor Network. You will learn the difference between a heart attack and sudden cardiac arrest. Learn about Hands Only CPR, and the ease of using an AED. Hands on practice provided. Come so that you will be prepared to help your loved one, neighbor or friend should something like this happen when you are with them.

Register for this class online at no cost.

Maple Grove Community Center

Wednesday, April 12

10:00 a.m. - noon Free 211320-06

SUDOKU CLASS

This class will teach you how to become a Sudoku Master. We will begin with the fundamentals of Sudoku puzzles, then you will learn a sure-fire technique for solving them. There will be plenty of exercises and challenges and lots of one-on-one help along the way. Come, stretch your brain. Have fun. Become a Sudoku Master!

Maple Grove Community Center

Thursdays, March 9 - 30

10:00 – 11:00 a.m. \$10 (4 ses) 211301-01



HOME HEALTH & SAFETY ASSESSMENT

Did you know that ¼ of people over the age of 65 fall each year? Part of the reason for this is your physical environment – your home. Senior Community Services, HOME program can help reduce your fall risks and allow you to remain independent in your own home for longer by doing a FREE Home Health & Safety Assessment. At the end of the assessment, you will receive a report detailing practical steps you can take to reduce fall risks and make your home safer. Our handypersons are available to work with you to make any desired repairs and safety improvements. To schedule a free Assessment, call 952-746-4046 or visit www.seniorcommunity.org.



MEDICATION USE SAFETY TRAINING

MUST FOR SENIORS - A National Education Campaign for Older Adults and Caregivers

Take control of your health by understanding how physical changes with aging can impact medication. Learn about the general risks and benefits of medication therapy, the differences between prescription medicines and over the counter (non-prescription) medicines, and common medicine use problems. Be prepared when visiting the doctor! Learn ways to improve medicine use and administration safety. *Register for this discussion online at no cost.*

Maple Grove Community Center

Thursday, April 13

6:00 p.m. - 7:30 p.m. Free 211320-07

Tuesday, May 9

6:00 p.m. - 7:30 p.m. Free 211320-08

HEALTH INSURANCE HELP

Wondering about your choices with supplemental coverage? Have questions about Part D? Worried about the details in filing a claim or appeal? Do you need help through the Medicare maze? Trained volunteers will help answer these questions and more in a one on one information session. *No fee, appointment required by calling Kris at 763-494-6514 at least one week in advance.*

Maple Grove Community Center

2nd Thursday monthly, starting at 12:30 p.m.

By appointment, starting at 12:30 p.m.

NAVIGATING MEDICARE

Getting ready to retire? Do you have a family member who has Medicare coverage? Already have Medicare and just want to know what is going on with Medicare? This class is a chance for anyone to learn about Medicare. We will discuss Medicare Parts A, B and D coverages. The class is an educational opportunity and not a sales pitch; it is offered in cooperation with SCS (Senior Community Services), a non-profit agency.

Maple Grove Community Center

Thursday, March 23

6:30 – 8:30 p.m. \$10 (materials fee) 211310-01

Thursday, May 25

6:30 – 8:30 p.m. \$10 (materials fee) 211310-02

Classes, Conversations and More... Click here for registration link

HOUSEHOLD AND OUTSIDE MAINTENANCE FOR ELDERLY

Seniors, are you looking for some assistance with your household chores? H.O.M.E. is now providing services to the residents of Maple Grove. H.O.M.E. is a program that helps older adults (age 60 plus) remain independent by providing services they are unable to do for themselves. Service costs are based on a sliding contribution scale. The core staff, with a network of skilled workers and volunteers will perform painting, minor repairs, leaf raking, snow shoveling, lawn mowing, house cleaning, laundry, and grocery shopping. H.O.M.E. is a program of Senior Community Services. CALL: 952-746-4046



LEAVING A LEGACY

Join Attorney Chuck Roulet and discover how to make sure your wishes are carried out exactly as you want. Even if you have an estate plan or a living trust, new laws and often overlooked items make this a must attend workshop! You won't hear a bunch of legal mumbo-jumbo, just straight talk. You'll hear exactly the differences between a will and a trust, what probate is and how it works, planning for incapacity, taxes, long-term care planning, leaving a real legacy and still have plenty of time for individual questions and answers. Register for this discussion online at no cost.

Maple Grove Community Center

10:00 – 11:00 a.m. Thur, March 9 211320-09 Free 10:00 - 11:00 a.m. Free Mon, May 22 211320-10

SOCIAL SECURITY AND RETIRING WISELY

When should I apply for Social Security? How can I maximize my benefits? How will this affect my spouse? Will I have enough to retire? Will my retirement income last? You have a lot of questions to answer. Mistakes can be costly. We can provide the guidance you need. Please join Michelle Nisbet and Michael Coughlin, Financial Advisors, Thrivent Financial for a presentation, Social Security: Strategize to Maximize and Retire Wisely, to learn how to sort through the options to help ensure the choices you make are tailored to your needs. Register for this discussion online at no cost.

Maple Grove Community Center

Tue, April 4 6:30 - 7:30 p.m. Free 211320-11 Tue, May 2 6:30 - 7:30 p.m. Free 211320-12

LIGHTING LAMPS IN THE EVENING

The Search for Purpose and the Gifts of Growing Old

Who am I now that I am no longer what I used to be when I was younger? What is my sense of purpose and what gives me meaning now that I'm growing old, and out of the so-called "mainstreams" of life? Aging is more than addressing concerns of health and finance. Many struggle with questions of usefulness, being productive and doing something that still interests and excites them. "Lighting Lamps" is a short video that feature the thoughts and real-life experiences of seniors who have faced this critical challenge and discovered their own divergent answers to meaningful living as they've aged. Come enjoy the video and facilitated conversation as you discover your own path through aging. Register for this video and discussion online at no cost. **Maple Grove Community Center**

Monday, April 17

10:00 - 11:30 a.m. Free 211320-13

WILL YOU RUN OUT OF MONEY IN **RETIREMENT? ARE YOU SURE?**

How to get the most from Social Security, including the new benefits. Discover how to avoid running out of money during retirement. Presented by Industry Leader, Jim Bear. There is no charge for this Baby Boomers and Seniors only event, for those who are retired or planning retirement. It's your money & your life, so it's your personal responsibility to get the information you need to make the right choices. Find out little-known Social Security strategies that may benefit you, including some that expired in 2016. Learn how to take advantage of the new rules that began in May 2016. When you attend, you receive a complimentary copy of The Social Security Decisions, a helpful guide that reveals how to increase your Social Security benefits (a lot of people already have) ... how to get a lump sum Social Security payoff ... how you may be cheating yourself out of your Social Security benefits ... and more.

*http://www.ssa.gov/retire2/withdrawal.htm This is provided for informational purposes only and is not intended to provide specific tax or legal advice or serve as the basis for any financial decisions. Be sure to speak with qualified professionals before making any decisions about your personal situation. Jim Bear is an Investment Advisor Representative. Investment Advisory Services are offered through Global Financial Private Capital LLC, an SEC Registered Investment Advisor.

Register for this discussion online at no cost.

Maple Grove Community Center

Tues, March 21 6:00-7:00 p.m. 211320-14 Free 211320-15 Tues, May 2 6:00-7:00 p.m. Free Tues, June 6 6:00-7:00 p.m. Free 211320-16



Classes, Conversations and More... Click here for registration link

FREE TAX PREPARATION AND eFILING AARP Foundation Tax-Aide

For taxpayers with low- and middle-income, with special attention to those age 60 and older. Items to bring when you have your taxes done: last year's tax returns, Social Security cards or comparable documentation for all taxpayers and dependents, photo ID, all income statements (including: W-2's, 1099's (Pension and Distributions from IRA's), SSA-1099 (Social Security received in 2016), 1099-INT (Interest received in 2016), 1099-DIV (Dividends received in 2016), Statement of Unemployment compensation received, Any other INCOME information), Mortgage interest paid in 2016, Real Estate taxes paid in 2016 or Hennepin County 2016 Property Tax Statement, Certificate of Rent Paid in 2016, Hennepin County 2016 Property Tax Statement (not available until March 2017), A check with your name printed on it for direct deposit/debit of any refund/balance due. Used only to verify routing and account information. NOTE: No advance registration is taken. A sign up list is started at 9:00 a.m. each Wednesday for that day's appointments. Please call Kris at 763-494-6514 for more information.

Wednesdays, February 5 – April 12 10:00 a.m. – 2:00 p.m.



MAKE UP BOOT CAMP FOR WOMEN 40 AND BETTER

When is the last time you updated your make-up and beauty regime? Has your skin changed over time? What about your hair color? Join this boot camp to update your look with tips and techniques for ageless beauty. Learn about a variety of products; some may be completely new to you, application, and the latest trends in makeup and skin care. Julie Sherman is a makeup artist with 20 years of experience. Now is the time to put a little sparkle in your life! No products or services will be sold!

Maple Grove Community Center

Tuesday, April 4

7:00 – 9:00 p.m. \$29 211309-01



HOW TO PLAN THE PERFECT MOVE

Whether you're thinking about selling your home this spring or next fall, now's the time to get thinking about one of your biggest investment and what it means for your future. Planning Your Move will bring in three experts to teach you about getting your home ready to sell. Hear from local realtor, GRI Renee Miller of Keller Williams Classic Realty. She'll touch on understanding home values, timing your move, market statistics and how realtors market your home. A home inspector will share tips on what to expect from a home inspection and how to prepare for it. Finally what to do with all of your treasures as you downsize and how to prepare for the physical move are important steps to consider as well. Cathy Matrejeck from Changing Lifestyle Solutions, a move management company will share her expertise to round out your day. Guaranteed to get you inspired and organized for your next steps.

Maple Grove Community Center

Thursday, April 27

10:00 a.m. - Noon

211311-01

LIFE TRANSITIONS & DOWNSIZING

\$5

Are you planning to retire or move to a smaller home? Have you recently lost a loved one? Do you want less stuff in your life? Come learn how to downsize your things in the midst of emotional situations. Go from stuck and overwhelmed to hopeful and confident. Gain the tools you need to reclaim your space. Topics include "How will I know when I'm ready?", "What feelings might arise?" and "How do I do it my way?" Marcie Spears is an Organizing Angel. She specializes in helping clients to downsize after the death of a loved one or a significant life transition. She understands that it's not about the things; it's about the emotions, memories and personal relationships represented by the things. Join with Marcie and declutter your life. Learn more at www.marcieSpears.com. Register for this discussion online at no cost.

Saturday, April 22

10:00 - 11:30 a.m.

Free

211320-17

Classes, Conversations and More.. Click here for registration link

MN HISTORICAL SERIES

Examination of Certain Minnesota Historical Events A Seminar Series by Dan Hartman continued

Join Dan Hartman a historian who has taught a number of college classes in the area as well as classes for Community Education, Senior Centers and assisted living complexes in the Twin Cities Area. Dan has a topic list on a variety of history topics. This session we focus on Minnesota history. Each seminar is made up of a lecture with a picture presentation.

Maple Grove Community Center



The White Pine Fires

A number of great fires in Minnesota and Wisconsin were caused by the logging of the white pine. The Peshtigo Fire in 1871 was a firestorm that caused the most deaths by fire in United States history. The story of the Hinckley Fire in 1894 is a tragic saga of destruction, terror, courage, heroism and death. The Baudette Fire was a large wildfire that burned over 300,000 acres in Lake of the Woods County. The Virginia Fire almost wiped out the city in 1900. The Cloquet/Moose Lake Fire was a massive fire that was the worst natural disaster in Minnesota history.

Tuesday, March 14

10:00 - 12:00 p.m. \$10 111318-04



Minnesota Iron Range

The Minnesota Iron Range refers to a number of elongated ironore mining districts around Lake Superior. The iron ranges are not mountain chains, but outcrops of Precambrian sedimentary formations containing high percentages of iron. Natural ores and concentrates were produced from 1848 until the mid-1950s, when taconites and jaspers were concentrated and pelletized to become the major source of iron production.

Tuesday, May 16

10:00 - 12:00 p.m. \$10 111318-05

GREAT DECISIONS

This program, co-sponsored by the Minnesota International Center, will bring world topics to discover and discuss right here in Maple Grove. Hear all the hot topics of the time, from local events to world dilemmas, there is much to learn from instructors and conversation with your neighbors. Each session will include a speaker or program to help us learn additional information and then time to discuss that which we have learned. Each topic will

be covered in a single lesson. Register for any that interest you. There is a \$8.00 fee per session to help cover the cost of the speakers. Topic books are available for purchase, if desired, for an additional fee. (See Kris Orluck for the topic books.) **Maple Grove Community Center**



Trade and Politics

The U.S. political mood toward trade has gone sour. One need look no further than the 2016 presidential contest for the popular narrative: trade means that China wins, at America's expense. But do the numbers support that conclusion? The metrics used to gauge economic strength—Gross Domestic Product and balance of trade - have not kept up with the realities of modern manufacturing. Obtaining an accurate picture of U.S. economic stature requires a critique of those numbers. Only then can the U.S. develop appropriate policy solutions for the challenges at hand.

Wednesday, March 15

9:30 - 11:30 a.m. \$8

Conflict in the South China Sea

The South China Sea is a focus of competing territorial claims, and China its most vocal claimant. Beijing's interest has intensified disputes with other countries in the region in recent years, especially since China has increased its naval presence. Despite rising international pressure, including an unfavorable ruling by the International Tribunal for the Law of the Sea, China staunchly defends its policies in the region. Preventing tensions from boiling over is a matter of careful diplomacy.

Wednesday, April 19

9:30 - 11:30 a.m.

\$8

211305-02

211305-01

Saudi Arabia in Transition

As Saudi Arabia struggles to adjust to the drastic decline in oil revenue, Deputy Crown Prince Mohammad bin Salman attempts to boldly transform the country and shift more power to the younger generation. At the same time, many countries such as the U.S. point out the lack of democracy, women's rights and human rights in Saudi Arabia, and blame its promotion of Wahhabism, an extremely conservative version of Islam, for creating jihadists. Bipartisan criticism of Saudi Arabia is rising in Congress. Both countries need each other, but they are at a crossroads in bilateral relations.

Wednesday, May 17

9:30 - 11:30 a.m.

\$8

211305-03

Classes, Conversations, Movies and More... Click here for registration link



Join us for this quarterly gathering. Enjoy coffee and cupcakes while listening to a special guest relate his/her story of a life-changing situation or useful and enlightening topics of interest to you!

Container Gardening Tips

Spring is in the air! Lynde Nursery will be here to give you tips on container gardening. This is the perfect time of year to start thinking about those beautiful flowers and flourishing gardens! Carolyn Yernberg will give you hints about what to do and what not to do with your container garden. Be sure not to miss this wonderful presentation from Lynde Greenhouse and Nursery. Register for this discussion online at no cost by **April 3**. Maple Grove Community Center

Wednesday, April 12

1:00 - 2:30 p.m.

Free

211320-18

Movies

FREE MOVIES, BEVERAGES & POPCORN

Free movies are held at the Arbor Lakes Senior Living, 12001 80th Ave N. The theater is located in the far right corner of the main lobby. Questions may be directed to Kris, 763-494-6514 or Brenda, 763-494-6499. Show times are 9:30 a.m. or 12:30 p.m. Seating is limited to 25 per time slot; call monthly once the Newsletter is out.

Mondays, April 10 & 24 and May 8 & 22

AARP 55 ALIVE DRIVER SAFETY COURSE

This is the nation's first curriculum designed specifically for mature drivers to review important safety tips. Taught by trained volunteers, you will learn and review tips and tactics for safe driving on our ever busy roads. Upon completion of the course, persons may apply for a 10% discount on their auto insurance. All registration accepted immediately. The course fee is \$17

for AARP members and \$22 for non-members.

Included in this cost are the AARP materials and a \$2 facility fee. Must present your membership card at registration for the discount! Electronic registration is not available for this program. Checks, cash or credit card accepted at the time of registration. Checks should be written to MGPR.

NOT available for Internet registration!

Maple Grove Community Center

8 Hour Driver Safety Course: This 2 session class is for those who have never taken a course.

Saturday, May 20

9:00 a.m. – 5:00 p.m. \$17/\$22 211701-01

4 Hour Refresher Course: This class is for those who have taken the 8-hour course and whose eligibility for a 3-year auto insurance discount is expiring.

Wednesday, March 15

5:30 p. m. - 9:30 p.m. \$17/\$22 111701-04

Wednesday, April 26

12:30 p.m. - 4:30 p.m. \$17/\$22 211701-02

Wednesday, May 17

9:00 a.m. - 12:00 noon \$17/\$22 211701-03



MHSRC DRIVING CLASSES

This course is taught by MN Hwy Safety Center certified instructors. The class will explore the latest in vehicle technology, changes in laws and review defensive driving principles. The classroom-style sessions are available in an eight hour course or a four hour refresher course. Minnesota state law allows a 10% reduction on auto insurance premiums each year for three years to individuals completing the course. To register, visit the MN Hwy Safety Center website at www.mnsafetycenter.org or call 1-888-234-1294. The instructor will collect fees during class. **The 8 hour class fee is \$26**; **4 hour class fee is \$22**.

Maple Grove Community Center

<u>8 Hour Driver Safety Course:</u> This class is for those who have never taken a defensive driving course.

Tuesday & Wednesday, April 17 & 18

5:30 - 9:30 p.m.

<u>4-Hour Refresher Course</u> - This class is for those who have taken the 8-hour course and eligibility for a 3-year auto insurance discount is expiring.

Thursday, March 9 5:30 - 9:30 p.m.
Thursday, March 21 8:30 a.m. - 12:30 p.m.
Monday, April 3 12:30 - 4:30 p.m.
Thursday, April 20 8:30 a.m. - 12:30 p.m.
Tuesday, May 4 12:30 - 4:30 p.m.
Monday, May 9 5:30 - 9:30 p.m.
Tuesday, May 22 8:30 a.m. - 12:30 p.m.

COMPUTER EDUCATION

on Windows 10 systems!

Thanks to the Maple Grove Lion's Club! Because of their generous donation, we have great computers with tourch screen monitors and Windows 10 technology! Would you like to learn new computer skills? The Maple Grove Computer Learning Center offers courses to adults who want to use computers for fun and profit. Our volunteer instructors and coaches pace classroom and individualized instruction to learners' needs. Learning Center volunteers provide additional support and time to practice new skills during open lab every Wednesday from 11:30 to 2:00. We use Microsoft Windows 10, Office 365, Adobe Family Tree Maker and Photoshop Elements software. Class fees include instruction materials and a flash drive with your work and files for home use. Call Kris 763-494-6514 with questions. The following classes are offered at Maple Grove Community Center, Sr. Computer Lab.

INTRODUCTION TO COMPUTERS & MICROSOFT OFFICE 2013

This course is intended for beginner level users or the novice who wants to learn the concepts of a computer and get hands-on experience. Learn about word processing, spreadsheet, database and e-mail and Internet applications. There are eight $2\frac{1}{2}$ hour weekly lessons using Microsoft Office. *Proficiency with the mouse is necessary for this class*.

Mondays, April 3 - May 22

9:00 - 11:30 a.m. \$60 (8 ses) 211401-01

WINDOWS 10 OPERATING SYSTEM & FILE MANAGEMENT

Have you ventured into Windows 10? Thinking about making the change, or purchasing a new computer with this operating system? Need to understand apps, what the tiled desktop does, how to make your computer look and work the way you want it to? Customize your computer using Windows options for shortcuts, icons, taskbar, program menu, start menu and the desktop arrangement. Learn to use Windows Explorer to find, save, move, copy and delete files and folders. Also learn to rename files, back-up files, use system restore and do basic preventative maintenance on the computer. **Prerequisite**: *Introduction to Computers or comparable experience*.

Thursdays, April 6 - May 25

1:00 - 3:00 p.m. \$60 (8 ses) 211401-02

Fridays, April 7 – May 26

9:00 - 11:00 a.m. \$60 (8 ses) 211401-03

MICROSOFT EDGE ON WINDOWS 10

Explore the new features of the web browser Microsoft Edge for Windows 10. Features such as Cordana (a virtual assistant), Reading View, Web Note and Importing Bookmarks. Some other topics covered are: How to locate websites of interest to adults, create and organize favorites, view and delete browsing history, use tabs and short cuts to browse more efficiently. Also included are how to copy and paste web addresses, change your home page, add other search engines, download pictures from the Internet and print selected information.

Thursdays, April 6 - 20

9:00 – 11:30 a.m. \$25 (4 ses) 211401-04

GOOGLE CHROME

Search the internet the fast and easy way with Google Chrome's free web browser. Google Chrome works on the personal computers, Mac computers and mobile devices. Using Google Chrome on a personal computer, you will search the Internet using voice recognition, create and organize bookmarks into folders, do tab browsing, set the homepage, view your history and learn about the privacy features in Google Chrome. Other features covered are creating a Google account, setting up the account, and sync your bookmarks to your other computers and mobile devices.

Tuesdays, April 4 & 11

9:00 – 11:30 a.m. \$15 (2 ses) 211401-05

G-MAIL

G-mail is a popular web-based email service provided by Google that works on personal computers, Mac computers and most mobile devices. Working on a personal computer learn how to compose, send and respond to emails, then explore G-mail's features for managing your email. Some of the features covered are setting up a G-mail account, sending attachments, forwarding, creating contacts, setting privacy rules, organizing email, creating an e-mail signature and creating web and email links.

Tuesdays, April 18 & 25

9:00 – 11:30 a.m. \$15 (2 ses) 211401-06

GENEALOGY & FAMILY TREE MAKER

Come learn the program Family Tree Maker, and how it can help you study your own roots. Spend time understanding research sites and techniques, and then apply your knowledge to the fabulous organization provided by Family Tree Maker! This class will give you the resources to search for your ancestors and create a family file, ancestor chart, descendant chart and more. If you have always wanted to get started with the search on your family or are currently involved in a search and would like a great format to put it in, here is the class for you! **Prerequisite**: *Introduction to Computers or comparable experience*.

Wednesdays, April 5 - May 24

9:00 – 11:30 a.m. \$60 (8 ses) 211401-07

FACEBOOK

Wondering what all the conversation is about? Just starting or wanting to learn how to do more with your Facebook account? We will cover starting a Facebook account, security measures to take, settings and notifications, finding friends, posting comments, adding pictures, creating an event and inviting family.

Thursday, April 27

9:00 – 11:30 a.m. \$10 (1 ses) 211401-08

Thursday, May 4

9:00 – 11:30 a.m. \$10 (1 ses) 211401-09

All classes, trips and programs are planned for seniors' participation, but are open to any adult interested. Call Kris Orluck at 763-494-6514 with any questions.

EXCEL SPREADSHEETS, MICROSOFT OFFICE 2013

Spreadsheets provide you with a variety of tools; Create mailing labels, maintain your household budget, track your investments, keep your checkbook, create an itemized list of your possessions. These and so many more reasons are why you want to learn Excel. This class will help you understand formulas, creating sequences and worksheets, format cells, design a spreadsheet and more! **Prerequisite**: Introduction to Computers, or equivalent experience.

Maple Grove Community Center, Computer Lab

Mondays, April 3 - May 22

1:00 – 3:30 p.m. \$60 (8 ses)

211401-10

PHOTOSHOP ELEMENTS

Step-by-step, learn the basics of PhotoShop Elements software (Version 13). Transfer photos to the classroom computer from your own digital camera or a flash drive. Tag, move, organize, find, and improve selected photos. Experience the satisfaction of learning how to straighten and crop, repair damaged and faded photos, move an object from one photo to another, and create a high-quality print. Our on-screen demos, clear instructions, and knowledgeable coaches provide the support you need. This course is challenging. Expect to practice the lessons on your home computer. **Prerequisite**: Fun with Graphics or previous photo-editing experience.

Maple Grove Community Center, Computer Lab

Tuesdays, April 4 - May 23

1:00 - 4:00 p.m.

\$60 (8 ses)

211401-11



FUN WITH GRAPHICS

Learn to use the many capabilities of the surprisingly powerful PrintArtist software, (Version 24 or 25). If you don't own PrintArtist, you will want to purchase the low cost software prior to class to have the full class experience. Learn with our on-screen demonstrations of computer graphics techniques, our step-by-step instructions and volunteer coaches. Every week get a printed lesson for learning in the computer lab and on your home computer. Enjoy the experience of designing personalized greeting cards, labels, business cards, bookmarks, and album pages. Use a fast, touchscreen computer and a color laser printer for a professional finish to your graphic creations. **Prerequisite**: Introduction to Using Your Computer, a basic understanding of computer files management and accuracy in using a mouse.

Maple Grove Community Center, Computer Lab

Fridays, April 7 - May 26

1:00 – 3:30 p.m. \$60 (8 ses)

211401-12

OPEN LAB ON COMPUTERS

Maple Grove Community Center, Senior Center Wednesdays 11:30 – 2:00 p.m.

There is no fee for current students, but pre-registration is required by calling Kris at 763-494-6514.

APPLE iPAD WORKSHOP

If you are new to iPad and the Apple world of technology with little to no experience and over the age of 55, this workshop is perfect for you! Basic overview of the iPad and usage along with many of its setting, accessories, icons, apps, commands and controls will be the highlight of the class. You will become extremely comfortable using your iPad once you complete this great workshop where you'll soon be browsing the web, comfortable with security, privacy, passcodes, email and maybe even time for some fun apps such as photo editing. Class taught by "Raythecomputerguy".

Maple Grove Community Center

Mondays, April 3 - 17

1:00 – 3:00 p.m. \$90 (3 ses) 211402-01

Mondays, May 1 - 15

1:00 – 3:00 p.m. \$90 (3 ses) 211402-02

INTERNET AND CYBER SECURITY

Among all the computer use concerns in the world, "Systems and Cyber Security" is one of the most important concerns people have. Understanding computer security can truly help you better safeguard your valuable technology data and devices you use. Our Internet and Cyber Security class is performed in the workshop, hands-on practice format to help you learn the tricks to keep safe and secure; thus saving you potential high repair expenses, or at least minimize the risk. We learn and compare different security software available in the market today, tips and warnings signs that can alert you about potential cyber-attack, how to handle and avoid online scams, solicitors, security threats and phone calls that sync unknown callers to your computer causing you harm. You also learn how to ensure your security essentials are in place to better protect your online banking, health, family communications and data sharing. Class taught by "Raythecomputerguy".

Friday, May 5

1:00 – 3:00 p.m. \$25 211402-03

SMART PHONES

This workshop is for people with little to no experience and over the age of 50 who are challenged with working with their smartphones. The class will cover most common cellphone options including texting, calls, voice messages and security management. Many of the cellphone settings, accessories, icons, apps, commands and controls will be among the highlighted points. You will become extremely comfortable using your cellphone once you complete this workshop where you'll soon be handle with confidence your calls, messages, and texts, browse the web, email, and launch many fun apps like GPS, mail, music, news, weather and Google search. You will learn how to connect or remove Wi-Fi networks, print and access cloud technology. If time permits, we learn about secure access to bank, credit card and health accounts. Class taught by "Raythecomputerguy".

Maple Grove Community Center

Fridays, April 7 - 21

12:00 – 2:00 p.m. \$90 (3 ses) 211402-04

Craft, Game & Card Clubs

New look for registration for these Craft, Game and Card Clubs! Log in to webtrac.maplegrovemn.gov and click on the link on the front page.

DUPLICATE BRIDGE

Challenge your mind and improve your bridge skill level! This stimulating game of duplicate is played on Tuesdays at the Community Center. You must bring a partner! Only full tables play. Call Kris, 763-494-6514 if you need a partner.

Maple Grove Community Center

Tuesdays weekly

12:00 - 3:30 p.m. \$10 (yearly) Duplicate Bridge Card Club

SOCIAL BRIDGE

Here is an opportunity for all of you bridge players to get together and enjoy the game. This is an intermediate Party Bridge game, meeting weekly. Volunteers lead the meeting every week. You're sure to make new friends and perfect your bridge skills. No partners needed to attend this game! A prize fee of 50¢ is collected at each meeting.

Maple Grove Community Center

Wednesdays weekly

12:30 - 3:30 p.m. \$10 (yearly) Social Bridge Card Club

ACBL SANCTIONED DUPLICATE BRIDGE

This game will be run by Scott Smith, allowing opportunity for you to receive master points. For more information or if you need a partner, contact Scott at 612-845-8090. **\$6.00 paid weekly at the game to the director.** Wireless scoring and hand records.

Maple Grove Community Center

Thursdays weekly

12:00 – 3:30 p.m. \$6.00 (weekly-pay the Game Director)

HAND AND FOOT

Join in playing this fun and challenging game. Hand and Foot is a North American game related to Canasta, in which each player is dealt two sets of cards – the **hand**, which is played first, and the **foot**, which is played when the hand has been used up. Come and join the group meeting each week.

Maple Grove Community Center

Tuesdays weekly

9:00 – noon \$10 (yearly) Hand & Foot Card Club

500 CARD CLUB

Bauers, No Trump, Nula and Slam are some of the terms you'll hear on Thursday afternoons. If you enjoy 500, here is your chance to find area friends and master the always exciting game of 500. No partners needed. This is an open game, and we will make partners and tables as you arrive. A 50¢ prize fee will be collected at the start of each game date. Arrive early, game starts officially at 1:00!

Maple Grove Community Center

Thursdays weekly

1:00 - 3:30 p.m. \$10 (yearly) 500 Card Club

EUCHRE

We have a new group of Euchre players. Are you a Euchre enthusiast? Want to play with a group on a regular basis? Join in the fun on Wednesday mornings.

Maple Grove Community Center

Wednesdays weekly, starting January 4

9:30 – 11:30 a.m. \$10 (yearly) Euchre Card Club

PINOCHLE

Want a night out of the house to socialize and play cards? Join this Pinochle group playing weekly. If you love to play Pinochle, come join this fun group.

Maple Grove Community Center

Tuesdays weekly

6:30 – 9:30 p.m. \$10 (yearly) Pinochle Card Club

CRIBBAGE

Calling all Cribbage players, join in the fun1 We'll make teams and games as people arrive.

Maple Grove Community Center

Mondays weekly

1:00 – 4:00 p.m. \$10 (yearly) Cribbage Game Club

SCRABBLE

Get those cobwebs out of your head. Use the vocabulary skills you rarely get to challenge yourself with. Join in this informal "come when available" game among friends that meets every Friday afternoon. Feel free to join in a game when you find yourself looking for a fun encounter on Friday. Beginners are welcome!

Maple Grove Community Center

Fridays weekly

1:00 – 3:30 p.m. \$10 (yearly) Scrabble Game Club

MAH JONG

Born in China, hugely popular in the USA in the 1920's, Mah Jong is back and more fun than ever. Blending elements of rummy and dominos, it's lively, addictive entertainment for family and friends. We welcome you to join in the fun. Come learn the game or join with other skilled players.

Maple Grove Community Center

Thursdays weekly

9:00 – noon \$10 (yearly) Mah Jong Game Club

DOMINO'S MEXICAN TRAIN

Come and learn this simple game played with double twelve dominos. It is easy, fun, entertaining and a great way to socialize. Whether you know how to play or are new to "Mexican Train", you will have a great time!

Maple Grove Community Center

Tuesdays weekly

1:00 – 4:00 p.m. \$10 (yearly) Dominos Game Club

Craft, Game & Card Clubs

FREE MONTHLY BINGO

Join us the first Friday monthly for a fabulous hour of BINGO hosted by Northridge Health and Rehab and the Residence at North Ridge. They are teaming up to bring you an hour of fun and great prizes. Grand prize for cover-all which include gift cards to local businesses. This is a free event for everyone 55+. No need to sign up, just come to the Community Center ready to play.

Maple Grove Community Center

First Friday monthly 11:00 a.m. FREE

BINGO

Twice a month come into the Community Center for a round of bingo. We play a variety of games; Crazy T, X, Layer Cake, Railroad Tracks, 9 Patch, Postage Stamps, etc. All will be explained and displayed as we play each different game. (Winner chooses the game.) Play 10 games for an afternoon of fun! No registration required, games start 1:00 sharp, so arrive early to choose your cards.

Maple Grove Community Center

2nd & 4th Friday monthly 1:00 p.m. \$1 per card for 10 games (all proceeds returned to the players)

BOOKS, BOOKS, BOOKS!

Energize your reading, with new and different book selections followed by stimulating discussions! This ongoing book club is a continuous program (meeting monthly); reading and discussing a variety of books. Books will be selected from the Book Kits offered by the Hennepin County Library System. These kits provide a number of books and questions for discussion. Join us to learn more about the books, or call Kris for the current read.

Maple Grove Community Center

1st Wednesday of every month

9:30 – 11:30 a.m. \$10 (yearly) Book Club

COMPUTER USERS GROUP

Ask Ray, The Computer Guy

Join in this group conversation. Bring your questions or problems. Have ideas or topics to explore? Ray is here to help! Ray is a Computer Science graduate from the U of M and retired from the State of Minnesota and is serving the public through his technology knowledge. Ray has knowledge in PC and Mac and he wants you to have peace of mind around your computer. Check him out at www.raythecomputerguy.com. Free, no RSVP required.

Maple Grove Community Center

1st Monday monthly

9:00 – 11:00 a.m. Free

ANYTHING GOES CRAFTERS

Whether you knit, crochet, cross stitch, scrapbook, quilt... you are invited to join this informal group! Pull together your supplies and come weekly to share ideas, learn new skills, laugh and enjoy the company while you "work"!

Maple Grove Community Center

Wednesday weekly

9:00 a.m. – Noon \$10 (yearly) Crafters Club

COLOR ME HAPPY

Join in this ongoing coloring group, meeting monthly to share lessons learned, ideas, supply tips and have a fun social time. Bring your suppplies or use ours; just come and join in the fun. Beginners welcome!

Maple Grove Community Center Fourth Monday monthly 9:30 – 11:30 a.m. Free

THE KNITTING GRANDMAS AND FRIENDS

We are currently making newborn hats for babies at Maple Grove Hospital (400+/month). We are looking for additional experienced knitters to join our efforts. The hats are knit with double pointed or circular needles, (sz 4). There is a sample pattern available to pick up at the Community Center. Simply Soft yarn is recommended; the hat pattern was written for that brand of yarn. If you are interested, please pick up a pattern, knit it and come to one of our meetings. We have knit and donated nearly 30,000 hats since the hospital opened in December of 2009. The hats require about 2.5 – 4 hours to knit. The Knitting Grandmas are a wonderful group of people; come and join us. Call Kris 763-494-6514 with questions.

Maple Grove Community Center

Mondays weekly, 10:00 a.m. - 12:00 noon



TIME TO QUILT TOGETHER

Share idea patterns, conversation and a passion for quilting! Whether you are working on hand piecing, or a machine, or if you are making a placemat or a king size quilt, this informal group allows you to gather the 1st and 3rd Wednesday monthly to work on projects. This group works on their own projects and also makes lap-sized quilts for North Memorial Hospice. So if you are a novice or an accomplished quilter, you are welcome to come and share your time and visit with other quilters. Minimal instruction is available. Bring your own sewing machine (if needed) and project.

Maple Grove Community Center
1st & 3rd Wednesday each month

9:30 – 4:00 p.m. \$10 (yearly) Quilting Club

WOODCARVING

Any level of woodcarver is invited to join this group! The purpose of this group is to share ideas and techniques while having fun! If you want to learn, a woodcarver will work on a select project with you, starting with a blank chunk of wood that you will shape into a finished product. Bring your project and woodcarving tools!

Maple Grove Community Center

Tuesdays weekly

12:30 – 3:00 p.m. \$10 (yearly) Woodcarving Club

Artistic Opportunities

Click here for registration link

OIL PAINTING

Spend an afternoon each week learning a new art skill! Complete an oil painting in just four sessions. No prior experience is necessary. You will be proud of the beautiful picture you create. Frame it for yourself or give it as a special gift. The paintings may be viewed at the Maple Grove Community Center, room 112. Supply list on request, or purchase all supplies to complete the picture from the instructor for \$15.00 (cash). Instructor, Dianne Swanson. Registration deadline one week prior to class start date.

Maple Grove Community Center

Waterfall in Glacier Park

Thursdays, March 2 - 23

1:00 – 3:30 p.m. \$40 (4 ses) 111501-05

Como Park Conservatory Adventure

Wednesdays, April 5 - 26

1:00 – 3:30 p.m. \$40 (4 ses) 211501-01 6:00 – 8:30 p.m. \$40 (4 ses) 211501-02

<u>It's Spring, Let's Do Flowers</u>

Wednesdays, May 3 - 24

1:00 – 3:30 p.m. \$40 (4 ses) 211501-03 6:00 – 8:30 p.m. \$40 (4 ses) 211501-04

BEGINNING WATERCOLOR

See peace and tranquility through this medium. Watercolor is both delicate and dynamic. Explore the basics of this painting technique that can travel anywhere you go. Complete one or mot paintings each week. Learn to paint trees, water, clouds and rocks. Purchase supply kit from the instructor for \$50.00 (cash). Instructor, Dianne Swenson. Registration deadline one week prior to class.

Maple Grove Community Center

Mondays, April 3 - May 1

6:00 – 8:30 p.m. \$50 (5 ses) 211506-01 1:00 – 3:30 p.m. \$50 (5 ses) 211506-02



STUDIO ARTS

Need help with your painting, drawing or other medium? Express yourself and share and learn ideas from your peers. This is the class for the person with some art experience who wants to move beyond a step by step approach to art. In other words, "do your own thing", but have help when needed. The instructor will help you on perfecting technique, composition, problem solving perspective and other elements. Bring your own supplies and start a new project or finish those projects you've tucked away! Registration deadline one week prior to class.

Maple Grove Community Center

Tuesdays, March 14 – April 11

9:30 – 12:00 p.m. \$45 (5 ses) 111503-03

Tuesdays, April 18 – May 16

9:30 – 12:00 p.m. \$45 (5 ses) 211503-01

Tuesdays, May 23 – June 27

9:30 – 12:00 p.m. \$45 (5 ses) 211503-02

TEA ON THE TERRACE

Join us for this monthly gathering. We enjoy tea and treats including fresh fruit, scones, desserts and candies. Relax on the patio overlooking the Town Green Park (weather permitting) or move inside as needed for more comfort. A casual, conversational and entertaining afternoon! Register for these get togethers by the Monday prior to the date of the tea.

Maple Grove Community Center

April 17 1:00 – 2:30 p.m. \$6 211304-01 May 15 1:00 – 2:30 p.m. \$6 211304-02



Food & Fellowship

A time to gather at the Senior Center for a monthly meal, served on the 3rd Thursday each month. Come for a meal and stay for the company and entertainment; or even after that for card games. The cost of the meal is determined by the menu and entertainment costs.

LUNCH - Gather 11:30, Lunch 12:00, Entertainment follows DINNER - Gather 4:30 pm, Dinner 5:00 pm, Entertainment follows **Maple Grove Community Center, Banquet Room**

Thursday, April 20 - Spring Fling with CODA

Come dine with us for a delicious lunch of turkey or ham croissant sandwiches with the Lookout's signature salad and chips, finish with a scrumptious raspberry bar for dessert, all catered by the Lookout. CODA, a saxophone/keyboard duet consisting of Scott Dorff and Malcolm Anderson will bring spring back today! CODA's music has touched the lives of thousands of people. They continue to compose and arrange music weekly, striving to keep each performance both uplifting and entertaining for you! This popular local duo is always a hit! Be sure to join us for this Spring Fling with CODA! Last day to register April 17.

\$11 per person 11:30 am **April Luncheon**

Thursday, June 15 - Happy Valley Boys

Sit back, relax and enjoy a cheeseburger with the fixings and kettle chips. An alternate of a seasoned chicken breast is available by request only. Dan and Art will perform a variety of old music. Their passion is Scandinavian as well as American popular music from "The Great American Songbook"...World War 2 era. Art will play his fiddle and the accordion while Dan completes the show with his banjo and guitar! So prepare yourselves for some good ole Scandinavian polkas and waltzes, along with those American standards and that touch of Bluegrass gospel. This artistic musical team will wow you with their renditions of oldies! Last day to register is June 12.

\$11 per person

11:30 am

June Luncheon



Thursday, May 18 - Hi Tones (DINNER)

A Salisbury steak meal with mashed potatoes and gravy and cooked carrots will start the evening off right! Then, please welcome the wonderful group Hi Tones to entertain you with this engaging, energetic, funny, awesome duo The Hi Tones! Elliot and Scott will bring you back to the 50's and 60's with hits like; Good Night Irene, Bye Bye Love, Blue Suede Shoes and more music that is 100% recognizable! So let's talk Elvis and Ricky Nelson and other teen idols of that era! Oh yes, listen for Johnny Cash and Willie Nelson for the country fans, as well as sing-a-longs, and possibly a Name That Tune contest! Don't miss this fun and lively show! Last day to register or cancel is May 15.

\$11 per person 4:30 p.m.

May Dinner

Adult Trips

ADULT TRIPS

Trip Registration & Cancellation Policy

Trip registration is accepted by Internet, at the Community Center or through the mail-in process. Participants may cancel trips with refund prior to the registration deadline date (a \$5.00 processing fee is charged). If you need to cancel after the registration deadline, a refund will be given only if your spot can be filled from the waiting list. If Maple Grove Parks and Recreation cancels a trip, a full refund check will be sent.



Bus transportation leaves from the Community Center Ice Arena entrance at the time listed. Return times for all trips are approximations and may be adjusted due to weather, traffic or scheduling conflicts.

Trip registrations must be made individually with each person's name, phone, etc. Sorry, we cannot offer group registrations!

All trip registration accepted immediately!



WABASHA
Enjoy a spring trip down "the river." We start the tours at Lark
Toys, where, for over a quarter of a center, they have offered
remarkable toys, most notably hand ade heirloom wooden toys.
Lark is one of the largest family of the and operated specialty
toy stores in the country. After the periencing the nostalgia of toys,
we go to Beth's Café acros the river in Nelson for a home cooked
meal. Enjoy your choice of a hot roast beef dinner, baked chicken
dinner or chicken dumenting source with a home soled sandwich. dinner or chicken dumpling soup with a ham salad sandwich. After lunch, we head back across the river to the National Eagle Center. In the wir ter/spring months, hundreds of bald eagles migrate to this area to find open water on the Mississippi River near Waba na. We will learn more about eagles in the Upper Mississippi River Valley and get great views of bald eagles and bald eagle nests along the river on a guided tour with expert naturalists. (Dress for the weather and bring binoculars, spotting scopes and cameras if desired.) The final stop is the Chocolate Escape where you will discover delicious old-fashioned chocolate treats, handmade candy and ice cream. Join us! Last day to register or cancel, February 27. *This trip was advertised in the previous brochure, so spots are limited!

Wednesday, March 15

8:30 a.m. - 6:00 p.m.

111801-07

\$57



STEPPING OUT & ITALIAN DIVNER

Phipps Theatre

We start at the Phipps Theatre where we see "Stepping Out".

The story of Mavis, a former profession dancer, who tries her hardest to teach a bumbling, loveated group of misfits to tap dance. Through their classes, they come to realize it's not about success or failure; it's about having the courage and going the distance. A fun-filled, entrationing show. We end our evening with dinner at Mama Maya's in Hudson. Here you will have your choice of Tortellin con Pesto e Portobello (cheese tortellini with Portobello my phrooms in pesto cream sauce) spaghetti & meatballs (spaghetti and meat sauce), Fettuccini Alfredo con Pollo (alfredo with chicken) or Cannelloni Classico (pasta rolled around pork, spin ch, cheese baked and topped with tomato meat sauce).

All dinners include salad, rolls and dessert. Last day to register or cancel, February 22. *Advertised in the previous brochure, so don't delay!

Sunday, March 26 12:30 – 7:30 p.m.

\$69

111801-09



THREE MUSKETEERS

Theatre in the Round

A tale of heroism, treachery and above all, honor. In 1625, d'Artagnan sets off for Paris accompanied by his sister Sabine, posing as his young male servant. They encounter the great heroes and famous musketeers - Athos, Porthos and Aramis - and join forces to defend the Queen against the most dangerous man in all of Europe, Cardinal Richelieu. "Ken Ludwig's new version of the story simply refreshes it, distilling its energy and strengthening its timeless appeal", The Guardian. Last day to register or cancel, March 10.

Sunday, April 2

1:00 – 5:00 p.m. \$30 111801-10



WIFE BEGINS AT 40

Daytrippers Theatre in Bloomington

Start with a buffet lunch then enjoy this laugh-a-minute show. Housewife Linda fans the flames of passion with her mild-mannered, ordinary husband, George. Throw in the assistance (or hindrance) of their fun-loving neighbors Roger and Betty, along with George's live-in father Bernard, and their independent son Leonard - and you have the formula for a belly rolling good time. A comedy among grandparents, neighbors, husbands, wives and kids sure to send you home laughing. Last day to register or cancel, March 17.

Friday, April 7

11:00 a.m. – 4:30 p.m.

\$56

111801-11

TREASURE ISLAND CASINO

Try your luck, watch people, enjoy the food; the choices are yours as we head to Red Wing and Treasure Island Casino. Enjoy the matinee bingo session, play some black jack or try your luck at the slots. Upon arrival at the casino you will receive \$20 in slot play and a \$3 food coupon to be used at any of their restaurants or cafés. For the fastest and best experience please provide us with your Passport Club number. **Note**: When you register, you will be asked to provide your Passport Club number or birthdate. When you provide this information you are giving Maple Grove Parks and Recreation permission to share your name, address and birthdate (private data) with the casino. You are welcomed to sign up for the trip and decline to provide permission; however, doing so will eliminate your cash incentives. Last date to register or cancel, April 7

Wednesday, April 19

8:00 a.m. – 3:30 p.m.

\$25

211801-01

All classes, trips and programs are planned for seniors' participation, but are open to any adult interested. Call Kris Orluck at 763-494-6514 with any questions.



BARN QUILT TREASURES

Waconia area

Made for barns, not beds, barn quilts are quilt patterns painted on wooden panels that are hung on the exterior walls of barns or other agricultural buildings. Barn quilts are viewed as an opportunity to display quilt art as well as brighten rural areas while showcasing and preserving our local barns and farms. In the comfort of a coach bus, we will tour the countryside with a guide and learn local history and vignettes about the farms and barn owners and their barn quilt patterns. A delicious Italian buffet will be our lunch stop at Vandy's Grille located at the picturesque Island View golf course. Last stop of the day will be at the Deardorff Orchard and Parley Vineyard. This is day of bringing art to life in an exciting way! Last day to register or cancel, April 7.

Wednesday, April 26

9:00 a.m. – 3:00 p.m. \$47 211801-02

SWEET LAND; THE MUSICAL & ST. PAUL GRILL

History Theatre

We start our day out at the History Theater enjoying Sweetland; The Musical a poignant, lyrical celebration of land, love, and the American immigrant experience. Set in 1920, Inge Altenberg journeys to America to marry a bachelor farmer, sight unseen. But in the wake of WWI, Inge's German heritage turns her new neighbors against the match. Under cathedral skies, the determined young immigrant and her stoic farmer fight for their lives, facing their own misgivings and the harshness of an unforgiving land. A lyrical celebration of hard-won independence and a reflection of generations past, Sweet Land reminds us of who we are - and where we came from. Following the show, enjoy the setting of the St. Paul Hotel for lunch where you have your choice of: Landmark Salad (spinach & chicken plus), Black & Blue Burger, Walleye Sliders, The Grill Charlies (2 grilled medallions of beef on buns) or Chicken Pot Pie and finish the meal off with a small dessert. Last day to register or cancel, April 4.

Thursday, May 11

9:00 a.m. – 3:00 p.m. \$59 211801-03

110 IN THE SHADE

Theatre in the Round

Based on the popular play *The Rainmaker*, this simple, poignant musical features a lively score from the creators of *The Fantasticks*. Lizzie Curry struggles alongside her father and brothers to keep their cattle ranch going in drought-ridden Texas in the 1930s. But despite all of their troubles, the men's chief concern is finding a beau for the headstrong Lizzie. Then Bill Starbuck strides into town, promising to make rain for \$100 and turns the town - and Lizzie's world - upside down. Last day to register or cancel, May 5. **Sunday, May 21**

1:00 - 5:00 p.m.

\$36

211801-04



HOMESPUN GEMS IN LANESBORO

We start our day with lunch at Pedal Pushers Café in Lanesboro, with your choice of a *pork loin meal or fish and chips*. After lunch, step onto the bus with our guide to discover the Amish culture through the homestead visits. Whether you're shopping for Amish hardwood furniture, baked goods, household items, leather goods, candles, quilts or candies, you will definitely find them on this jaunt! Keep in mind that the Amish accept only cash or checks, no credit cards. After this educational ride, you will have time to shop in town, or possibly visit the winery or gift shops! We will make a quick stop at Cannon Falls McDonalds (on your own) on the way home. Be sure to join us for this enlightening and homespun day! Last day to register or cancel, May 3.

Wednesday, May 24

9:00 a.m. - 7:00 p.m.

\$52

211801-05

All classes, trips and programs are planned for seniors' participation, but are open to any adult interested. Call Kris Orluck at 763-494-6514 with any questions.



MOONLIGHT & MAGNOLIA'S

(With bus & tea option)

There are two ways to enjoy the trip today. On your own, or ride the bus! This transportation-provided option starts with a Full Tea at The Mad Hatter's in Anoka. At Mad Hatter's, we will enjoy a • delicious "Queen's Tea" including a light lunch with a scone course, savory, finger sandwich course and dessert course, including • unlimited tea. Then on to the Lyric Arts Theater in Anoka for the show. Set in 1939 when Hollywood is abuzz, legendary producer David O. Selznick has shut down production of his new epic, Gone with the Wind, because the screenplay doesn't work. So what's an • all-powerful movie mogul to do? While fending off the film's stars, • gossip columnists and his own father-in-law, Selznick sends a car • for famed screenwriter Ben Hecht and pulls formidable director Victor Fleming from the set of The Wizard of Oz. Summoning both to his office, he locks the doors, closes the shades, and on a • diet of bananas and peanuts, the three men labor over five days • to fashion a screenplay that will become the blueprint for one of the most successful and beloved films of all time. "A rip-roaring farce," says the NY Daily News of Moonlight and Magnolias. This production welcomes us as an insider to the dynamics of vintage Hollywood with hilarity and genuinely witty characters drawn • with such affection, we can't help but cheer them on. Last day to register or cancel, May 18.

Sunday, June 4

11:00 a.m. - 5:00 p.m. \$79

MOONLIGHT & MAGNOLIA'S

211801-06

(Show only option) Lyric Arts Theater

Drive yourself and meet us at Lyric Arts Theater in Anoka, 420 E. Main St, Anoka 55303. Set in 1939 when Hollywood is abuzz, • legendary producer David O. Selznick has shut down production • of his new epic, Gone with the Wind, because the screenplay doesn't work. So what's an all-powerful movie mogul to do? While fending off the film's stars, gossip columnists and his own • father-in-law, Selznick sends a car for famed screenwriter Ben Hecht and pulls formidable director Victor Fleming from the set • of The Wizard of Oz. Summoning both to his office, he locks the doors, closes the shades, and on a diet of bananas and peanuts, the three men labor over five days to fashion a screenplay that will become the blueprint for one of the most successful and beloved • films of all time. "A rip-roaring farce," says the NY Daily News of Moonlight and Magnolias. This production welcomes us as an insider to the dynamics of vintage Hollywood with hilarity and genuinely witty characters drawn with such affection, we can't • help but cheer them on. Last day to register or cancel, May 18. Provide your own transportation; 420 E. Main St, Anoka

Sunday, June 4

Meet at theater 1:30 p.m. for 2:00 show \$25 211801-07

ALIVE & KICKIN; THESE SENIORS ROCK!

Bloomington Civic Theatre

Enjoy the Rockin' Seniors age 65 - 92 years young, as they perform alongside theatre industry professionals to recreate a powerful vibe of live music, popular song and storytelling that will have you dancing in the aisles and absolutely inspired. This year's show is titled "Unsung Heroes" and will include a musical look at those who inspire and change lives, personal stories and (of course) a bit of dancing in the aisles. Last day to register or cancel, May 20. Sunday, June 11

1:00 - 5:00 p.m.

\$35

211801-08

ST. PAUL SAINTS GAME

The St. Paul Saints are heading into their 25th season and their third season at CHS Field. The ballpark is conveniently located near downtown St. Paul and is small enough to walk it all around. Known for innovative promotions and a Fun is Good attitude, the Saints have been recognized locally and nationally for their creativity and customer service. We start with a picnic dinner, include all your ball park favorites; hot dogs, brats, burgers and more. Then on to our reserved seats to enjoy the ball game and all the entertainment that the Saints are known for. There is limited cover at this stadium, so come prepared for the elements. Last day to register or cancel, May 26.

Tuesday, June 27

4:30 - 11:00 p.m.

\$50

211801-09



MOTOWN THE MUSICAL

Orpheum Theatre

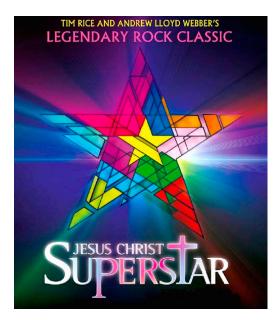
Get ready for the true American dream story of Berry Gordy's journey from featherweight boxer to heavyweight music mogul who launched the careers of Diana Ross, Michael Jackson, Smokey Robinson and many more. It began as one man's story, became everyone's music, and is now Broadway's musical. Featuring more than 40 classic hits such as "My Girl" and "Ain't No Mountain High Enough", Motown The Musical tells the story of how Barry Gordy shattered barriers, shaped our lives and made us all move to the same beat. Now, experience the record-breaking smash hit live on stage! Last day to register or cancel, May 21.

Tuesday, July 11

6:30 - 11:00 p.m.

\$58

211801-10



JESUS CHRIST SUPERSTAR

Ordway Theatre

Andrew Lloyd Weber and Tim Rice's legendary rock opera brings to life Christ's final days as a social and political rebel as seen through the eyes of Judas, who would eventually betray him. Dramatized with emotional intensity, thought-provoking edge, and explosive theatricality and propelled by a stirring score, rock musical *Jesus Christ Superstar* illuminates the transcendent power of the human spirit with a passion that goes straight to the heart. Last day to register or cancel, May 25.

Saturday, July 22, 1:00 - 5:30 p.m.

\$99 "A" Main Floor, Orchestra Seating 211801-11 \$73 "C" Back Mezzanine Seating 211801-12

WORLD TRAVEL 2017

Call Kris (763.494.6514) for information on extended trips. Trips scheduled for 2017 include:

MAGESTIC DANUBE RIVER CRUISE

9 days, October 20 - 28, 2017

This 9 day/8 night adventure from Budapest to Passau is aboard the 5-star MS Amadeus Silver II, a new ship with 84 outside rooms. This package includes 21 chef prepared meals and local wines and beer with each meal. For your enjoyment we have 7 tours: city tour of Budapest, city tour of Bratislava, city tour of Vienna, city walk of Durnstein including wine tasting, excursion to Melk Abbey, city tour of Salzburg with Salzkammergut & lunch, and an Excursion to Weltenburg Monastery. Other options are available. Imagine cruising Old World Europe in 5 star style and no daily motor coach to board! Register early, as cabin categories are limited and these popular, English speaking ships often sell out early! A Central Holidays tour.

WORLD TRAVEL 2017



PELLA TULIP FESTIVAL AND AMANA COLONIES

Join in this two night, three day tour that is sure to delight! Enjoy stops in Clear Lake at the Surf Ballroom, and at Maid-Rites for a good-old-days lunch before you arrive in Pella, lowa for your two night stay. Here you will attend the Tulip Festival, filled with sights, tastes and sounds reminiscent of Holland. Enjoy the Monlengracht (Dutch Marketplace) for shopping and the special festivities of Tulip Time. View the Volks Parade from reserved seats and enjoy the wonderful Dutch food. The following day depart for the Amana Colonies, enjoy a local guide and a family style lunch including all the German fixings at a favorite restaurant. Registration information with Kris at 763-494-6514 or Jeanne at Crosspoint Tours 612-229-5276.

May 4 – 6, 2017 \$554 per person/double occupancy

CRUISE TO CUBA

8 nights, 4 historic cities

Start with an overnight in Miami, before we head out on the Adonia, the first ship to cruise to Cuba from Miami. Travel to the Cuban port cities of Havana, Cienfuegos and Santiago de Cuba. You will have the opportunity to meet with local artists, musicians, business owners and families who make up the fabric of Cuban society. Every evening after exploring the beautiful country, the Spanish and French colonial architecture, the classic American cars, traditional Cuban music and dance, and the coastal fortresses and tall cathedrals, you'll return to the comforts of the MV Adonia. Included; 3½ days of shore excursions, with stops in Havana, Santiago de Cuba and Cienfuegos, shipboard travel between ports, Three meals a day, 7 nights in a comfortable cabin about the MV Adonia, airfare to the Miami area, and a precruise night in a Miami hotel. Registration information with Kris at 763-494-6514 or Jeanne at Crosspoint Tours 612-229-5276.

May 28 - June 4

Inside and outside cabins available. Call for pricing.

Community Center

MAPLE GROVE COMMUNITY CENTER

12951 Weaver Lake Road, Maple Grove, MN 55369

Community Center Hours:

Monday-Friday	6:00 a.m 10:00 p.m.
Saturday	8:00 a.m 10:00 p.m.
Sunday	10:00 a.m 10:00 p.m.

Community Center Holiday Hours:

Sunday, April 16, Easter......Closed

Telephone numbers

Banquet Room, Mtg Room Rentals	763-494-5969
Birthday Party Packages	763-494-5966
Group Reservations	763-494-5969
Ice Arena Dead Ice Times	763-494-5951
Ice Arena Office	763-494-5968
Ice Arena Rentals	763-494-6465
Main Number	763-494-6500
Membership Support Services	763-494-6508
Website <u>www.maplegrovecomn</u>	nunitycenter.org
Facebookfacebook.com/maplegroveco	<u>ommunitycenter</u>

All Building Daily Pass

The All Building Daily Pass allows access to the Grove Cove Aquatic Center, the Maple Maze indoor playground, gymnasium, open ice skating, and adult open hockey.

Daily Admission	Non-Resident	<u>Resident</u>
Single, under 1 free	\$10.00	\$9.00
Family	\$37.00	\$32.00
Coupon Book	Non-Resident	<u>Resident</u>
10 coupons/book-all ages	\$85.00	\$85.00

Fee Guidelines

Resident: Individual that lives or works full-time in Maple Grove. Residency will apply to immediate family members for family memberships and for family admissions only when the adult meeting the criteria is present at the time of paying the admission. The non-resident fee will be charged to additional family members. Non-resident fees will be charged when an individual cannot provide acceptable proof of residency.

Acceptable Forms of ID

- Drivers License or State ID
- ID and current pay stub from Maple Grove business

Age Criteria

- Youth Age 17 and under
- Adult Age 18-61
- Senior Age 62 and above
- Family consists of immediate family of up to two adults and their children ages 17 and under living at the same address and full-time college students ages 18-24 (with proof of full-time college status) at the same address. Multiple families living at the same residence will be charged separately at the family rate. Senior is ages 62 and older. Youth is 17 & under.

Gift Cards

Gift cards to the Community Center can be used on admissions, concessions, room rentals, memberships, etc. for any amount.

Membership Options

You can choose from an Annual Membership (payment is made by cash, check or credit card) or a Continual Membership (using the direct payment option from your checking account). To purchase a new or renew an annual membership go to www.maplegrovecommunitycenter.org. Click on Memberships, WebTrac online registration. Follow the account set up.

Online purchases for memberships are not available if you want to do the following: (you must register in person)

- If you plan on paying by check, cash or using the Direct Payment monthly option.
- If you work full-time in Maple Grove and want to receive the resident rate, bring a current pay stub from a Maple Grove business showing a Maple Grove address.
- If you want to receive the MERSC rate, bring a valid company
 ID or pay stub for proof of current employment.

Members are to present the ID each visit. If you are using a PCA, nanny or have a college student age 18-24 living at home (must show proof of full-time college status) you can add them to your Membership, but you must fill out a Special Request Form every year or they will automatically be removed from your account.

Community Center Memberships

The Community Center is the perfect place to spend time with your friends and family all year long! Select from the All Building Membership for all the recreational areas, the Pool Only membership or the Pickleball Membership. The All Building Membership allows access to the Grove Cove Aquatic Center, the Maple MAZE Indoor Playground, Gymnasium, Open Ice Skating, Adult Open Hockey, Low Test Freestyle and Dead Ice. The Pool Membership allows access to the Grove Cove Aquatic Center. The Pickleball Membership includes access to the CC Gym and MG Middle School Community Gyms during Open Pickleball only.

All Building Memberships:

	Non-Resident	Resident
	Annual / Monthly	Annual / Monthly
Youth/Senior	\$205.00 / \$17.08	\$185.00 / \$15.42
Adult	\$245.00 / \$20.42	\$205.00 / \$17.08
Family	\$500.00 / \$41.67	\$400.00 / \$33.34

Pool Annual Memberships:

	Non-Resident	Resident
	Annual / Monthly	Annual / Monthly
Youth/Senior	\$170.00 / \$14.17	\$145.00 / \$12.08
Adult	\$195.00 / \$16.25	\$170.00 / \$14.17
Family	\$400.00 / \$33.34	\$350.00 / \$29.17

Pickleball Memberships:

	Non-Resident	Resident
	Annual / Monthly	Annual / Monthly
Adults	\$205.00 / \$17.08	\$185.00 / \$15.42

Military Discount Memberships:

Military personnel need proof of service with a military ID with DD# or DD214 with photo. Military family members and retiree IDs accepted.

	Annual / Monthly
Pool Membership Adult Military	\$145.00 / \$12.08
Pool Membership Family Military	\$300.00 / \$25.00
All Building Member Adult Military	\$175.00 / \$14.58
All Building Membership Family Military	\$340.00/ \$28.34

Community Center Rentals & Groups

Room Rental Information

Room rental requests can be made by the following methods:

- ~ On-line at <u>maplegrovecommunitycenter.org</u>. Click Room Rentals, then click the link to the form.
- ~ By phone at 763-494-5969.
- ~ By fax at 763-494-6453.

The Rental Coordinator works from 8:00 am-4:30 pm, Monday-Friday. Rental requests are processed in the order received. You will be contacted within 1-2 business days.

Cancellations must be emailed and require a 30 day notice to receive a refund.

Small meeting room rental fees are due at the time of booking.

GROUPS, HOME SCHOOLS & PRIVATE RENTALS

The Community Center is available for groups, overnight and after-hours private rentals. Choose from the pool, indoor playground, gym or ice skating. The Teen Center and meeting rooms can be added. Let us customize a package that works for your group. For details call the Rental Coordinator at 763-494-5969.

Group Rates

Group rates are available for 15 or more in all areas and 10 or more in the Maple Maze indoor playground. Advance reservations are required for all groups and payment must be made with one transaction. Chaperones are free and are based on a 1:10 ratio of adult/youth.

*See Pool Supervision Policy for pool ratio.

Group Rates: single activity

Gym	\$4.25
Ice Skating	
Maple Maze, Indoor Playground	
Grove Cove Aquatic Center	

Group Rates: multiple activities

Grove Cove Aquatic Center & Maple Maze	.\$6.75
Grove Cove Aquatic Center & Gym	.\$6.75
Grove Cove Aquatic Center & Ice Skating	.\$6.75
Grove Cove Aquatic Center, Maze & Ice Skating	.\$7.75
Grove Cove Aquatic Center, Maze & Gym	.\$7.75
All Building Daily Admission	.\$8.25

Non-taxable rates available with proof of Tax Exempt status.

Private Maple Maze Rentals

Rent the Maple Maze indoor playground for your private party on Sundays from 6:15 pm - 8:15 pm or Saturdays from 8:15 pm - 10:15 pm. The fee of \$175 includes use of a room for up to 40 people for an hour.

Late Night or Overnight Rentals

Private parties are available after regular business hours. Prices will vary, but can start as low as \$350 for the Maze and lobby late night rental to a full overnight lock-in. For details call 763-494-5969.



MEETING ROOMS

From seminars and meetings to birthday parties, you'll want to schedule your next event here! The room sizes vary to accommodate 15-40 people, depending on room set up. Audiovisual equipment is available to rent.

Decorations: You may bring your own decorations. Tape/adhesives, mylar confetti and glitter are prohibited. Use of these materials may result in additional fees to be charged and invoiced.

Food/Beverage: No red beverages or alcohol are allowed in the small meeting/party rooms.

Hours Rooms are available:

Monday–Friday	6:00 a.m. – 10:00 p.m.
Saturday	8:00 a.m. – 10:00 p.m.
Sunday	1:00 p.m. – 10:00 p.m.

Fees:

(Monday-Sunday)	Non-Resident	<u>Resident</u>
Private/Business	\$35.00/hr.	\$30.00/hr.

*Add 7.275% Sales Tax

Parties or gift openings are not allowed in the open lobby areas. Staff will ask you to rent a room or store belongings in your vehicle.

Early Morning Room Special

Kick start your weekday with a great deal. Schedule a small meeting room Monday thru Friday between 6:00 a.m. - 10:00 a.m. for only \$10 an hour plus tax. This is ideal for networking groups or businesses to take care of business at a great rate. Call 763-494-6527 for availability. This offer is valid at the Community Center or Town Green Meeting Room. Rentals must be done by 10:00 a.m.

Community Center Large Area Rentals



BANQUET ROOM

The Banquet Room serves as a premier banquet and meeting facility seating up to 250 people, formal seating. The warm, attractive decor is inviting for all occasions. This room is sure to meet your needs whether it is for a wedding, anniversary, banquet, company picnic or holiday party, training seminars, conferences, and tradeshows or craft sales. Quality sound and audiovisual equipment offer spectacular presentations and training. Outside, our beautifully landscaped flower garden and picturesque patio are a perfect complement to the large meeting room. Call 763-494-5969 to process a room rental request.

Hours: This room is available Monday - Thursday from 6:00 a.m. to 10:00 pm; Friday and Saturday until 1:00 a.m.; Sunday from 2:00 pm to 10:00 pm.

Table Set-Up: Tables are 5-foot rounds and can seat up to 8 people. Layout is confirmed during the reservation process.

Decorations: You are welcome to bring in your own decorations.

Food/Beverage: Renters must select from four exclusive caterers for food served at events for an additional fee: Lookout Catering, Lynde's Catering, India Spice House and Holy Land. A licensed caterer is required to serve your refreshments and meal. A portable beverage bar with pop is available. Red beverages are not allowed. Rentals are required to use the exclusive liquor provider licensed to have alcohol served at MGCC. When alcohol is served a security guard is required to be present. Call 763-494-5969 for details.

Fees:	Non-Resident	<u>Resident</u>
Private/Business Funct	ion	
Monday - Thursday	\$425.00	\$375.00
Friday, Sunday	\$475.00	\$425.00
Saturday	\$800.00	\$750.00
Kitchen	\$75.00	\$75.00
VA 1130350/ C 1 T		

*Add 7.275% Sales Tax

Non-profit rates are available with proof of Tax Exempt status for non-tax organizations.

A non-refundable payment of 50% of the rental fees is due at the time of booking. The balance of the fees and the \$300 refundable damage deposit is due 30 days prior to the rental date.

ROOM 112

An excellent room for family gatherings, end of season parties, large meetings or seminars, sample sales and much more! The room has seating for up to 80 people, features a walk out patio, a large screen for presentations. Food may be catered or brought in. Licensed caterers have access to the small kitchen facilities. Potluck events are allowed, however, renters will not have access to the kitchen per state health codes. Alcohol is allowed. Ask for guidelines and fees for liquor providers, security services and beverage bar fees.

Fees:	Non-Resident	<u>Resident</u>
Private/Business Function	on	
Mon-Sun (1-5 hours)	\$50.00/hr.	\$45.00/hr.
Fri-Sat-Sun (5+ hours)	\$280.00	\$250.00
*Add 7.275% Sales Tax	1	

Senior Center room rental fees are due at the time of booking.

A \$300 damage deposit may be required depending on the type of event. When applied, the refundable damage deposit is required 30 days prior to the rental date.

GYMNASIUM RENTAL

The Maple Grove Community Center Gymnasium has two half courts (one full) gymnasium which offers a great variety of options for your rental needs. Each half court has 3 basketball hoops and is lined for basketball, volleyball and pickleball. Hoops have adjustable heights. Half court rentals are available Tuesday evenings. Full court rentals are available Saturday evenings after 8:00 pm and Sunday evenings after 8:00 pm.

Non-Resident	<u>Resident</u>
\$55.00 per hour	\$50.00 per hour

MGCC Membership holders will receive \$10.00 off a private rental.

To check availability or make a reservation, contact the Rental Coordinator at 763-494-5969.

Community Center Gym and Maple Maze

GYMNASIUM

Daily Admission	Non-Resident	<u>Resident</u>
Tots-Parents free with Tot	* \$3.50	\$3.00
Single	\$6.00	\$5.00
Home School **	\$3.00	\$3.00
Coupon Book	\$45.00	\$45.00

10 coupons/book-all ages

Everyone 9 and older MUST register to use the gym. All gym users must pay for and wear a wristband. The gymnasium schedule has specific times for drop-in basketball. Monthly schedules list gym closures; large group use, tot time and resident open gym times.

A zero tolerance policy is enforced.

Registration: The gym registration is free of charge. Each patron is required to fill out a registration form and show a photo ID with an address. A digital picture is taken to confirm a person's identity and residency each visit.

Be Prepared: Bring accurate information of the patron's name, address, current home telephone number, and date of birth. Falsifying information is an automatic expulsion from MGCC property indefinitely. Youth under age 16 are required to have a parent present to sign the registration form and provide proof of residency for each youth registering. Youth 16-17 with a valid driver's license or MN ID card can register without a parent being present. The gym registration form will not be allowed to be sent home for signatures or to have the parent come at a later date. Age 9 and older need to sign the form to confirm their understanding of the gym rules. Residents and non-residents of all ages are required to present an acceptable form of ID.

Residency as referred to on the gym schedule is defined as people who live in Maple Grove or have full-time employment in Maple Grove.

Acceptable forms of ID to register:

- Drivers license with current address.
- Non-residents working full time in Maple Grove must bring a current pay stub and drivers license.
- MN ID with photo and current address.
- State ID and utility billing in the patron's name.

Each Gym Visit & Admissions

Patrons must provide their home telephone number or individual barcode. Membership holders must scan their ID's at the gym desk. All patrons must wear a wristband.

Gym Schedules

Monthly gym schedules are available in racks near the customer service desks or on our website at

www.maplegrovecommunitycenter.org

MAPLE MAZE INDOOR PLAYGROUND

It's an AMAZING fun time for children ages 12 and under. Start on the first level by climbing the rock wall, hopping on the pogo stick or enter the tree house and climb to the second level. Multiple routes bring more to discover in the jungle of MAZE. Four slides entice children to keep crawling back up to discover new routes to slide down, long tubes to push through and Hoover rings to crawl over. A special toddler area is available for children ages three and under. Toddlers are able to crawl into the lion's mouth and back down a slide to venture on to the molded alligator, hippo and more. Activity panels keep the young minds intrigued and active.

Hours of Operation

Monday – Saturday 9:00 a.m. – 8:00 p.m. Sundays 10:00 a.m. – 6:00 p.m.

Daily Admission	Non-Resident	<u>Resident</u>
Youth ages 1-12	\$6.00	\$5.00
Toddlers under age one	Free	Free
Socks	\$3.00/pair	\$3.00/pair
Coupon Book	Non-Resident	<u>Resident</u>
10 Coupons/all ages	\$45.00	\$45.00

Specials

Twilight Special

Pay \$3.00 to play in the Maple MAZE anytime after 7:00 p.m. Monday – Saturday and after 5:00 p.m. on Sunday.

Daycare Provider Rate

Home Licensed Daycare Providers receive a discounted rate of \$4.00 per child when purchasing 9 or less Maze admissions. Ten or more Maze admissions will be at the group rate of \$4.25 per child. Daycare Providers must present a current copy of their daycare license and a driver's license. Offer not valid on school release days and during the summer.

Indoor Playground Rules

- The Indoor Playground is supervised during anticipated HIGH VOLUME USE only.
- · Wristband must be worn.
- Socks must be worn.
- Children 8 years & under must be accompanied by an adult.
- · No food or beverages in the playground.
- The toddler area is restricted to children 3 and under.
- Groups visiting the Indoor Playground with reservations are posted.

Private Maple Maze Rentals

Rent the Maple Maze indoor playground for your private party on Sundays from 6:15-8:15 p.m. or Saturdays from 8:15-10:15 p.m. The fee of \$175 includes use of a room for up to 40 people for an hour. Contact Rental Coordinator at 763-494-6527 for availability.

^{*}Parents are free during scheduled tot time only.

^{**}Home School rate during designated times only.

Community Center Birthday Party Packages

BIRTHDAY PARTY PACKAGES

Celebrate your child's birthday or bring a group of children to party at the Community Center! Submit request online at

maplegrovecommunitycenter.org, Room Rentals or call the Birthday Party Hot Line at 763-494-5966. Leave your name, address, phone number, the package, a preferred date and the estimated number who

will attend the party. Your call will



Calls are returned at various hours during the day.

Basic Package

The cost is \$110 for up to 10 youth, including the birthday person. The birthday boy/girl can choose one or two activities- playtime in the Grove Cove Aquatic Center pools, the Maple MAZE Indoor Playground or ice-skating. Skating is available most Fridays 7:15 - 8:45 pm and Saturdays & Sundays 1:00 pm - 2:30 pm. Parties include a private decorated party room for 90 minutes, a t-shirt for the birthday boy/girl, paper products (cups, plates, sporks and napkins) and beverages (pop or juice boxes). Place settings for two adults are included. Planning is a breeze when you let us help with scheduling the party. \$5.00 per additional child. Call the Birthday Party Hotline at 763-494-5966 today!

Princess Party

Come celebrate your birthday in royal style at the Community Center. Be a princess for the day! The cost is \$140.00 for up to 10 youth including the birthday princess and \$5.00 for each additional child. Place settings for two adults are also included. The princess and her royal court are able to choose up to two activities - swimming at the Grove Cove Aquatic Center Pools, the Maple Maze indoor playground or ice skating. Ice skating is available most Fridays 7:15-8:45 pm and Saturdays & Sundays 1:00-2:30 pm. Parties include a private party room for 90 minutes, decorated in the princess theme, pink and purple paper products (cups, plates, sporks and napkins) and beverages (soda or juice boxes). You will also receive a royal 5" pink and purple colored cake and ten cupcakes, tiaras or crowns for everyone and a T-shirt for the guest of honor. Call the birthday party hotline at 763-494-5966 to reserve.

Super Hero Party

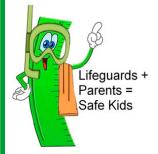
Let your child be a super hero for the day! The private party room is decorated in favorite super hero cutouts and decor to set the stage for a super fun birthday! The cost is \$140 for up to 10 children including the guest of honor and \$5 for each additional child. The super hero can choose up to two activities: swimming at the Grove Cove Aquatic Center Pools, the Maple MAZE Indoor Playground or ice skating. Ice skating is available most Fridays 7:15 - 8:45 pm and Saturdays & Sundays from 1:00 - 2:30 pm. Your party includes a decorated private room for 90 minutes, paper products (cups, plates, sporks and napkins) and beverages (soda or juice boxes). You will also receive a 5" blue and green colored cake with ten cupcakes, super hero masks and a T-shirt for the guest of honor. Call the Birthday Party hotline at 763-494-5966 to make your reservation!

See Teen Center Birthday celebrations on page 32!

POOL SUPERVISION POLICY!

All children under 42" tall must have an adult in the water within arms reach to use the Grove Cove Aquatic Center Pools. One adult may be responsible for supervising up to 3 children under 42".

LIFEGUARDS + PARENTS = SAFE KIDS!





Reservation Information

Packages are offered Friday, Saturday and Sundays. A minimum of ten guests (youth) is required and pays the base rate. Additional quests can be added for a group up to 30 people. Rates per guest are dependent upon the package selected. A minimum of one adult must accompany youth.

The Birthday Party Package base fee is due at the time of booking. The amount due for the Basic Party rate is \$110.00 and the Princess and Superhero Party rates are \$140.00. The remaining balance is due the day of the party. This includes additional children, food, additional beverages, etc.

Cancellations must be received by email a minimum of 30 days prior to the date of the party to receive a full refund. Payment will be forfeited without a written cancellation. No checks will be accepted.

Additional options that can be added to any package

- \$3.50 per person for a hot dog and chips.
- \$12.00 per one topping pizza. Select from cheese, pepperoni or sausage pizza. Additional toppings are \$1.50 per topping. Must place pizza order during the reservation process.
- \$5.00 for extra paper supplies for up to 15 adults.
- \$5.00 per pitcher of pop.
- \$5.00 per adult to swim.
- \$3.00 per adult for ice skating & \$3.00 for skate rental.
- \$20.00 for a 10" white or chocolate cake.
- \$18.00 for a buddy cake (10 cupcakes & 5" personal cake).
- \$23.00 half sheet cake.
- \$8.00 t-shirt.
- \$30/hour & tax for Residents and \$35/hour & tax for Non-Residents for additional room time.

*Add 7.275% Sales Tax

Private Maple Maze Rentals

Rent the Maple Maze indoor playground for your private party on Sundays from 6:15 pm - 8:15 pm or Saturdays from 8:15 pm - 10:15 pm. The fee of \$175 includes use of a room for up to 40 people for an hour. Call 763-494-6527 for availability.

Maple Grove Ice Arena

ICE ARENA

The Ice Arena offers great opportunities to get together with family and friends. Open skating, adult open hockey, low test freestyle skating are available at scheduled times. Open skating schedules are updated monthly and made available at the ice arena office and customer service desks.

Pick up an hour of ice time to skate with friends, family or coworkers. Call 763-494-6465 to schedule ice time.

Daily Admission	Non-Resident	<u>Resident</u>
Weekend/Evening Open Ska	ate \$6.00	\$5.00
Weekday Open Skate*	\$3.00	\$3.00
*Not valid during school r	release days.	
(Youth 4 and under are fre	ee)	
Adult Open Hockey	\$7.00	\$7.00
Low Test Freestyle	\$7.00	\$7.00
Dead Ice	\$7.00	\$7.00
Coupon Book Open Skate	\$45.00	\$45.00
	10 coupons/b	ook-all ages
Skating Services		
Skate Rentals	\$3.00 per pair	
(sizes youth 8 to adult 12)		
Skate Sharpening	\$4.50 per pair	

All Building Membership offers year round access to open skating, adult open hockey, Low Test Freestyle and Dead Ice.

Dead Ice Hotline

What is Dead Ice? Dead Ice is a block of time that has not been reserved by anyone. No Dead Ice is available on weekends. Skaters may use the ice until the next reserved hour. Admission is \$7.00 per skater. For more information call 763-494-5951.

Ice Rental Rates

Prime Time Ice (Sept May)	\$210.00/hour + tax
Mon - Fri	2:00 p.m 10:00 p.m.
Sat & Sun	6:00 a.m 10:00 p.m.
Non-Prime Time Ice (SeptMay)	\$165.00/hour + tax
Mon - Fri	10:01 p.m 1:59 p.m.
Sat - Sun	10:01 p.m 5:59 a.m.



Weekday Open Skate

Weekend Open Skate

Fridays Saturdays	·
Sundays	·
Sunday, April 16, Easter	·

Youth ages 4 and under are free. Adult supervision is required.

Adult Open Hockey

Sundays	11:15 a.m. –	12:45 p.m.
Fridays	11:30 a.m. –	1:00 p.m.
Helmets and shin pads are required.	Skaters must be	18 years or
older.		

Low Test Freestyle

Sundays.......9:30 a.m. – 11:00 a.m.

For exclusion dates please see the monthly schedule available online at www.maplegrovecommunitycenter.org or call the ice arena office at 763-494-5968.

School Vacation and Release Days Open Skate

\$5.00 resident & \$6.00 non-resident.

Youth ages 4 and under are free. Adult supervision is required.

Fuidan Falaman, 17	11.20 1.00
Friday, February 17	1 1:30 a.m. – 1:00 p.m.
Friday, March 10	11:30 a.m. – 1:00 p.m.
Monday, March 27	11:30 a.m. – 1:00 p.m.
Tuesday, March 28	11:30 a.m. – 1:00 p.m.
Wednesday, March 29	11:30 a.m. – 1:00 p.m.
Thursday, March 30	11:30 a.m. – 1:00 p.m.
Friday, March 31	11:30 a.m. – 1:00 p.m.
Friday, April 14	11:30 a.m. – 1:00 p.m.
Monday, April 24	11:30 a.m 1:00 p.m.

Senior Open Skate (ages 50 and older)

Tuesdays & Thursdays9:00 a.m. – 10:00 a.m. *No Charge*

Open Skate Specials

Friday, February 10......7:15 p.m. - 8:45 p.m. **Skate in Red** - Anyone dressed in red and couples receive a 50% discount on admission.

Friday, March 17......7:15 p.m. - 8:45 p.m. *Lucky Leprechauns a Skating* - Dress in green for a 50% discount on admission.

Friday, April 14......7:15 p.m. - 8:45 p.m. **Celebrate the Minnesota Twins** - Baseball fans and twin siblings receive double the fun this evening. Bring 2 cans of nonperishable food or wear Minnesota Twins apparel to receive a \$2.00 discount on admission. Twin siblings skate free!

Ice Arena Concession Stand

Thanks to OMGHA for providing volunteers and quality services with a friendly smile. Stop in for a cup of hot coffee, hot dog, cookies, french fries and more items at the lower level concession stand.

Community Center Aquatic Center



Admission fee to the <u>Grove Cove</u> provides access to the lap and leisure pools, offering activities for the entire family. The indoor leisure pool features a zero-depth beach area, water spray activities, a 130-foot waterslide and a tot slide. The lap pool features 25-yard lap lanes, a climbing wall and a rope swing that drops into 12.5 feet of water. The outdoor pool features a lazy river, tumble buckets, log walk and water sprays. Pool schedule is listed on page 66. Patrons under the age of 1 are free with a paying adult.

Daily Admission	Non-Resident	<u>Residen</u> t
Single - under 1 free	\$8.00	\$7.00
Family	\$30.00	\$26.00

Coupon BookNon-ResidentResident10 coupons/book-all ages\$65.00\$65.00

Hours of Operation

Pool schedules list hours for open swim, waterslide, rope swing and hours the pools are closed for instructional programs. Lap swim hours are updated weekly. Pool schedules are available at the customer service desks or on our website at www.maplegrovemn.gov/community-center/swimming-pools.

POOL SUPERVISION POLICY!

All children under 42" tall must have an adult in the water within arms reach to use the Grove Cove Aquatic Center Pools. One adult may be responsible for supervising up to 3 children under 42".

LIFEGUARDS + PARENTS = SAFE KIDS!



Group Rates

Group rates are available for 15 or more swimmers at \$5.75 per person. A two-week advance reservation is required and you must pay with one transaction. Groups are scheduled Thursdays and Fridays during the school year from 10:00 a.m. – 12:00 p.m., or after hours any night of the week. Groups may be scheduled after noon on weekends and District #279 no school days. A minimum of 50 swimmers is required to make the water slide, rope swing & climbing wall available. Call 763-494-5969 to schedule your group now

Please bring your lifejackets and diving masks to the pool office to be checked before using!

SPECIAL EVENTS AND FAMILY FUN

Friday Family Fundays

Join us for Friday Family Fundays at the Grove Cove! You will find admission discounts, concession specials, flotation fun and even fabulous prize drawings!

<u>Daily admission for Friday Family Fundays</u> is \$6.00/individual or \$22.00/family for ALL visitors. Prices are good every Friday.

Concession specials will be offered all day, every Friday!



Flotation Fun!

During designated times, the lap pool will have fun floatation items available for you to play with! All persons using the lap pool during this time must be capable of swimming in deep water unassisted, and may be tested by a lifeguard. Please DO NOT bring your own flotation! We will provide everything you need for a fabulous float time!

Flotation Fun is available on Fridays from 7:00 - 8:00 p.m., and Saturdays and Sundays from 3:00 - 4:00 p.m.

The climbing wall, rope swing and volleyball net/basketball hoops will not be available during float times.

Age Limit

Patrons with children age 4 and older must use the same-sex lockerroom or the family changing rooms.

Pool Rules

- US Coast Guard approved lifejackets are allowed if there is an adult in the water within arms reach. Lifejackets may not be worn on the rope swing, climbing wall, waterslides (except the tot slide) or during lap swim or flotation fun. Lifejackets may <u>not</u> be inflatable. No other flotation devices are allowed, including water wings, noodles, kickboards, tubes and air mattresses, unless approved by the Supervisor on Duty in the case of a therapeutic, instructional or exercise program or a special need.
- Parents are <u>required</u> to be in the water with all children under 42" tall.
- Swim diapers are required for all non-trained swimmers, and are available to purchase at the lower level customer service desk.
- Small toys, diving rings, and beach balls are allowed if used in a safe manner and do not endanger other swimmers. Footballs, baseballs, tennis balls, hockey pucks and other hard objects are not allowed.
- No diving in any of the pools.
- No diving masks with glass lenses are allowed in the pool.
- No glass, street shoes, food or beverages in the pool area.
- No refunds are issued for pool closure due to defecation, vomit, weather, or other unforeseen situations.

THE GROVE COVE AQUATIC CENTER SPRING SCHEDULE

Come in and join the fun at the Grove Cove Aquatic Center pools! There are activities and features for the entire family. The Leisure Pool features a zero-depth beach area and water spray activities including a teacup, water curtain, umbrella jet water geysers and a bubble bench. This pool also includes a twisting 130-foot long waterslide that empties into 3½ feet of warm water. The Lap Pool features 25-yard lap lanes, a volleyball net, a climbing wall, and a rope swing that drops into 12½ feet of water.

LEISURE POOL SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 am	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Pool Closed	Pool Closed
7:00 am	6:00am-8:00am	6:00am-9:00am	6:00am-8:00am	6:00am-9:00am	6:00am-8:00am		
8:00 am	Arthritis / Open		Sr Swim / Open		Arthritis / Open	Lessons / Open	
9:00 am	Lessons / Open	Arthritis / Open	Lessons / Open	Arthritis / Open	Open Swim	8:00am-12:00 pm	
10:00 am	9:15am-12:40pm	Lessons / Open	9:15am-12:40pm	Open Swim	(Groups may use		Open Swim
11:00 am		9:15am-12:40pm		(Groups may use	Pools from 10am-		10:00am-12:00pm
12:00 pm				Pools from 10am-	12pm. Pools will be	Open Swim with	Open Swim with
1:00 pm	Sr Swim / Open	Open Swim	Sr Swim / Open	12pm. Pools will be	open to Public)	Waterslide	Waterslide
2:00 pm	Open Swim	12:30pm-3:45pm	Open Swim	open to Public)		12:00pm-8:00pm	12:00pm-6:00pm
3:00 pm	Lessons / Open	Lessons / Open	Lessons / Open	Lessons / Open			
4:00 pm	3:40pm-6:30 pm	3:40pm-6:30 pm	3:40pm-6:30 pm	3:40pm-6:30 pm			
5:00 pm					Open Swim with		
6:00 pm	Open Swim with	Open Swim with	Open Swim with	Open Swim with	Waterslide		Pool Closed
7:00 pm	Waterslide	Waterslide	Waterslide	Waterslide	5:00pm-9:00 pm		
8:00 pm	6:30pm-9:00 pm	6:30pm-9:00 pm	6:30pm-9:00 pm	6:30pm-9:00 pm		Pool Closed	

<u>NOTE</u>: The Leisure Pool will remain open to the Public during swim lessons and classes. We ask that open swim patrons please be respectful of classes. Instructional equipment is for class use only. <u>PLEASE NOTE</u>: The water spray features may be turned OFF during classes! On dates when lessons or classes are not in session, the entire Leisure Pool will be available for Open Swim.

LAP POOL SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Pool Closed	Pool Closed
7:00 am	6:00am-9:15am	6:00am-8:00am	6:00am-9:00am	6:00am-8:00am	6:00am-9:00am		
8:00 am		Sr Swim Fitness		Sr Swim Fitness		LTF Aerobics	
9:00 am	LTF Aerobics	Lap Swim &	LTF Aerobics	Lap & Lessons	LTF Aerobics	Lap Swim &	
10:00 am	9:15am-10:30am	Lessons	Lap Swim &	Groups***	Groups***	Lessons	Lap Swim
11:00 am	Lap & Lessons	9:00am-12:40pm	Lessons	10:00am-12:00pm	10:00am-12:00pm	9:00am-12:00pm	10:00am-1:00pm
12:00 pm	10:30am-12:40pm		10:00am-12:40pm	Lap Swim	Lap Swim	Lap Swim	
1:00 pm	Lap Swim	Lap Swim	Lap Swim	12:00pm-3:40pm	12:00pm-5:00pm	Open Swim with	Open Swim with
2:00 pm	12:40-3:40pm	12:40pm-3:40pm	12:40pm-3:40pm			*Rope Swing /	*Rope Swing /
3:00 pm						Climbing Wall	Climbing Wall
4:00 pm	Lap & Lessons	Lap & Lessons	Lap & Lessons	Lap & Lessons		1:00pm-8:00pm	1:00pm-6:00pm
5:00 pm	3:40-6:00 pm	3:40-6:00 pm	3:40-6:00 pm	3:40-6:00 pm	Open Swim with	(Flotation Fun 3-4p)	(Flotation Fun 3-4p)
6:00 pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	*Rope Swing /		Pool Closed
7:00 pm	MGPR Aerobics	LTF Aerobics	MGPR Aerobics	6:00-9:00pm	Climbing Wall		
8:00 pm	Lap Swim	Lap Swim	Tri Training/Lap		(Flotation Fun7-8p)	Pool Closed	

<u>NOTE</u>: At least one Lap Lane will remain open during afternoon swim lessons, and at least three Lap Lanes will remain open during Saturday morning swim lessons. The Lap Pool will NOT be available during Aerobics classes! On dates when lessons or classes are not in session, the Lap Pool will be open for Lap Swim. ***On Thursday and Friday mornings, when NO GROUPS are scheduled, all Lap Lanes will be available for Lap Swim. Weekly Lap Swim schedules are available at the Customer Service desks or in the literature racks located around the Community Center.

The Pools Will Have Special Hours on the Following Dates due to Holidays or District #279 No School Days:

Friday	2/17/17	Rope Swing/Climbing Wall open 1:00-5:00pm and 7:00-9:00pm. Waterslide open 12:00–9:00pm.
Monday	2/20/17	Rope Swing/Climbing Wall open 1:00-5:00pm. Waterslide open 12:00pm – 9:00pm.
Friday	3/10/17	Rope Swing/Climbing Wall open 1:00-5:00pm and 7:00-9:00pm. Waterslide open 12:00–9:00pm.
Monday-Thursday	3/27/17-3/30/17	Rope Swing/Climbing Wall open 1:00-5:00pm. Waterslide open 12:00pm – 9:00pm.
Friday	3/31/17	Rope Swing/Climbing Wall open 1:00-5:00pm and 7:00-9:00pm. Waterslide open 12:00–9:00pm.
Friday	4/14/17	Rope Swing/Climbing Wall open 1:00-5:00pm and 7:00-9:00pm. Waterslide open 12:00–9:00pm.
Sunday	4/16/17	COMMUNITY CENTER & POOLS CLOSED
Monday	4/24/17	Rope Swing/Climbing Wall open 1:00-5:00pm. Waterslide open 12:00pm – 9:00pm.
Saturday	5/20/17	POOLS OPEN AT 11:00 AM, DUE TO STAFF IN-SERVICE TRAINING.
Saturday-Sunday	5/27/17-5/28/17	Outdoor Pool open from 10:00 am – 6:00 pm. Indoor Pools open regular hours.
Monday	5/29/17	ALL Pools open 10:00 am-6:00 pm. Rope Swing/Climbing Wall 1:00-5:00pm. Waterslide 12:00- 6:00pm.
Saturday-Sunday	6/3/17-6/4/17	Outdoor Pool open from 10:00 am – 6:00 pm. Indoor Pools open regular hours.
Friday	6/9/17	Outdoor Pool opens and Regular Summer Schedule begins. Watch for more info in Summer Brochure!

^{*}During these times, the Rope Swing and Climbing Wall will be open on an alternating basis as determined by staff on duty.



RED CROSS CERTIFICATION

Maple Grove Middle School 7000 Hemlock Lane North

Maple Grove Community Center 12951 Weaver Lake Road

Miscellaneous: **Lessons missed by students will not be made up.** You can purchase a cap for \$2.00 and goggles for \$6.00 from the Pool Supervisor.

The American Red Cross offers six comprehensive course levels that teach anyone 18 months through adult to be safe in, on and around water. The prerequisite for each level is the successful demonstration of the skills from the preceding level, except for Level 1, which has no prerequisite. Each level of Learn to Swim includes training in basic water safety and helping a swimmer in distress, in addition to swim skills. Exit skills are a combination of skills learned. Instructors will be checking skills the first day of class to confirm that swimmers are placed in the appropriate class. If you have any questions or concerns, contact Adrienne Vassar, 763-494-6493.

SESSIONS

- 01. Maple Grove Community Center Mondays, April 10-May 22 (ex Apr 24), DAY & AFTER SCHOOL 6 lessons
- 02. Maple Grove Middle School Mondays, April 10-May 22 (ex Apr 24), EVENINGS 6 lessons
- 03. Maple Grove Community Center Tuesdays, April 11-May 23, DAY 7 lessons
- 04. Maple Grove Community Center Wednesdays, April 12-May 24, DAY & AFTER SCHOOL 7 lessons
- 05. Maple Grove Middle School Wednesdays, April 12-May 24, EVENINGS 7 lessons
- 06. Maple Grove Community Center Saturdays, April 8-May 13, DAY 6 lessons
- 07. Maple Grove Community Center Tues & Thurs, April 11-27, AFTER SCHOOL 6 lessons
- 08. Maple Grove Community Center Tues & Thurs, May 9-25, AFTER SCHOOL 6 lessons

Parent/Child - 30 Minute Classes

Ages 18 months - 5 years with adult. Adult and child are in the water together. Skills learned include ~ Submerging mouth, nose and eyes in water. ~ Floating on front and back. ~ Entering and exiting the water. ~ Glide on front and back with support. ~ Begin leg and arm movement.

Skill Level	Time	Cost	Location	Date	Code	Sess
Parent/Child	9:50-10:20 am 6-6:30 pm	\$76	Comm Center	Mon, April 10 – May 22 (ex Apr 24) DAY & AFT SCHOOL	212101-01 212101-02	01
Parent/Child	6:45-7:15 pm	\$76	MG Mid School	Mon, April 10 – May 22 (ex Apr 24) EVENINGS	212101-03	02
Parent/Child	10:25-10:55 am	\$88	Comm Center	Tue, April 11 – May 23 DAY	212101-04	03
Parent/Child	10:25-10:55 am 6-6:30 pm	\$88	Comm Center	Wed, April 12 – May 24 DAY & AFT SCHOOL	212101-05 212101-06	04
Parent/Child	6:45-7:15 pm	\$88	MG Mid School	Wed, April 12 – May 24 EVENINGS	212101-07	05
Parent/Child	10:20–10:50 am	\$76	Comm Center	Sat, April 8 – May 13 DAY	212101-08	06
Parent/Child	6-6:30 pm	\$76	Comm Center	Tue & Thur, April 11 – 27 AFT SCHOOL	212101-09	07
Parent/Child	6-6:30 pm	\$76	Comm Center	Tue & Thur, May 9 – 25 AFT SCHOOL	212101-10	08



Age 3 without parent - 30 Minute Classes

Designed for cautious swimmers. Skills learned include ~ Submerge face in the water. ~ Glide on front and back with support. ~ Begin arm stroke and kicks. If your child shows he or she is not ready to be without a parent, you and your child may join the Parent/Child class. Ratio is 3:1.

Skill Level	Time	Cost	Location	Date	Code	Sess
Age 3 w/o parent	9:50-10:20 am 10:25-10:55 am 4:50-5:20 pm 6-6:30 pm	\$76	Comm Center	Mon, April 10 – May 22 (ex Apr 24) DAY & AFT SCHOOL	212102-01 212102-02 212102-03 212102-04	01
Age 3 w/o parent	9:50-10:20 am 10:25-10:55 am	\$88	Comm Center	Tue, April 11 – May 23 DAY	212102-05 212102-06	03
Age 3 w/o parent	9:50-10:20 am 10:25-10:55 am 4:50-5:20 pm 6-6:30 pm	\$88	Comm Center	Wed, April 12 – May 24 DAY & AFT SCHOOL	212102-07 212102-08 212102-09 212102-10	04
Age 3 w/o parent	10:20–10:50 am 11:30-noon	\$76	Comm Center	Sat, April 8 – May 13 DAY	212102-11 212102-12	06
Age 3 w/o parent	6-6:30 pm	\$76	Comm Center	Tue & Thur, April 11 – 27 AFT SCHOOL	212102-13	07
Age 3 w/o parent	6-6:30 pm	\$76	Comm Center	Tue & Thur, May 9 – 25 AFT SCHOOL	212102-14	08

Ages 4-5 without parent - 30 Minute Classes

Designed for swimmers who are comfortable in the water. Skills learned include ~ Float independently. ~ Glide on front and back, roll over and float for 5 seconds with support. ~ Combine arm and leg action on front and back with support. ~ Enter and exit the water independently. ~ Use combined arm and leg action for 5 body lengths independently. If your child shows he or she is not ready to be without a parent, you and your child may join the Parent/Child class. Ratio is 3:1.

Skill Level	Time	Cost	Location	Date	Code	Sess
Age 4-5 w/o parent	10:25-10:55 am 11:00-11:30 am 12:10-12:40 pm 3:40-4:10 pm 4:15-4:45 pm 5:25-5:55 pm	\$76	Comm Center	Mon, April 10 – May 22 (ex Apr 24) DAY & AFT SCHOOL	212103-01 212103-02 212103-03 212103-04 212103-05 212103-06	01
Age 4-5 w/o parent	6:45-7:15 pm 7:20-7:50 pm	\$76	MG Mid School	Mon, April 10 – May 22 (ex Apr 24) EVENINGS	212103-07 212103-08	02
Age 4-5 w/o parent	9:50-10:20 am 11:00-11:30 am 12:10-12:40 pm	\$88	Comm Center	Tue, April 11 – May 23 DAY	212103-09 212103-10 212103-11	03
Age 4-5 w/o parent	9:50-10:20 am 11:00-11:30 am 12:10-12:40 pm 3:40-4:10 pm 4:15-4:45 pm 5:25-5:55 pm	\$88	Comm Center	Wed, April 12 – May 24 DAY & AFT SCHOOL	212103-12 212103-13 212103-14 212103-15 212103-16 212103-17	04
Age 4-5 w/o parent	6:45-7:15 pm 7:20-7:50 pm	\$88	MG Mid School	Wed, April 12 – May 24 EVENINGS	212103-18 212103-19	05
Age 4-5 w/o parent	9:10-9:40 am 9:45–10:15 am 10:55–11:25 am	\$76	Comm Center	Sat, April 8 – May 13 DAY	212103-20 212103-21 212103-22	06
Age 4-5 w/o parent	4:15-4:45 pm 5:25-5:55 pm	\$76	Comm Center	Tue & Thur, April 11 – 27 AFT SCHOOL	212103-23 212103-24	07
Age 4-5 w/o parent	4:15-4:45 pm 5:25-5:55 pm	\$76	Comm Center	Tue & Thur, May 9 – 25 AFT SCHOOL	212103-25 212103-26	08

Ages 6 and older - 45 Minute Classes

Classes are 45 minutes long with 1 teacher to 3 - 6 children. List swim level when prompted. <u>See below for Level selection</u>. Skills are checked the first day of lessons to confirm that swimmers are placed in the appropriate level.

<u>Level 1 - Introduction to Water Skills</u>: Designed for beginning swimmers. Skills learned include ~ Submerge entire head. ~ Glide on front and back with support. ~ Combine arm and leg action on front and back with support.

<u>Level 2 - Fundamental Aquatic Skills</u>: Skills learned include ~ Tread water. ~ Glide independently. ~ Float on front and back for 5 seconds independently. ~ Use combined arm and leg action on front and back for 5 body lengths independently.

<u>Level 3 - Stroke Development</u>: Builds on skills with practice in deeper water. Includes ~ Front crawl for 15 yards. ~ Tread in deep water for 30 seconds. ~ Swim elementary backstroke for 15 yards.

<u>Level 4 - Stroke Improvement:</u> Develops confidence and improves skills. Includes ~ Swim front crawl and elementary backstroke for 25 yards. ~ Swim breaststroke, butterfly, sidestroke and backstroke for 15 yards.

<u>Level 5 - Stroke Refinement</u>: Develops stroke refinement and endurance. Includes ~ Swim front crawl and elementary backstroke for 50 yards. ~ Swim breaststroke, butterfly, sidestroke and backstroke for 25 yards.

<u>Level 6 - Swimming and Skill Proficiency</u>: Level 6 has Fitness and Diving menu options in addition to ~ Endurance for front crawl, back crawl, breaststroke, elementary back stroke, sidestroke and butterfly and open and flip turns. ~ Swim 500 yards continuously using 3 strokes.

Skill Level	Time	Cost	Location	Date	Code	Sess
Levels 1-2	8:10-8:55 am	\$76	Comm Center	Sat, April 8 – May 13 DAY	212104-01	06
Levels 1-3	6:45-7:30 pm	\$76	MG Mid School	Mon, April 10 – May 22 (ex Apr 24) EVENINGS	212104-02	02
Levels 1-3	6:45-7:30 pm	\$88	MG Mid School	Wed, April 12 – May 24 EVENINGS	212104-03	05
Levels 1-4	5:10-5:55 pm	\$76	Comm Center	Mon, April 10 – May 22 (ex Apr 24) DAY & AFT SCHOOL	212104-04	01
Levels 1-4	5:10-5:55 pm	\$88	Comm Center	Wed, April 12 – May 24 DAY & AFT SCHOOL	212104-05	04
Levels 1-4	5:10-5:55 pm	\$76	Comm Center	Tue & Thur, April 11 – 27 AFT SCHOOL	212104-06	07
Levels 1-4	5:10-5:55 pm	\$76	Comm Center	Tue & Thur, May 9 – 25 AFT SCHOOL	212104-07	08
Levels 2-3	10:40-11:25 am	\$76	Comm Center	Sat, April 8 – May 13 DAY	212104-08	06
Levels 3-4	9:00-9:45 am	\$76	Comm Center	Sat, April 8 – May 13 DAY	212104-09	06
Levels 4-6 (6Diving)	7:35-8:20 pm	\$88	MG Mid School	Wed, April 12 – May 24 EVENINGS	212109-01	05
Levels 4-6 (6Fitness)	4:20-5:05 pm	\$76	Comm Center	Mon, April 10 – May 22 (ex Apr 24) DAY & AFT SCHOOL	212110-01	01
Levels 4-6 (6Fitness)	7:35-8:20 pm	\$76	MG Mid School	Mon, April 10 – May 22 (ex Apr 24) EVENINGS	212110-02	02
Levels 4-6 (6Fitness)	4:20-5:05 pm	\$88	Comm Center	Wed, April 12 – May 24 DAY & AFT SCHOOL	212110-03	04
Levels 4-6 (6Fitness)	4:20-5:05 pm	\$76	Comm Center	Tue & Thur, April 11 – 27 AFT SCHOOL	212110-04	07
Levels 4-6 (6Fitness)	4:20-5:05 pm	\$76	Comm Center	Tue & Thur, May 9 – 25 AFT SCHOOL	212110-05	08
Levels 5-6 (6Fitness)	9:50-10:35 am	\$76	Comm Center	Sat, April 8 – May 13 DAY	212110-06	06
Adult & Teen	7:35-8:20 pm	\$76	MG Mid School	Mon, April 10 – May 22 (ex Apr 24) EVENINGS	212111-01	02



SESSIONS

- 01. Maple Grove Community Center Mondays, April 10-May 22 (ex Apr 24), DAY & AFTER SCHOOL 6 lessons
- 02. Maple Grove Middle School Mondays, April 10-May 22 (ex Apr 24), EVENINGS 6 lessons
- 03. Maple Grove Community Center Tuesdays, April 11-May 23, DAY 7 lessons
- 04. Maple Grove Community Center Wednesdays, April 12-May 24, DAY & AFTER SCHOOL 7 lessons
- 05. Maple Grove Middle School Wednesdays, April 12-May 24, EVENINGS 7 lessons
- 06. Maple Grove Community Center Saturdays, April 8-May 13, DAY 6 lessons
- 07. Maple Grove Community Center Tues & Thurs, April 11-27, AFTER SCHOOL 6 lessons
- 08. Maple Grove Community Center Tues & Thurs, May 9-25, AFTER SCHOOL 6 lessons

Private Lessons - 30 Minute Classes

Class size is 1 teacher to 1 swimmer for age 18 months and older with any swimming ability. List swim level when prompted. **See page 69 for Level selection.**

Skill Level	Time	Cost	Location	Date	Code	Sess
Private levels 1-2	9:15-9:45 am 6:00-6:30 pm	\$107	Comm Center	Mon, April 10 – May 22 (ex Apr 24) DAY & AFT SCHOOL	212202-01 212202-02	01
Private levels 1-2	9:15-9:45 am	\$124	Comm Center	Tue, April 11 – May 23 DAY	212202-03	03
Private levels 1-2	9:15-9:45 am 6:00-6:30 pm	\$124	Comm Center	Wed, April 12 – May 24 DAY & AFT SCHOOL	212202-04 212202-05	04
Private levels 1-2	8:00-8:30 am 8:35-9:05 am	\$107	Comm Center	Sat, April 8 – May 13 DAY	212202-06 212202-07	06
Private levels 1-2	6:00-6:30 pm	\$107	Comm Center	Tue & Thur, April 11 – 27 AFT SCHOOL	212202-08	07
Private levels 1-2	6:00-6:30 pm	\$107	Comm Center	Tue & Thur, May 9 – 25 AFT SCHOOL	212202-09	08

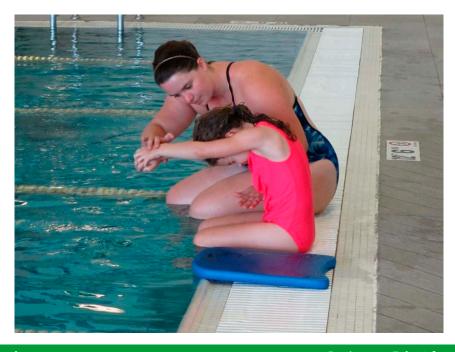
More Private Lessons next page →



Private Lessons - 30 Minute Classes

Class size is 1 teacher to 1 swimmer for age 18 months and older with any swimming ability. List swim level when prompted. **See page 69 for Level selection.**

Skill Level	Time	Cost	Location	Date	Code	Sess
Private all levels	11:00-11:30 am 11:35-12:05 pm 12:10-12:40 pm 3:40-4:10 pm 4:15-4:45 pm 4:50-5:20 pm	\$107	Comm Center	Mon, April 10 – May 22 (ex Apr 24) DAY & AFT SCHOOL	212201-01 212201-02 212201-03 212201-04 212201-05 212201-06	01
Private all levels	7:55-8:25 pm 8:30-9:00 pm	\$107	MG Mid School	Mon, April 10 – May 22 (ex Apr 24) EVENINGS	212201-07 212201-08	02
Private all levels	11:00-11:30 am 11:35-12:05 pm 12:10-12:40 pm	\$124	Comm Center	Tue, April 11 – May 23 DAY	212201-09 212201-10 212201-11	03
Private all levels	11:00-11:30 am 11:35-12:05 pm 12:10-12:40 pm 3:40-4:10 pm 4:15-4:45 pm 4:50-5:20 pm	\$124	Comm Center	Wed, April 12 – May 24 DAY & AFT SCHOOL	212201-12 212201-13 212201-14 212201-15 212201-16 212201-17	04
Private all levels	7:55-8:25 pm 8:30-9:00 pm	\$124	MG Mid School	Wed, April 12 – May 24 EVENINGS	212201-18 212201-19	05
Private all levels	9:10–9:40 am 9:45–10:15 am 10:55-11:25 am 11:30-noon	\$107	Comm Center	Sat, April 8 – May 13 DAY	212201-20 212201-21 212201-22 212201-23	06
Private all levels	3:40-4:10 pm 4:15-4:45 pm 4:50-5:20 pm	\$107	Comm Center	Tue & Thur, April 11 – 27 AFT SCHOOL	212201-24 212201-25 212201-26	07
Private all levels	3:40-4:10 pm 4:15-4:45 pm 4:50-5:20 pm	\$107	Comm Center	Tue & Thur, May 9 – 25 AFT SCHOOL	212201-27 212201-28 212201-29	08



Learn to Swim & Water Aerobics Click here for registration link

Semi-Private Lessons - 30 Minute Classes

These lessons are for **2 swimmers ages 3 years and older of similar skill level taught by 1 teacher.** Sign up for only **ONE** spot and list the name of the second swimmer when prompted. List swim levels when prompted. **See page 69 for Level selection.**

Skill Level	Time	Cost	Location	Date	Code	Sess
Semi-Private levels 1-2	9:15-9:45 am	\$179	Comm Center	Mon, April 10 – May 22 (ex Apr 24) DAY & AFT SCHOOL	212304-01	01
Semi-Private levels 1-2	9:15-9:45 am	\$208	Comm Center	Tue, April 11 – May 23 DAY	212304-02	03
Semi-Private levels 1-2	9:15-9:45 am	\$208	Comm Center	Wed, April 12 – May 24 DAY & AFT SCHOOL	212304-03	04
Semi-Private levels 1-2	8:00-8:30 am 8:35-9:05 am	\$179	Comm Center	Sat, April 8 – May 13 DAY	212304-04 212304-05	06
Semi-Private all levels	11:35-12:05 pm 3:40-4:10 pm 5:25-5:55 pm	\$179	Comm Center	Mon, April 10 – May 22 (ex Apr 24) DAY & AFT SCHOOL	212303-01 212303-02 212303-03	01
Semi-Private all levels	7:20-7:50 pm 7:55-8:25 pm	\$179	MG Mid School	Mon, April 10 – May 22 (ex Apr 24) EVENINGS	212303-04 212303-05	02
Semi-Private all levels	11:35-12:05 pm	\$208	Comm Center	Tue, April 11 – May 23 DAY	212303-06	03
Semi-Private all levels	11:35-12:05 pm 3:40-4:10 pm 5:25-5:55 pm	\$208	Comm Center	Wed, April 12 – May 24 DAY & AFT SCHOOL	212303-07 212303-08 212303-09	04
Semi-Private all levels	7:20-7:50 pm 7:55-8:25 pm	\$208	MG Mid School	Wed, April 12 – May 24 EVENINGS	212303-10 212303-11	05
Semi-Private all levels	11:30-noon	\$179	Comm Center	Sat, April 8 – May 13 DAY	212303-12	06
Semi-Private all levels	3:40-4:10 pm 5:25-5:55 pm	\$179	Comm Center	Tue & Thur, April 11 – 27 AFT SCHOOL	212303-13 212303-14	07
Semi-Private all levels	3:40-4:10 pm 5:25-5:55 pm	\$179	Comm Center	Tue & Thur, May 9 – 25 AFT SCHOOL	212303-15 212303-16	08



WATER AEROBICS

Let's stay in shape! Tone your muscles, improve your cardio-vascular system, have fun, stay fit and do it with the help and buoyancy of water to support your joints. A great form of exercise for all of you water lovers.

Maple Grove Community Center Pool

Mondays, April 3 - May 22

7:15 – 8:00 p.m. \$69 (8 ses) 212401-01

Wednesdays, April 5 - May 24

7:15 – 8:00 p.m. \$69 (8 ses) 212401-02

GROUP POOL RENTAL

The Maple Grove and Osseo Middle School School pools are avaiable on a limited basis for group gatherings. Use of the pool and lockerrooms, including supervision and lifeguards is \$90.00 per hour on weekdays and \$135.00 per hour on weekends. For additional information and scheduling, contact Adrienne Vassar, 763-494-6493 or avassar@maplegrovemn.gov a minimum of two weeks in advance of your requested date.

Learn to Swim - Specialty Classes

BASIC LIFEGUARD TRAINING

New 2017 Lifequard Training

The purpose of the American Red Cross Lifeguarding course is to provide entry-level lifeguard participants with the knowledge and skills to prevent, recognize and respond to aquatic emergencies and to provide care for breathing and cardiac emergencies, injuries and sudden illnesses until emergency medical services (EMS) personnel take over.

Prerequisites

- Must be 15 years old on or before the final scheduled session of this course.
- Swim 300 yards continuously demonstrating breath control and rhythmic breathing. Candidates may swim using the front crawl, breaststroke or a combination of both, but swimming on the back or side is not allowed.
 Swim goggles may be used.
- Tread water for 2 minutes using only the legs.
 Candidates should place their hands under the armpits.
- 4. Complete a timed event within 1 minute, 40 seconds.
 - Starting in the water, swim 20 yards. The face may be in or out of the water. Swim goggles are not allowed.
 - Surface dive, feet-first or head-first, to a depth of 7 to 10 feet to retrieve a 10 pound object.
 - Return to the surface and swim 20 yards on the back to return to the starting point with both hands holding the object and keeping the face at or near the surface so you are able to get a breath. Candidates should not swim the distance under water. Exit the water without using a ladder or steps.

The skills evaluation will occur on the first day. Bring a swimsuit and towel for the skills evaluation and for every class. Also bring proof of age - birth certificate, passport, driver's permit or license.

Certification Requirements

- ♦ Attend and participate in all seven class sessions.
- Demonstrate competency in all required skills and activities.
- Demonstrate competency in all required final rescue skill scenarios.
- Pass both the Section 1 CPR/AED for the Professional Rescuer and First Aid and Section 2 – Lifeguarding Skills final written exams with minimum grades of 80 percent.

Certificate Issued and Validity Period

American Red Cross Certificate for Lifeguarding/First Aid/CPR/AED: 2 years. Contact Adrienne Vassar, 763-494-6493 with questions. Minimum requirement of 6 participants for the class. Maple Grove Community Center Pool

Thursday-Sunday, April 20-23 and Friday-Sunday, April 28-30

- ~Thursday, 6:30 9:00 p.m.
- ~Fridays & Saturdays, 4:30 10:00 p.m.
- ~Sundays, 3:30 9:00 p.m.

\$250 212402-01

Note: If your child has any type of disability such as learning, hearing, is a diabetic, has asthma, etc., please indicate this on your mail-in form. This information will enable us to provide a more positive learning experience for your child. Contact Michelle DeBace at 763-494-6516 to make her aware of any special needs.

BASIC LIFEGUARD REVIEW CLASS

Here is your opportunity to renew your lifeguarding! This course is designed to recertify those who have current certification for Basic Lifeguard. You are required to complete the pre-course test listed under the lifeguard training full class to continue the class.

There will be a lecture, video and practice time to prepare for the final written tests and scenarios. You need proof that you are currently certified with your Lifeguard/First Aid/CPR/AED at the time of this class. If you are a Waterfront Lifeguard with the American Red Cross you may renew the basic component of your certification with this review. To complete this class you must attend all sessions, pass the skills and pass the written tests by 80%. When this course is completed you will receive a 2 year certification for Basic Lifeguard/First Aid/CPR/AED. Bring your swim wear, towel, goggles, lifeguard book and snacks or money for concessions.

There is a minimum requirement of 6 participants to run the program. Questions can be directed to Adrienne Vassar at 763-494-6493.

Maple Grove Community Center Pool

Thursday - Saturday, May 18-20

4:00 – 10:00 p.m. \$160 (3 ses) 212403-01

WATERFRONT MODULE

The purpose of the Waterfront Skills module is to teach lifeguards the skills and knowledge needed to prevent and respond to emergencies in nonsurf, open-water areas found at public parks, resorts, summer camps and campgrounds. This module certifies you or renews your Waterfront Skills. Waterfront Module may be added to your current American Red Cross Basic Lifeguard or Water Park certification. You will need proof that you are currently certified with the American Red Cross with Basic, Water Park or Waterfront Lifeguard.

Maple Grove Community Center Pool

Sunday, May 21

3:00 – 10:00 p.m. \$60 212404-01

NHCP SWIM CLUB

The NHCP Swim Club provides an opportunity for boys and girls, ages 6-18, to acquire the skills for competitive swimming through professional coaching, teamwork and self-discipline. The club is sanctioned by United States Swimming and promotes good sportsmanship, fitness, fun and friendship. Competitive swim meets are held throughout the state of Minnesota, with most in the metropolitan area.

This is a year-round program with fall, winter, spring and summer sessions. Each session has a different schedule. Splash Opportunities (tryouts) are held throughout the year as well as individual assessments for team readiness and placement. For more information or to contact the head coach visit www.teamunify.com/mnnhcp.

Registration Dates

<u>General program</u> registration including <u>Youth summer sports</u> home zone registration (page 24) starts on <u>Wednesday</u>, <u>February 22 at 9:00 am</u>.

<u>Seniors/55 Forward</u> program registration starts on <u>Tuesday</u>, <u>February 21 at 9:00 am</u>. <u>Swim and evening Water Aerobics</u> registration begins <u>Thursday</u>, <u>February 23 at 9:00 am</u>.

The fastest and easiest way to register is online at <u>webtrac.maplegrovemn.gov</u>. All Parks & Recreation programs are available to register electronically **EXCEPT** music, Playhouse Preschool and Defensive Driving. Set up your new account BEFORE registration to save time!

Four Easy Ways To Register!



DON'T STAND IN LINE!

ONLINE WITH WebTrac

Log on to

webtrac.maplegrovemn.gov

Click on Create an Account.

Create a login (your email address).

Or complete the registration form on page 75 and mail, drop off or fax your registration form and payment in. Be sure to write down the activity number, activity name and fee for each program you're registering for. Missing information can delay your registration. Payment must accompany registration. We accept VISA, MasterCard, Discover, cash and checks. Make checks payable to Maple Grove Parks and Recreation.

Sorry, we cannot accept registrations over the phone.

We do not send enrollment confirmations. You will be contacted only if the program is canceled or the date, time or location has changed.



MAIL (processed at random)

Fill out form on page 75.

Mail to: Maple Grove Parks & Recreation
12951 Weaver Lake Rd, Maple Grove,
MN 55369-9409. Make checks payable
to Maple Grove Parks/Rec. Visa,
Mastercard and Discover accepted.



FAX (processed at random)

Fill out form on page 75.
Fax to secure printer 763-494-6456
Visa, Mastercard and Discover accepted.

WALK-IN REGISTRATION

WALK-IN REGISTRATION

Registrations can be handled
Monday through Friday,
7:00 a.m. - 6:00 p.m. at the
Maple Grove Community
Center, 12951 Weaver
Lake Rd, Maple Grove.
To avoid standing

in line, register on-line!

Agreement and Consent

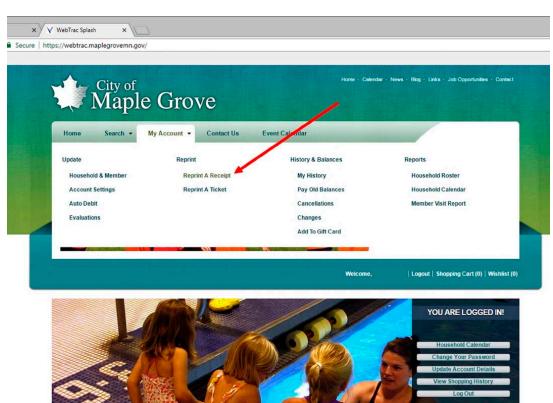
I shall indemnify, defend, and hold the City of Maple Grove and the Parks and Recreation Board harmless from any liability against all claims, losses, damages, person's injury or worse during participation in registered programs. In accordance with the Minnesota Government Data Practices Act, the Park Board hereby informs you that the personal information we are requesting of you and/or your child or guardian is considered private. This private data is available to you, city staff, coaches and instructors who need this information to perform their duties, but not to the public. While you may choose to withhold this data, the consequences could be that you may not receive updated program information such as schedule changes. I further give consent to have any photos or videos taken during the program to be used for promotional materials. Either/both of these consents may be cancelled in writing at any time. The completion of this form signifies your acceptance with the hold harmless agreement and two consents.

WebTrac Tips and Tricks

Once you're logged in, click on the "My Account" tab. You can:

- · Reprint a receipt.
- See your history.
- See your household calendar.
- And more!!

TRY IT OUT!



MAIL-IN AND FAX (763-494-6456) REGISTRATION FORM (processed at random)

NAME		GENDER	AGE	BIRTHDATE	
				ZIP	
PHONE: HOME	BEST DAY NUMBER		CELLPHC	DNE	
E-MAIL					
	ACTIVITY TITLE		SKILL	LEVEL (if applicable)	
LOCATION	DATE	TIME		AMOUNT	

CONSENT TO RELEASE INFORMATION & RELEASE OF LIABILITY

I shall indemnify, defend, and hold the City of Maple Grove and the Parks and Recreation Board harmless from any liability against all claims, losses, damages, person's injury or worse durin participation in registered programs. In accordance with the Minnesota Government Data Practices Act, the Park Board hereby informs you that the personal information we are requesting of yo and/or your child or guardian on this form is considered private. This private data is available to you, city staff, coaches and instructors who need this information to perform their duties, but not t the public. While you may choose to withhold this data, the consequences could be that you may not receive updated program information such as schedule changes. I further give consent to hav any photos or videos taken during the program to be used for promotional materials. Either/both of these consents may be cancelled in writing at any time. The completion of this form signifies you acceptance with the hold harmless agreement and two consents.

acceptance with the hold harmless a	agreement and two consents.			
	_	Parent's Signature (if minor)	or Participant's Signature	
CHECK NO Credit Card Authorized Signature_				
VISA/Discover/MasterCard #		Expiration	Security Code on back	
		•		

***** ECRWSS ** POSTAL CUSTOMER

See Summer Athletics for youth in grades 1 through 9, starting on page 24.



for children ages 4, 5 & 6
(T-Ball, Kickin' Kids and Lil'
Sports) will be offered in the
Summer Brochure
that is mailed to

that is mailed to your home in mid-April.